

Kā Kaupapa o Waikirikiri What's On in Selwyn

Kōaka | Spring 2024
September – November



Culturefest

See pages 18–22
for details.

swell

Seniors' Lifestyle Expo

See pages 27–31
for details.

Group Fitness

Recreation

Pools

Libraries

Events



Group Fitness Classes

LES MILLS **BODYBALANCE** 45 MINS

A yoga-based class to music that incorporates elements of tai chi and pilates. Move and stretch through different yoga poses strengthening the whole body, while focusing on breathing to feel calm and centred.

LES MILLS **BODYPUMP** 60 MINS **LES MILLS EXPRESS** **BODYPUMP** 30 MINS

A barbell workout for anyone looking to get lean, toned and fit. Using light to moderate weights with lots of repetition, for a total body workout.

LES MILLS **BODY STEP** 45 MINS

Rhythmic stepping to upbeat music with squats, lunges and fun sequences to lift the heart rate and strengthen and tone the lower body. It can be low intensity or high intensity — we have lots of options so everyone leaves feeling successful! This class is child-friendly, we will have an area in the room for your preschooler with toys and supervision.

BOXFIT 45 MINS

This high-intensity workout will take your fitness to the next level! Skipping, agility and core work alongside different boxing drills. Variety that will make you stronger physically and mentally.

LES MILLS **CORE** 30 MINS

An intense workout designed to build strength, stability and endurance in the muscles that support your core including the abdominals, glutes and the back.

LES MILLS **GRIT** | **CARDIO** 30 MINS

A high-intensity interval training (HIIT) workout that improves cardiovascular fitness, increases speed and maximises calorie burn. A variety of bodyweight exercises.

LES MILLS **GRIT** | **STRENGTH** 30 MINS

A high-intensity interval training (HIIT) workout, designed to improve strength, cardiovascular fitness and build lean muscle. Barbell, weight plate and bodyweight exercises.

HIIT 45 MINS

Circuit-style interval training with different challenges every week including weights, boxing, and bodyweight exercises.

MATURE & MOTIVATED 45 MINS

Great for heart health, strength and balance. Aimed at 60 years and over, or anyone getting back into fitness; it is low impact, lots of fun with a great social vibe. Accredited by ACC.

MOVE IT TO MUSIC 60 MINS

Music, fun equipment and a sense of humour is all you need in this class to get moving! Suitable for those with arthritis or less active. Accredited by ACC. Tea and coffee provided.

PILATES 60 MINS

This class improves core and postural strength, working through a series of different exercises. It will help improve general fitness and overall wellbeing, restoring balance and flexibility. Pre-registration is required for this enrolled class.

PUMP/CARDIO COMBO 45 MINS

A barbell, cardio combo workout for anyone looking to get lean, tones and fit. Using light to moderate weights with lots of repetition, for a total body workout.

PUMP/CORE COMBO 45 MINS

This 45-minute workout incorporates two amazing programmes in one class. 30 minutes of *Pump* with barbell and weights for strength training, followed by 15 minutes of *Core* to work stabilising muscles and balance.

COMBO **STEP PUMP** 50 MINS

Step to increase your heart rate for 30 minutes followed by strength work with barbells and weights. Suitable for all abilities.

LES MILLS **sprint** 30 MINS

A short, intense style of training pushing physical and mental limits on the spin bike. It is a high-intensity, low-impact workout that combines bursts of intensity and rest periods.

STRENGTH DEVELOPMENT 45 MINS

A progressive strength training where each workout focuses on a specific training protocol for building strength over 12x 45-minute workouts.

LES MILLS **RPM** 45 MINS

Indoor cycling workout with an instructor who leads the pack through hills, flats, mountain peaks, time trials, and interval training. You control the resistance and speed to build your fitness level.

YOUTH BOXFIT 45 MINS

Improve your fitness, health and wellbeing while learning some basic boxing fundamentals and exercises in this fun energetic class designed for youths aged 12–18 years. Book via ENROLMY.

YOGA HATHA 60 MINS

A slow, mindful and reflective class embracing all paths. It is suitable for different abilities, exploring your own personal strength and flexibility followed with deep relaxation at the end.

YOGA GENTLE FLOW 60 MINS

Gain greater flexibility and self-awareness in this flow yoga class that includes movement on the breath through some elements of the sequence. From time to time the class will include some standing and balance poses, before concluding with a yin sequence.

YOGA VINYASA FLOW 60 MINS

Increase strength and mobility with this full body yoga sequence. Move on the breath for part of sequence, creating the opportunity to develop meditation in movement. Includes twisting and standing poses and a slow yin sequence to open and close the class.

YOGA YIN YANG 60 MINS

A combination of yin and yang designed to take the yogi into a sense of stillness and contentment, with an opportunity to gain greater opening in the body and increased awareness of the self. From time to time the teacher will include gentle and slow movement through some of the fundamental yoga poses adapted to fit the students.

ZUMBA 45 MINS

A calorie-burning dance party combining a range of easy-to-follow Latin and international dance styles to catchy energising music.



Selwyn Sports Centre

BOOKINGS RECOMMENDED  SELWYNSPORTSCENTRE (03) 347 2888

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	LES MILLS RPM	LES MILLS RPM	LES MILLS GRIT STRENGTH	LES MILLS RPM	HIIT		
6am	LES MILLS GRIT STRENGTH	LES MILLS BODYPUMP 		BOXFIT			
8.15am						LES MILLS EXPRESS BODYPUMP 	
9am	LES MILLS RPM		LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	
9am				LES MILLS BODYPUMP 			LES MILLS sprint
9.15am	YOGA HATHA	LES MILLS EXPRESS BODYPUMP 	LES MILLS BODY STEP		LES MILLS EXPRESS BODYPUMP 		
10am		LES MILLS CORE		YOGA HATHA	LES MILLS CORE	LES MILLS BODYPUMP 	LES MILLS RPM
10am							LES MILLS BODYBALANCE
11am		MATURE & MOTIVATED			MATURE & MOTIVATED	LES MILLS CORE	
12pm	LES MILLS EXPRESS BODYPUMP 		LES MILLS EXPRESS BODYPUMP 				
1.15pm			MOVE IT TO MUSIC				
5.15pm	LES MILLS EXPRESS BODYPUMP 						
5.30pm				LES MILLS GRIT CARDIO			
6pm	LES MILLS sprint	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM			
6pm	LES MILLS BODYPUMP 	COMBO STEP PUMP 	YOGA YIN YANG				
6.15pm				STRENGTH DEVELOPMENT			
7pm		LES MILLS BODYBALANCE					
7.15pm			LES MILLS BODYPUMP 	LES MILLS BODYPUMP 			
7.30pm	YOGA GENTLE FLOW						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LES MILLS RPM		LES MILLS RPM		
8.15am						LES MILLS RPM	
9am							LES MILLS EXPRESS BODYPUMP 
9.15am		HIIT		LES MILLS RPM		LES MILLS BODYBALANCE	
10am	MATURE & MOTIVATED		MATURE & MOTIVATED				LES MILLS CORE
10.30am		PILATES ^T					
11.30am				MATURE & MOTIVATED			
5.30pm	LES MILLS BODYPUMP 		LES MILLS BODYPUMP 				
6pm	YOGA GENTLE FLOW	LES MILLS RPM 		COMBO STEP PUMP			
6.30pm		LES MILLS BODYPUMP	LES MILLS CORE				
6.45pm	ZUMBA						
7pm				PILATES ^T			
7.30pm			YOGA YIN YANG				
8pm				PILATES ^T			

^T Term-time only.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am	HIIT					
8am						HIIT
9.15am	PUMP/CORE		COMBO PUMP/CARDIO		LES MILLS EXPRESS BODYPUMP	
10.15am	MATURE & MOTIVATED					
11am			MATURE & MOTIVATED			
1pm				MATURE & MOTIVATED		
5.15pm	LES MILLS BODYPUMP					
5.30pm			LES MILLS BODYPUMP			
6pm		HIIT				
6.45pm				YOGA VINYASA FLOW		
7pm		LES MILLS CORE				

	Monday	Wednesday
9.30am	MATURE & MOTIVATED	MATURE & MOTIVATED

Please note, classes on 2 September, 7 October and 4 November will take place at the Sheffield Community Hall.

	Thursday
7.15pm	ZUMBA

Please book via the Selwyn Sports Centre.

	Monday
9.30am	MATURE & MOTIVATED

Please note, classes only held on 2 September, 7 October and 4 November.

Virtual Classes

BOOKINGS RECOMMENDED  SELWYNSPORTSCENTRE (03) 347 2888

Classes are held in a group fitness room at the Selwyn Sports Centre with an instructor on a large screen.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LES MILLS RPM	LES MILLS BODYPUMP	LES MILLS sprint		
7am	LES MILLS BODYPUMP				LES MILLS BODYPUMP		
8am	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM		
8.15am						LES MILLS sprint	
9am		LES MILLS RPM					
10am			LES MILLS BODYPUMP				
10am	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	
12pm		LES MILLS GRIT STRENGTH		LES MILLS GRIT STRENGTH		LES MILLS BODYBALANCE	LES MILLS BODYPUMP
12pm		LES MILLS sprint	LES MILLS RPM	LES MILLS sprint	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM
2.30pm							LES MILLS BODYPUMP
4pm							LES MILLS RPM
6pm					LES MILLS RPM		
7pm		LES MILLS sprint					



Selwyn Aquatic Centre

SELWYNAQUATICCENTRE
PH 03 347 2734

A variety of group fitness options are on offer in the 25-metre pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays; but not on public holidays. Bookings are required for some classes. One-off group bookings available.



A low impact class designed to increase balance, flexibility, functional strength and co-ordination. This class suits rehab and recovery, injury and fall prevention and helps improve restricted range of movement.

Water 35–36 degrees.

30 minutes



A full body water workout to gain endurance, strength and coordination through mixed martial arts inspired movements to motivating music.

30 minutes



A gentle exercise class with stretches and resistance based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening.

Water 35–36 degrees.

45 minutes



An in water fun, energetic, danced based full body workout for all fitness levels.

45 minutes



A fun, high energy class with a mix of cardio and strength based movements. This class is designed to increase both fitness levels and strength. Water 32 degrees.

45 minutes



A class specifically designed for expectant mothers to get a low-medium level intensity work out. Perfect for any stage of pregnancy or fitness level.

45 minutes



A medium to high intensity deep water non-impact workout for all fitness levels. Exercises are performed while using an aqua belt and are designed to improve strength and cardiovascular fitness.

45 minutes



The perfect opportunity for parents and caregivers to get a great workout, while keeping baby engaged and entertained. Baby will enjoy a fun water experience, while parents and caregiver can improve their fitness level and strength. Suitable for babies from 6 months up to 3 years.

45 minutes



Selwyn Aquatic Centre

 SELWYNAQUATICCENTRE
PH 03 347 2734

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
8.30am						
9.30am	 					
10.30am					 	
11.30am						
12.15pm						
1pm						
6pm						
6.15pm						
6.45pm						
7pm						
7.15pm						
7.30pm					Timetable subject to change.	

Recreation

SELWYN.GOV.T.NZ/RECREATION

Baby Gym 45 MINS

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our baby-friendly environment. Please bring a blanket. Drop-in.

Floorball 60 MINS

Fast-paced, indoor floor hockey. Great for fitness and agility skills, as well as being easy to learn. Drop-in.

Get Your Skates On 60 MINS

An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under. Drop-in.

Inflatables

Pool inflatables for all ages! A great way to spend a Sunday afternoon. Parental assistance required for young children who are not confident swimmers. Regular pool admission applies. Drop-in.

Little Dancing Feet 30 MINS

A fun, dance-style class for preschoolers using a variety of fun equipment to music. Great for fundamental movement, skills and coordination. Drop-in.

Mini Gym 45 MINS

Learning through music and movement, this class focuses on motor coordination, cognitive development and confidence. Free play as well as structured time and songs with the tutor. Parent supervision required. Aimed at 1–5 years. Drop-in.

Playtimes 45 MINS

These sessions allow parents to lead their child's exploration of climbing, balancing, jumping, and rolling on a staff-designed soft play circuit. Active parental supervision required. Drop-in. 120mins.

Paddle Boats for Kids

Row row row your boat around and around with these hand pedal paddle boats. Easy to operate and great fun for the kids to take turns on. 8 years and under (due to weight restrictions). Regular pool admission applies. Drop-in.

Sensory Time

Sensory time is a chance for your wee one to explore the water at their own pace. With bubbles, activities, balls and more added every week!! A swim school teacher will assist you develop your child's water skills. 4 months–4 years. Regular pool admission applies. Drop-in.

Social Pickleball 120 MINS

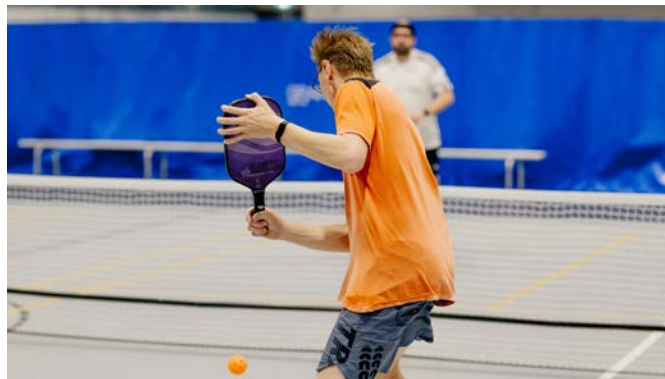
Enjoy this exciting paddle sport that combines elements of badminton, tennis and table tennis — you're sure to have a good time. All ages welcome. Drop-in.

The Selwyn Striders 60 MINS

Enjoy a walk around our 240-metre indoor track with optional exercise stations set up at each corner. A great opportunity to meet new people or have a catch up with friends with a complimentary tea/coffee and biscuit when you're finished. Suitable for all ages. Buggy-friendly. Drop-in.



Children's University. See page 14 for details.



Recreation

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am		SENSORY TIME				PLAYTIMES	
9.30am	MINI GYM (1–2YRS)		MINI GYM (1–2YRS)		MINI GYM (1–2YRS)		
10am	THE SELWYN STRIDERS			MINI GYM (3MNTH–2YRS)			SOCIAL PICKLEBALL
10.15am	BABY GYM		BABY GYM		MINI GYM (3–5YRS)		
10.30am				LITTLE DANCING FEET			
10.45am				MINI GYM (3–5YRS)			
11am	MINI GYM (3–5YRS)	LITTLE DANCING FEET	MINI GYM (3–5YRS)				
12pm							
2pm						PADDLE BOATS FOR KIDS	INFLATABLES
3.30pm	GET YOUR SKATES ON	GET YOUR SKATES ON		GET YOUR SKATES ON			
5pm			FLOORBALL (6–10YRS)		PICKLEBALL (BEGINNERS)		
6pm			FLOORBALL (10–15YRS)		PICKLEBALL		
7pm	SOCIAL PICKLEBALL		FLOORBALL ADULTS AND TEENS (13+YRS)				
8pm							
9pm							

 Selwyn Sports Centre  Lincoln Event Centre  West Melton Community and Recreation Centre  Selwyn Aquatic Centre

All recreation classes are held during term-time only (except Pickleball, The Selwyn Striders, Paddle Boats and Inflatables).
Term 3 classes run until Friday 27 September. Term 4 classes resume on Monday 14 October.

Group Fitness and Recreation Pricing

The following pricing is for the Selwyn Aquatic Centre, Selwyn Sports Centre, Lincoln Event Centre, and West Melton Community and Recreation Centre.

Memberships

All Access

Pool and Group Fitness classes

\$19.96

PER WEEK

Community card holders* \$16.60 per week.
Membership valid across all facilities.

Premium Group Fitness

All Group Fitness classes including Spin and Aqua

\$14.45

PER WEEK

Community card holders* \$11.56 per week.
Membership valid across all facilities.

Premium Swim & Aqua Group Fitness

Swimming and Aqua Group Fitness classes

\$14.45

PER WEEK

Community card holders* \$11.56 per week.

Basic

Group Fitness classes including Yoga and Pilates
(Excludes Spin and Aqua)

\$11.80

PER WEEK

Membership valid across all facilities.

Basic Pool

Unlimited swimming!

\$13.36

PER WEEK

Community card holders* \$10.38 per week.

Casual Prices

Adult Group Fitness	\$10.60
Community Card Holders*	\$7
Preschool	\$5.20
Get Your Skates On	\$7.40
Casual Skating	\$3
Casual Hoops (Basketball, Netball)	\$3
Track (Selwyn Striders)	\$3
	Gold Card \$2

*Community card holders includes SuperGold, Community Services and Hāpai Access. Terms and conditions apply.

For concession cards, pool memberships and other pricing visit selwyn.govt.nz/prices



In Selwyn, Council is supporting a central government initiative called Heartlands, by helping our residents access central government services.

We do this by providing information about these services and helping you access them. We work with central government agencies to host drop-in sessions and workshops so you can learn about what they offer, and we arrange for them to use Council meeting rooms to connect with clients.

This initiative is delivered across our libraries and service centres at Darfield, Lincoln, and Leeston and at Te Ara Ātea in Rolleston. The team at each site looks forward to connecting you to the right service for you.

Look for the  Heartland Services logo throughout the brochure to explore what's on around Selwyn.



Libraries Programmes

 SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

These programmes are held at Darfield, Leeston and Lincoln Libraries and Service Centres and Te Ara Ātea; Rolleston. All are free, casual sessions, with no bookings required unless stated otherwise.

Adults Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.

Children's Book Club

Share your latest reading adventures, check out the newest book arrivals, and participate in an activity. It's a great way to make new friends and build connections.

Coding Club

Come join our weekly Coding Club at Te Ara Ātea! You'll make new coding buddies and work on your own cool projects after school. Feel free to bring your own device or use our mix of Chromebooks and iPads. It's perfect for ages 9–13. Bookings are required.

Device Drop-In: Tech Help

Our weekly device drop-in sessions are informal support groups to help you familiarise yourself with your digital device. Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

Digi Hour

Dive into a world where you can play with cool gadgets like our Tech Kits, LEGO® Advanced, Dash Bots, PlayStation, tablets, Chromebooks and more. It's a fun-filled hour where you can create, play, and learn with all the digital treasures the library has to offer.

English Learners

Join us at Te Ara Ātea and Lincoln Library to improve your everyday English language skills and confidence in a casual and social setting. Sessions are focused on the needs of learners — so no two classes are the same.

Genealogy Group

Whether you're new to searching family history or you're an experienced researcher looking for like-minded people, come along to our monthly drop-in Genealogy Group sessions facilitated by the Selwyn Central Historical and Genealogical Group. Learn about a new topic each month or just enjoy the company.

LEGO® Advanced

Calling all LEGO® masters! These sessions are perfect for those who love a challenge and will make regular use of our LEGO® Education Spike Prime and BricQ Motion sets. Suitable for ages 9 years and over. Bookings required.

LEGO® Time

Come along to your local library as we bring out our LEGO® collection for you to explore and let your creativity flow. Children under 8 years must be accompanied by an adult.

Rhymetimes

Giggle and wriggle with our stories, songs, rhymes and bubbles. These Rhymetimes sessions are designed to assist with early language development while having a great time! Suitable for 1–3 year olds.

Sensory Babytimes

Share interactive songs, stories, sensory boards and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

We are an official learning destination for Te Mātāpuna Mātātahi/Children's University. Look out for this logo in the guide and visit selwynlibraries.co.nz or canterbury.ac.nz/childrensuniversity for more information.



Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.

Selwyn Women's Empowerment Network

Make new connections and enhance your social circle. Gain inspiration, support, and empowerment from other women within the Selwyn community.

Virtual Reality (VR) Drop-in Sessions

Join a session to test out our VR headsets. Kayak with the penguins in Antarctica, fly to the International Space Station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Suitable for ages 13 and over.

Writers' Groups

Writers from all genres and experience — published and non-published — are invited to share their work in a friendly and non-judgemental environment at Lincoln Library.

Heartland Services



Cancer Society Drop-in

Selwyn Libraries is hosting Cancer Society drop-in sessions as part of our Heartland Services. These free services provide valuable support for those coping with a cancer diagnosis. Join them for face-to-face information and advice.

Cancer Society Support Group

Join the Cancer Society for this fortnightly support group, where you can meet and connect with other cancer patients in these ongoing, supportive, and informative sessions.

Citizens Advice Bureau Drop-in

During these sessions, they offer free, confidential, and independent information and advice on a wide range of topics, including Disputes Tribunal, employment, consumer rights, government agencies, legal services, tenancy, budgeting, and migrant support services.

Inland Revenue Sessions

Need help with PAYE, applying for an IRD number, assistance with Working for Families or even help getting a refund? Maybe you have a confidential tax query? As part of the Heartlands offering to Selwyn residents, Inland Revenue will be hosting monthly sessions across the district.

JP Clinics

Visit our Libraries and take advantage of the free weekly Justice of the Peace drop-in clinics at Te Ara Atea, Lincoln Library and Service Centre, and Darfield Library and Service Centre.

Ministry of Social Development (MSD) Drop-in

This drop-in service offers general information about MSD services and helps guide you toward the right assistance. Whether you're seeking employment services, superannuation details, funding for community providers, information on student allowances, or housing support, they are here to assist.

Rates Rebates

The Rates Rebate scheme provides a rebate of up to \$790 for low income earners who were paying rates for the home in which they were living on 1 July 2024. You can find out if you are eligible and apply for your rebate at any of our Service Centres. You will be asked to provide accurate information about your income, and that of any partner/joint homeowner who lives with you, for the tax year ended 31 March 2024.

Darfield Library and Service Centre

Rāhina Monday	Rātū Tuesday	Rāapa Wednesday	Rāpare Thursday	Rāmere Friday
Board Games 3.30–4.30pm Adults Book Club 7–8.30pm <i>Third Monday of the month</i>	Cancer Society Drop-in 9.30am–12.30pm Rhymetimes 10–10.30am Malvern Writers' Café 10am–12pm <i>Second Tuesday of the month</i>	Inland Revenue Session 10am–2pm <i>Last Wednesday of the month</i> Rates Rebates 10am–12pm JP Clinic 11.30am–12.30pm	Quiet Time 12–2pm Rates Rebates 1–3pm Children's Book Club 3.30–4.30pm <i>First Thursday of the month</i> Virtual Reality 3.30–4.30pm	Storytimes 10–10.30am Device Drop-in: Tech Help 1.30–3.30pm LEGO® Time 3.30–4.30pm LEGO® Advanced 3.30–4.30pm
				Rāhoroi Saturday
				Casual Crafts 1–3pm

Te Ara Ātea

Rāhina Monday	Rātū Tuesday	Rāapa Wednesday	Rāpare Thursday	Rāmere Friday
Cancer Society Support Group 10am–12pm <i>First and third Monday of the month</i> Ministry of Social Development Drop-in 10am–12pm <i>First Monday of the month</i> Inland Revenue Session 10am–2pm <i>Last Monday of the month</i> JP Clinic 12–1.30pm Cancer Society Drop-in 2–5pm	Storytimes 10–10.30am Citizens Advice Bureau Drop-in 10am–1pm <i>First Tuesday of the month</i> Device Drop-in: Tech Help 11am–1pm Children's Book Club 3.30–4.30pm <i>First Tuesday of the month</i>	Selwyn Women's Empowerment Network 9.15–10.30am <i>Last Wednesday of the month</i> Rhymetimes 10–10.30am Genealogy Group 1–2.30pm <i>Last Wednesday of the month</i> LEGO® Time 3.30–4.30pm LEGO® Advanced 3.30–4.30pm	Quiet Time 12–2pm JP Clinic 12–1.30pm English Learners 1.30–2.30pm Virtual Reality 3.30–4.30pm JP Clinic 6–7.30pm	Sensory Babytimes 10–10.30am Adults Book Club 1.30–3pm <i>Second Friday of the month</i> Coding Club 3.30–4.30pm
				Rāhoroi Saturday
				Lego Advanced 10.30–11.30am
				Rātapu Sunday
				Board Games 1.30–3pm

Leeston Library and Service Centre

 SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

Rāhina Monday	Rātū Tuesday	Rāapa Wednesday	Rāpare Thursday	Rāmere Friday
Rates Rebates 2–3pm	Sensory Babytimes 10–10.30am	Adults Book Club 10–11am <i>Third Wednesday of the month</i>	Quiet Time 12–2pm	Storytimes 10–10.30am
LEGO® Time 3.30–4.30pm	Inland Revenue Session 10am–2pm <i>First Tuesday of the month</i>	Cancer Society Drop-in 1–4pm	Virtual Reality 2–4pm	Rates Rebates 11am–12pm
		Digi Hour 3.30–4.30pm	Board Games 3.30–4.30pm	Device Drop-in: Tech Help 2–4pm
				Rāhoroi Saturday
				Adults Book Club 10–11am <i>Third Saturday of the month</i>
				Board Games 10am–12pm

Lincoln Library and Service Centre

Rāhina Monday	Rātū Tuesday	Rāapa Wednesday	Rāpare Thursday	Rāmere Friday	
Inland Revenue Session 10am–2pm <i>First Monday of the month</i>	Rhymetimes 10–10.30am	Rates Rebates 9–11am	Storytimes 10–10.30am	Device Drop-in: Tech Help 10am–12pm	
English Learners 1.30–2.30pm	JP Clinic 10am–12pm	Sensory Babytimes 10–10.30am	Quiet Time 12–2pm		
	Adults Book Club 11am–12.30pm <i>Last Tuesday of the month</i>	LEGO® Time 3–4pm	Virtual Reality 3.30–5.30pm	<th>Rāhoroi Saturday</th>	Rāhoroi Saturday
	Rates Rebates 1–3pm		Adults Evening Book Club 6.30–7.30pm <i>First Thursday of the month</i>	Board Games 11am–1pm	
	Children's Book Club 3.30–4.30pm <i>Third Tuesday of the month</i>		Writers' Group 6.30–7.30pm <i>Second Thursday of the month</i>	<th>Rātapu Sunday</th>	Rātapu Sunday
				Board Games 11am–1pm	

 Term 3 runs until Friday 27 September.
Term 4 resumes on Monday 14 October.
Sessions are weekly unless stated otherwise.

 Adult

 Teen

 School-aged

 Preschoolers

 =  Ngā ratonga ki te manawa o te whenua
Heartland Services

Search for 'Heartland' on selwynlibraries.co.nz/events to find sessions near you.

**FREE
EVENT**

Culturefest

**Sunday 15 September, 10am–3pm
Lincoln Event Centre**

Take your senses on a trip around the world!

**Celebrate over 30 cultures through food, music, dance, art, craft,
sport and games at Selwyn's annual multicultural festival.**

A fun day out for the whole whānau.

selwyn.govt.nz/culturefest



Culturefest Events

Erhu with Jeffrey Zhao

Saturday 14 September, 1.30–2.15pm

Lincoln Library and Service Centre

Saturday 21 September, 1.30–2.15pm

Leeston Library and Service Centre

Sunday 22 September, 1.30–2.15pm

Te Ara Ātea

Saturday 28 September, 1.30–2.15pm

Darfield Library and Service Centre

Join Jeffrey Zhao, a renowned Erhu musician, for an engaging performance and an introduction to this traditional Chinese instrument. Jeffrey Zhao is highly regarded in New Zealand's Chinese traditional music community and actively contributes as a community leader. During the session, he will present the Erhu, a two-stringed instrument played with a bow. Explore the distinctive features of this instrument and delve into the captivating realm of Chinese traditional music, influenced by contemporary styles and interpretations.

selwynlibraries.co.nz/events



FREE

Line Dance Have-a-Go

Wednesdays — 18 or 25 September, 1–3pm

Rolleston Community Centre

Grab a friend, dust off your boots and give line dancing a go! Get some exercise while listening to classic country music tunes and having fun. 18+ years.

Drop-in.

selwyn.govt.nz/events

FREE



Scottish Dance Have-a-Go

Tuesdays — 17 or 24 September, 7.30–9pm

Lincoln Event Centre

Join the Lincoln Scottish Country Dance Club for an evening of fun! Watch the talented group of dancers perform, before learning a few simple steps. All ages welcome.

Drop-in.

selwyn.govt.nz/events

FREE

Culturefest Events

Bhangra Have-a-Go

Thursdays — 19 or 26 September, 6–7.30pm

Rolleston Community Centre

Bhangra is a lively and energetic form of music and dance that originated in the Punjab region of India. Learn Bhangra step by step with award-winning coach Avi Aulakh — creator of the New Zealand Bhangra Academy. Everyone welcome! Drop-in.

selwyn.govt.nz/events

FREE



Our Connectedness: Shared Cultural Tapestry of Asian and Māori Traditions

Thursday 19 September, 6.30–7.30pm

Lincoln Library and Service Centre

In this session, Dr Hafsa Ahmed MNZM will reflect on cultural similarities across Asian and Māori cultures, which she explored through a two-season podcast series on Plains FM in 2023 and 2024. Exploring similarities between seemingly disparate traditions has led her to profound revelations in an ever-evolving world where cultures intersect and intertwine. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE

Henna Art

Friday 20 September, 4–5pm

West Melton Community and Recreation Centre

Tuesday 24 September, 3.30–4.30pm

Lincoln Event Centre

Monday 30 September, 3.30–4.30pm

Rolleston Community Centre

Get creative and learn how to create beautiful henna designs at this fun craft class. Tutor Nishi will give tips and tricks on how to prepare and use a henna cone. You'll get to experience henna art on your hand and receive a free henna cone to take home. Aimed at beginners. 6+ years.

\$10 per person.

Bookings required.

selwyn.govt.nz/events



Culturefest Events

Ethnic Women's Leadership Talk

Saturday 21 September, 2-3pm

Te Ara Ātea

The Ethnic Women's Leadership programme is an initiative of the Lady Khadija Charitable Trust. Alongside offering the country's first ethnic women leadership course, it is also a platform dedicated to spotlighting the remarkable stories, experiences, and achievements of ethnic women across Aotearoa New Zealand. In this session, you will hear from some of these inspiring ethnic women. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE



International Sports Have-a-Go

Sunday 22 September, 1-3pm

Selwyn Sports Centre

Come and experience sport and recreation from places around the world. Try martial arts, childhood games, fencing and other traditional sports. All ages welcome.

Drop-in.

selwyn.govt.nz/events

FREE

Women's Pool Session

Wednesday 25 September, 7-9pm

Selwyn Aquatic Centre

An evening designed to encourage girls and women to feel confident and safe using a pool facility. This private session for women and girls features free swimming lessons, aqua classes and blacked out windows.

Female staff and security will be there to support you in your pool experience and a prayer room is available throughout the night. All ages welcome.

Normal pool entry applies.

Drop-in.

selwyn.govt.nz/events



Culturefest Events

Rongoā Māori — Traditional Māori Healing Practice

FREE

Thursday 26 September, 6-7.30pm

Te Ara Ātea

Mirimiri is one of the methods of healing through te ao Māori which gives maramatanga (enlightenment) through both whitiwhiti kōrero (conversation), touch/massage and vibrations. Join us in this kōrero, as Hutika Crofts shares both her whakapapa (ongoing journey) and matauranga (knowledge) as a Rongoā Practitioner, and how the ACC accredited practice can support both you and your whānau. 16+ years.

Bookings required.

selwynlibraries.co.nz/events



Adult Water Safety

Saturday 28 September, 1.30-3pm

Selwyn Aquatic Centre

As part of our commitment to serving our multicultural community, we invite you to build confidence in the water by learning practical safe swimming techniques. Master how to stay afloat, use a lifejacket and more — skills that can be applied to swimming in rivers, lakes, and open waters.

Parents with children aged 5 to 8 years can enjoy their own lesson, knowing their kids are well looked after in the next lane.

A prayer room is provided for your convenience. 18+ years.

Bookings required.

selwyn.govt.nz/events



Mokorua — A Journey of Moko Kauae

FREE

Thursday 3 October, 6.30-7.45pm

Te Ara Ātea

Mokorua is Ariana Tikao's powerful and personal story of receiving her moko kauae, powerfully expressed in Matt Calman's photographic essay of her moko ceremony. The story is interwoven with the revival of language, tikanga and identity among Kāi Tahu whānau over the last thirty years. The co-creators of this book will discuss the creation of the book as well as their thoughts on moko and its relationship to Māori identity through words, images, and their own personal stories. 13+ years.

Bookings required.

selwynlibraries.co.nz/events



Culturefest

September Event Calendar

STICK ON YOUR
FRIDGE SO YOU
DON'T MISS OUT

					SAT 14	SUN 15
					Erhu with Jeffrey Zhao 1.30–2.15pm	CultureFest 10am–3pm
MON 16	TUE 17	WED 18	THU 19	FRI 20	SAT 21	SUN 22
	Scottish Dance Have-a-Go 7.30–9pm	Line Dance Have-a-Go 1–3pm	Tapestry of Asian and Māori Traditions 6.30–7.30pm	Henna Art 4–5pm	Erhu with Jeffrey Zhao 1.30–2.15pm	International Sports Have-a-Go 1–3pm
			Bhangra Have-a-Go 6–7.30pm		Ethnic Women's Leadership Talk 2–3pm	Erhu with Jeffrey Zhao 1.30–2.15pm
MON 23	TUE 24	WED 25	THU 26	FRI 27	SAT 28	SUN 29
	Henna Art 3.30–4.30pm	Women's Pool Session 7–9pm	Rongoā Māori 6–7.30pm		Erhu with Jeffrey Zhao 1.30–2.15pm	
	Scottish Dance Have-a-Go 7.30–9pm	Line Dance Have-a-Go 1–3pm	Bhangra Have-a-Go 6–7.30pm		Adult Water Safety 1.30–3pm	
MON 30	TUE 1	WED 2	THU 3			
Henna Art 3.30–4.30pm			Mokorua — A Journey of Moko Kauae 6.30–7.45pm			

-  Lincoln Library and Service Centre
-  Te Ara Ātea
-  Lincoln Event Centre
-  Selwyn Sports Centre
-  Rolleston Community Centre
-  Darfield Library and Service Centre
-  Selwyn Aquatic Centre
-  Leeston Library and Service Centre
-  West Melton Community and Recreation Centre

See pages 18–22 for booking details or visit selwyn.govt.nz/culturefest



swell

October Event Calendar

STICK ON YOUR
FRIDGE SO YOU
DON'T MISS OUT

	TUE 8	WED 9	THU 10	FRI 11	SAT 12
	Poetry Reading 10.30–11am		Funding Workshop 6–7pm		
MON 14	TUE 15	WED 16	THU 17	FRI 18	SAT 19
	SWELL Seniors' Lifestyle Expo 9am–2pm	Poetry Reading 10.30–11am		HydroTone 8.30–9.15am	Grandparent and Whānau Storytime 11–11.30am
				Zumba Gold® Seated 9.15–9.45am Dancing 10.30–11.15am	
				Poetry Reading 10.30–11am	
				Pickleball 1–2.30pm	
MON 21	TUE 22	WED 23	THU 24	FRI 25	SAT 26
Selwyn Striders Morning Tea 10–11.30am	Ahuriri Walk 10–11.30am	Line Dancing Have-a-Go 1.30–3pm	Try an E-bike 1–2.30pm	HydroTone 8.30–9.15am	
Exercise Class with Morning Tea 10–11.30am	Captivating Movie Classic 10–11.30am	Funding Workshop 6–7pm		Zumba Gold® Seated 9.15–9.45am Dancing 10.30–11.15am	
Pickleball 1–2.30pm	Self-Defence 3.15–4pm			Pickleball 10–11.30am	
				Self-Defence 3.15–4pm	
MON 28	TUE 29	WED 30			
		Exercise Class with Morning Tea 11am–12.30pm			



- Selwyn Sports Centre
- Te Ara Ātea
- Lincoln Event Centre
- Selwyn Aquatic Centre
- Rolleston Community Centre
- West Melton Community and Recreation Centre
- Darfield Library and Service Centre
- Neills Road, Lincoln
- Lincoln Library and Service Centre
- Darfield Recreation and Community Centre
- Leeston Library and Service Centre

See pages 27–31 for more information and booking details.

swell

Seniors' Lifestyle Expo

Tuesday 15 October 2024, 9am–2pm
Lincoln Event Centre



Connect with over 100 community clubs, organisations and wellbeing providers at Selwyn's premier expo for older residents.

Enjoy fun activities, expert speakers and market stalls at this free event.

Mark the date in your calendar now!

selwyn.govt.nz/swell

Supporting
Sponsor



Sponsored by
Bupa

**FREE
EVENT**

swell Events

Selwyn Funding Workshop

Thursday 10 October, 6–7pm

Te Ara Ātea

Wednesday 23 October, 6–7pm

Darfield Library and Service Centre

Does your organisation apply for funding? Curious about available grants? Join the Selwyn Funding Workshop to learn about grants from the Department of Internal Affairs, Community Organisation Grants Scheme (COGS) and Lottery Funds and Selwyn District Council. Gain insights into what's required and ask questions directly to the funders.

Bookings required.

selwynlibraries.co.nz/events

FREE



Poetry Reading for Seniors

Tuesday 8 October, 10.30–11am

Leeston Library and Service Centre

Wednesday 16 October, 10.30–11am

Darfield Library and Service Centre

Friday 18 October, 10.30–11am

Lincoln Library and Service Centre

Join Jackie Thornley, our dedicated poetry enthusiast, for a live reading of timeless and witty poems crafted especially for seniors. Afterwards, relax with a cup of tea and engage in friendly conversation. Bookings required.

selwynlibraries.co.nz/events

FREE

60+

HydroTone

Fridays — 18 and 25 October, 8.30–9.15am

Selwyn Aquatic Centre

A gentle exercise class with stretches and resistance-based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening. Water 35–36 degrees.

Bookings are required and open one week in advance.

selwyn.govt.nz/events

FREE

60+



*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.
See pages 24–25 for a pull-out event calendar.*

swell Events

Zumba Gold® Seated or Dancing

Fridays — 18 and 25 October, 9.15–9.45am (Seated)

Fridays — 18 and 25 October, 10.30–11.15am (Dancing)
Lincoln Event Centre

Zumba Gold® SEATED is the perfect exercise class for those with mobility or balance issues, as it is done using a chair for support, while Zumba Gold® DANCING is a dance fitness class perfect for active seniors. Both classes have great music and are a fun and safe way to exercise!

Drop-in.

selwyn.govt.nz/events

FREE

60+



Pickleball

Friday 18 October, 1–2.30pm or Monday 21 October, 1–2.30pm
Lincoln Event Centre

Friday 25 October, 10–11.30am
Darfield Recreation and Community Centre

Join the Pickleball craze! Have a go at this exciting and popular paddle sport that combines elements of badminton, tennis and table tennis. Suitable for all levels of coordination and fitness. All equipment is provided — play for as much or as little as you'd like.

\$3 per person.

Bookings required.

selwyn.govt.nz/events

60+

Grandparent and Whānau Storytime

FREE

Saturday 19 October, 11–11.30am
Lincoln Library and Service Centre

Come together for this special Storytime, where we welcome grandparents to attend with their whānau. Celebrating the importance of grandparents in our lives, this session will be full of fun and laughter, the perfect opportunity to spend time with those we treasure!

Drop-in.

selwynlibraries.co.nz/events



*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.
 See pages 24–25 for a pull-out event calendar.*

swell Events

Selwyn Striders Morning Tea

Monday 21 October, 10–11.30am

Selwyn Sports Centre

Enjoy a stroll around our 240-metre indoor walking track with optional exercise stations set up at each corner. A great opportunity to meet new people or have a catch up with friends before enjoying a catered morning tea and a stretch when you're finished. Bookings required.

selwyn.govt.nz/events

FREE 60+



Mature and Motivated Exercise Class with Morning Tea

Monday 21 October, 10–11.30am

Lincoln Event Centre

Wednesday 30 October, 11am–12.30pm

West Melton Community and Recreation Centre

Join our 45-minute strength and balance group fitness class with inspiring instructors, followed by a delicious morning tea. A great way to meet new friends.

Bookings required.

selwyn.govt.nz/events

FREE

60+



Ahuriri Walk

Tuesday 22 October, 10–11.30am

River end of Neills Road (off Ridge Road), Lincoln

Join the Selwyn District Council biodiversity team to discover this enchanting walk and some of its ecological features. An easy flat shingle track, perfect for senior beginners. Please wear good outdoor walking shoes and bring a drink bottle, snacks and sunscreen.

Bookings required.

selwyn.govt.nz/events

FREE 60+



Captivating Movie Classic

Tuesday 22 October, 10–11.30am

Darfield Recreation and Community Centre

Come and enjoy a good, old classic film over a cuppa.

Film courtesy of Kanopy, via Selwyn Libraries.

Free for Selwyn Library members only.

Bookings required.

selwyn.govt.nz/events

FREE

60+



*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.
See pages 24–25 for a pull-out event calendar.*

swell Events

Senior Self-Defence

Tuesday 22 October, 3.15–4pm

Friday 25 October, 3.15–4pm

Selwyn Sports Centre

Learn to effectively defend yourself thanks to Selwyn Taekwondo. Designed for seniors; this class will give you the skills, tools and confidence to keep yourself safe. What you'll be taught is relevant to face any real-life scenarios or risks.

Bookings required.

selwyn.govt.nz/events

FREE

60+



Line Dancing Have-a-Go

Wednesday 23 October, 1.30–3pm

Rolleston Community Centre

Join Judith for a fun and exciting line dancing experience. All abilities welcome!

Drop-in.

selwyn.govt.nz/events

FREE

60+



Try an E-bike

Thursday 24 October, 1–2.30pm

Selwyn Sports Centre

Are you interested in e-bikes but don't know where to start? Trial and learn to ride an e-bike safely and confidently thanks to ebikesNZ. Afterwards, find out all the tips and tricks at a Q&A session over a cuppa and biccies.

Bookings required.

selwyn.govt.nz/events

FREE

60+

*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.
See pages 24–25 for a pull-out event calendar.*

Lifelong Learning

Cake Decorating Demonstration

FREE

Saturday 14 September, 1.30–3pm
Leeston Library and Service Centre

Sunday 20 October, 11am–12.30pm
Te Ara Ātea

Interested in adding a touch of flair to your homemade treats with buttercream or fondant? Sharlene from Birdsong Kitchen will demonstrate how to skilfully ice a cake with buttercream and make edible flowers. Elevate your sweet treat presentation with practical tips and tricks. 13+ years. Bookings required.

selwynlibraries.co.nz/events



A Hobbyist's Guide to Model Building

FREE

Saturday 21 September, 1.30–2.30pm
Lincoln Library and Service Centre

Join Paul, a Lincoln local and avid 3D modelling enthusiast, as he delves into the fascinating world of miniature creation. In his talk, Paul will share the resources and equipment he utilises to meticulously craft detailed 3D scale models of buildings and railways, bringing miniature worlds to life.

8+ years.

Bookings required.

selwynlibraries.co.nz/events



Repair Café with Envirotown

FREE

Saturday 5 October, 10.30am–1pm
Te Ara Ātea

Join Lincoln Envirotown at Te Ara Ātea for their popular Repair Café. The team will endeavour to repair clothes, electrical appliances, household goods, bicycles, and jewellery free of charge. All ages welcome. Children under 10 years must be accompanied by an adult.

Bookings required.

selwynlibraries.co.nz/events



Saturday Sounds with Rolleston College

FREE

Saturdays — 5, 12, 19 and 26 October, 12–12.30pm
Te Ara Ātea

Live music in the library! Join us every Saturday in October for acoustic lunchtime performances with Rolleston College Horoeke Haemata. Come along to celebrate the local talent we have here in Waikirikiri Selwyn and support our emerging artists. All ages welcome.

Drop-in.

selwynlibraries.co.nz/events

Lifelong Learning

Artists in Libraries with the Selwyn Artists Collective

Saturday 12 October, 11am–1pm
Darfield Library and Service Centre

Transforming our library space into open art studios in the lead up to Darfield Art Week, the Selwyn Artist Collective will be setting up their easels, pens, pencils and paints to create works of art for a day! Come along and watch them as they work, ask questions about their processes, and find out where they get their inspiration from. You might even see some of the works in a future exhibition!

All ages welcome.

Drop-in.

selwynlibraries.co.nz/events

FREE



Show Me Shorts Film Festival

Whānau-Friendly

Sunday 13 October, 11am–12.30pm
Te Ara Ātea

Saturday 19 October, 5.30–6.30pm
Castle Hill Community Centre

Adults (18+ years)

Saturday 19 October, 7.30–9pm
Castle Hill Community Centre

Thursday 24 October, 6–8pm
Te Ara Ātea

Bring a cushion and some snacks and enjoy a short film medley, from Aotearoa New Zealand's leading international short film festival — Show Me Shorts.

Bookings required.

selwynlibraries.co.nz/events

FREE

**SHOW ME
SHORTS
FILM
FESTIVAL**

Building Respectful Boundaries with Simi Desor

Tuesday 15 October, 7–8.30pm
Youth Hub, Rolleston Community Centre

This workshop is an engaging exploration of boundaries for young people, with practical take-home tips and tools for you and your whānau. 18+ years.

Bookings required.

selwyn.govt.nz/events

FREE



Lifelong Learning

Basic Car Maintenance at Home

Thursday 17 October, 6-7pm

Te Ara Ātea

Not sure where to start when it comes to maintaining your vehicle? This talk is for you! Whether you're new to driving, or still not too sure what's under the hood, Isaac — from Jones Road Auto — will give you a rundown. In this session he will share what you can be doing at home to keep your car running in tip-top condition. He will be covering the basics of how to check oil and water, maintain your tyres, and look out for general wear and tear — bringing his very own car to demonstrate with. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE



Grief on the Run

Thursday 17 October, 6.30-7.30pm

Lincoln Library and Service Centre

How can you deal with profound loss and grief, and continue moving forward? Join clinical psychologist Julie Zarifeh who offers insights from her own journey of proactive grieving, sharing the strategies that helped her through difficult times. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE



Cheese Making Workshop

Saturday 2 November, 10.30am-1.30pm

Leeston Library and Service Centre

Saturday 30 November, 10.30am-1.30pm

Darfield Library and Service Centre

Experience this exciting introduction to hand-made cost-effective cheese. This workshop will explore the process of creating camembert, feta, ricotta, mascarpone, halloumi and neuf chatel. Cheesemaker Cushla has been practicing for over nine years and will introduce you to the joy of cheese making at home. Session includes a lunch of various cheeses, delicious homemade crackers and fresh bread. 18+ years.

\$15 library members, \$30 non-members.

Bookings required.

selwynlibraries.co.nz/events



Lifelong Learning

Have a Go: Drama and Acting!

Sunday 3 November, 12.30–3.30pm

Te Ara Ātea

Have you ever wanted to give acting a go, but not known where to start? Well, here's your chance! Join us for this beginner's session on key acting skills and drama techniques. This immersive session will cover character embodiment, script analysis, improvisation, and the invaluable role these techniques play in the journey of budding actors. This workshop is targeted towards beginners; however, all levels of experience are welcome to attend. 13–18 years.

\$10 library members, \$20 non-members.

Bookings required.

selwynlibraries.co.nz/events



Travelling Tuatara with New Zealand Conservation Trust

Saturday 9 November, 10.30am–11.30am

Leeston Library and Service Centre

Saturday 9 November, 1.30–2.30pm

Darfield Library and Service Centre

This is your chance to see New Zealand's 'living dinosaur'! Have you ever wondered just how many eyes, or rows of teeth a tuatara has? Do they have ears and can they climb trees? Get up close to this fascinating reptile and watch it munch through its morning tea or lunch. In addition to this, learn about our national icon the kiwi. Can they fly, do they even have wings? Where do you suppose their nostril are found and can you guess how large their egg is? All ages welcome. Children under 13 years must be accompanied by an adult.

Bookings required.

selwynlibraries.co.nz/events

FREE



Critical Thinking: An Essential Skill for Healthy Youth Development with Dame Sue Bagshaw

Wednesday 20 November, 7–8.30pm

Youth Hub, Rolleston Community Centre

Young people are being bombarded with unfiltered information in our digital world and never before has critical thinking been as necessary as it is today. Yet it's one of the hardest things to teach. Critical thinking helps rangatahi filter information to identify problems, find solutions and make good decisions. This workshop will teach you how to evaluate information and decipher between facts, opinions, and agendas. 18+ years.

Bookings required.

selwyn.govt.nz/events

FREE

Lifelong Learning

Navigation 101

Thursday 21 November, 6.30–7.30pm

Te Ara Ātea

Julz & Odie from Further Faster present an intro to navigation. This night is aimed at absolute beginners who are keen to learn about compasses, maps, and how to start using them. A great intro to later practice outside at a local Rogaine or Orienteering event. Come with a compass if you have one, and ready for some laughs as we help you not to get lost. All ages welcome.

Bookings required.

selwynlibraries.co.nz/events

FREE



Summer Gluten-free Essentials

Sunday 24 November, 2–3.30pm

Lincoln Event Centre

Are you a coeliac? Or do you have a family member that's gluten-free? Join Emma for a cooking demonstration which celebrates festive and summer gluten-free dishes. Leave feeling inspired to get into the kitchen! All ages welcome.

\$20 per person.

Bookings required.

selwyn.govt.nz/events

October School Holidays

Watch this space — there's an exciting line-up of fun events and activities for the kids to enjoy these holidays.

**28 September
to 13 October**



Pick up a flyer from your local Selwyn facility from 7 September, or check out:
selwyn.govt.nz/events

Family Fun



Spring Family Bingo

Saturday 14 September, 7-8.30pm

Darfield Recreation and Community Centre

Bring the family along and try your luck at our bingo night. Line up all the numbers on your card to win some cool prizes!

\$5 per person.

Bookings required.

selwyn.govt.nz/events

Kids Gluten-free Workshop

Thursday 3 October, 10-11.30am

Rolleston Community Centre

Come and enjoy a fun, interactive gluten-free workshop with Emma from FOG Food. Decorate a delicious cookie to take home. Kids of all ages welcome. Caregivers required for children under 9 years.

\$10 per person.

Bookings required.

selwyn.govt.nz/events



Halloween Disco

Thursday 31 October, 4-5pm

Lincoln Event Centre

This spooktacular event provides a fun and safe place for children to celebrate Halloween. With spooky music, decorations, games, a photo wall and prizes, why not come and join in the party? Don't forget your costume! Aimed at 2-8 years.

\$4 per child.

Bookings required.

selwyn.govt.nz/events

Selwyn Producer Market

FREE

Saturday 9 November, 9am-1pm

Rolleston Community Centre

Join us in celebrating the best produce and products Selwyn has to offer. This indoor market is sure to have something for everyone.

Drop-in.

selwyn.govt.nz/events



Active Selwyn

Dads Swim Free!

Sunday 1 September, 8am–8pm
Selwyn Aquatic Centre

Add an extra activity to your Fathers' Day plans and bring your dad along to the pool absolutely free. Inflatables are out 2–4pm... a chance to challenge him in a battle of balance and speed! Drop-in.

selwyn.govt.nz/events



Super Mini Gym

Friday 6 September, 9.30–11am
Selwyn Sports Centre

Leap, swing or fly into spring with a superhero themed mini gym class. Come along dressed as your favourite superhero or heroine and celebrate spring with Wonder Woman and Spiderman, arriving at 10am. Extra activities are included to enhance your super experience with a DIY mask station and superhero training on the Lu Uno wall. 1–5 years.

\$5.50 per person.

Bookings required.

selwyn.govt.nz/events



Super Saturdays

Saturdays — 7, 14, 21 and 28 September, 4–6pm
Selwyn Sports Centre

Have you got what it takes to try any sport? Bring the whole whānau down to the Selwyn Sports Centre and show off your skills. Whether you want to try something new, or initiate a 'Clash of the Clan', the sports centre team have it here for you!

\$5 per child. Parents/caregivers free.

Bookings required.

selwyn.govt.nz/events



Spring Skate

Sunday 8 September, 10–11.30am or 12–1.30pm
Darfield Recreation and Community Centre

Roll into spring with your friends and whānau at our awesome roller disco! There'll be epic music, games, prizes and a variety of snacks and beverages available to purchase. Gear provided and all ages welcome.

\$8 per person.

Bookings required.

selwyn.govt.nz/events

Active Selwyn



Youthtown Disability Basketball

Sundays — 8 and 15 September, 1-3pm
Selwyn Sports Centre

An opportunity for young people with physical or intellectual impairments to be a part of a basketball programme suited to their needs. In conjunction with Youthtown, it provides young people a safe and inclusive environment to participate and develop communication, teamwork and a sense of belonging. 11-25 years.

Bookings required.

selwyn.govt.nz/events

October Holiday Programme

Active: Monday 30 September to Friday 4 October

Girls on the Go: Monday 7 to Friday 11 October

8am-4pm or 9am-3pm

Selwyn Sports Centre

Join us for an action-packed week of sports, games, trips and exciting activities. 7-12 years.

\$40-\$50 per child daily.

Bookings open Monday 26 August.

selwyn.govt.nz/holidayprogramme



Bike Jam at Kakaha Park

Sunday 13 October, 10am-12pm
Kakaha Park, Prebbleton

FREE

Grab your friends and whānau, bring your bike and join us for an epic morning of wheely great fun! Check out Pedalmania with their cool and whacky wheels, the iBike crew from the Selwyn Sports Trust, the Council's road safety team, bike repairs with Rolleston Menz Shed, food vendors and heaps more biker-tainment.

Drop-in.

selwyn.govt.nz/events



Summer Pool Opening Parties

Saturday 16 November, 1-4pm
Darfield Pool

Sunday 17 November, 1-4pm
Southbridge Pool

Celebrate the opening of our outdoor pools! Bring your whānau and make a splash on the inflatables and hydrosides. Awesome spot prizes up for grabs. All ages welcome.

Normal pool entry applies.

Drop-in.

selwyn.govt.nz/events



Te Wiki o Te Reo Māori

Taniwha Storytime

FREE

Friday 13 September, 10–10.30am
Darfield Library and Service Centre

Tuesday 17 September, 10–10.30am
Te Ara Ātea

Thursday 19 September, 10–10.30am
Lincoln Library and Service Centre

Friday 20 September, 10–10.30am
Leeston Library and Service Centre

Did you know that Selwyn has a kaitiaki (guardian) taniwha, called Tū Te Rakiwhānoa? Join us for a storytime celebrating all things taniwha and learn how Tū Te Rakiwhānoa battled with Te Māuru (the northwest wind) to protect the Rakaia River. 3–7 years.

Bookings required.

selwynlibraries.co.nz/events



Kā Huru Manu

FREE

Thursday 19 September, 6.30–7.30pm
Te Ara Ātea

Kā Huru Manu is dedicated to mapping the traditional place names and associated stories with the Ngāi Tahu rohe. Come and listen to Te Taumutu Rūnanga and the Ngāi Tahu Archive explore early maps of Māori place names in the Selwyn region and celebrate the people and their stories that have brought this history to life. 16+ years.

Bookings required.

selwynlibraries.co.nz/events



Taumutu 1874. Courtesy of the National Library of Australia

Nga Pia o te Reo Māori: Stage 2 Te Reo Māori Course

FREE

Thursdays — 17 October to 19 December, 5.45–7.45pm
Te Ara Ātea

Nau mai e ngā hua, o te wao, o te ngakina, o te wai tai, o te Māori. Nā Tane. Nā Rongo. Nā Tangaroa.

Nā Mara. Ko Ranginui e tu iho nei, ko Papatūānuku e takato nei, tūturu whakamaua kia tina Hui e, tāiki e.

E ngā mana, e ngā reo, kei aku nui, kei aku rahi mokori anō ka rere e mihi ki a koutou katoa. Ko te manu e kai ana i te miro nōna te ngahere, ko te manu e kai ana i te mātauranga nōna te ao.

Welcome to our te reo Māori intermediate lessons at Te Ara Ātea. Learning another language can be difficult requiring practice, with support. In this course you will be building a higher level of confidence, a willingness to learn sentence structures, pronouns, karakia, kiwaha, whakataukī/whakataukāki, waiata, Māori games and more. Join Matua Miru McLean, and Joe Murray in a friendly environment to extend your knowledge within te ao Māori.

13+ years.

Bookings required.

selwynlibraries.co.nz/events



Heritage

Local History Drop-in Sessions

Thursdays — 5 September, 3 October and 7 November, 10am-12pm

Darfield Library and Service Centre

Thursdays — 12 September, 10 October and 14 November, 10am-12pm

Te Ara Ātea

Thursdays — 19 September, 17 October and 21 November, 10am-12pm

Leeston Library and Service Centre

Thursdays — 26 September, 24 October and 28 November, 10am-12pm

Lincoln Library and Service Centre

Need help with finding heritage information and resources? Pop in and see the heritage team for advice on research and digitisation, caring for your photographs, papers and other taonga at home, oral history interviewing, and how to use our scanners to copy your old photos. All ages welcome.

Drop-in.

selwynlibraries.co.nz/events

FREE



Discover Historic Tai Tapu

Saturday 7 September, 10am-12pm

Tai Tapu Library and St Paul's Church

Celebrate spring at historic Tai Tapu Library and St Paul's Anglican Church. Learn about the achievements of Sir Heaton and Jessie, Lady Rhodes of Otahuna, their gardener and daffodil expert A. E. Lowe, and the architect Cecil Wood, who designed both buildings. Join us for a morning of talks and guided tours of these heritage buildings, finishing with a cup of tea. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE



Heritage Among the Daffodils: Otahuna Lodge Garden Tour

Saturday 7 September, 1-2.30pm

Otahuna Lodge

Visit the magnificent daffodil paddock planted by A. E. Lowe at Otahuna Lodge, the former home of Sir Heaton and Jessie, Lady Rhodes, built in 1895. On this guided tour you will also see the Dutch Garden, the Orchard, and the Potager Garden, as well as the outside of the house. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE



Courtesy of Otahuna Lodge

History in Stone: Springston Cemetery

Saturday 12 October, 11am-12pm
Springston Cemetery

Established in 1872, Springston cemetery features many Victorian-era memorials, from grand obelisks to simple headstones. Join local history research and iconology expert Lynda Seaton for a walk amongst the stones, as she reveals the stories of people and events, as well as the hidden meanings of the memorial motifs. 16+ years.

Bookings required.

selwynlibraries.co.nz/events

FREE

Cemeteries of Selwyn

Wednesday 16 October, 2-3pm
Te Ara Ātea

FREE

Cemeteries can reveal much about the past lives of those who have helped shape our communities, and the ways in which they are remembered.

Join Selwyn historian and genealogist Lynda Seaton for an illustrated talk about the history and iconography in the cemeteries of Waikirikiri Selwyn, and gather some tools for your own family history research. All ages welcome.

Bookings required.

selwynlibraries.co.nz/events



Walking into History: Arthur's Pass

Saturday 26 October, 1-3.30pm
Arthur's Pass Community Centre

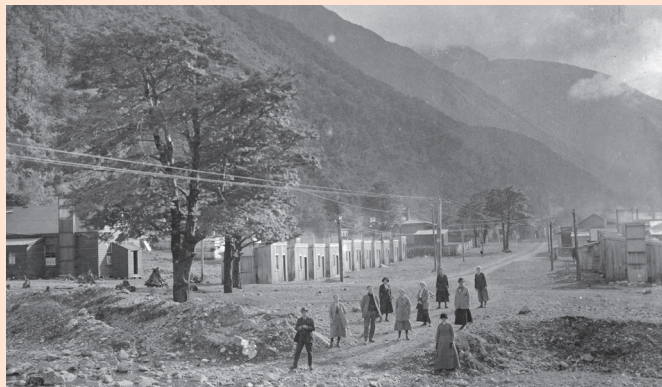
Grab your walking shoes and get set for a day out at historic Arthur's Pass! Join members of the Arthur's Pass Heritage Group on a guided tour of the unique heritage of this alpine village, finishing with a relaxed afternoon tea. Download our Township Trails Selwyn app to discover more historic walking trails.

All ages welcome.

Bookings required.

selwynlibraries.co.nz/events

FREE



Courtesy of Arthur's Pass Heritage Group



Empower & Thrive: Skills for Youth with Additional Needs

Fridays — 6, 13, 20 and 27 September, 10am–3pm

Fridays — 8, 15, 22 and 29 November, 10am–3pm

Youth Hub, Rolleston Community Centre

Join us and your special peers for an engaging day of cooking, music therapy, games and socialisation. Sessions designed for youth aged 12–24 years with additional needs.

\$20 per person.

Bookings required.

selwyn.govt.nz/events

Intro to Yoga and BoxFit

FREE

Tuesdays — 1 and 8 October, 10.30am–1pm

Darfield Recreation and Community Centre

Try boxfit and yoga at our youth taster sessions. Get a fun, action-packed combat-style workout before focusing on the body and mind. Work on strength, flexibility, balance and meditation — an awesome tool for your mental health. Chill out in our snack lounge to rest and recover between classes. 12–17 years.

Bookings required.

selwyn.govt.nz/events



Hang out with Youth Town

FREE

Amazing Race: Friday 4 October, 10am–4pm

Bake Off: Wednesday 9 October, 10am–4pm

Youth Hub, Rolleston Community Centre

Join us for two exciting days of fun! First, tackle thrilling challenges in the Amazing Race, then come back for the Bake Off to showcase your culinary skills. Don't miss out! 12–24 years.

Bookings required.

selwyn.govt.nz/events

Pool Party with FRESH

FREE

Saturday 14 December, 12–4pm

Darfield Outdoor Pool

Sunday 15 December, 12–4pm

Southbridge Outdoor Pool

Grab your mates and come on down for free food and drink, a live DJ, free haircuts and braids, manu competitions and more. 12–24 years.

Drop-in.

selwyn.govt.nz/events



Skill-Up @ The Youth Hub Series

Our new “skill-up” series provides youth with a valuable opportunity to gain skills (some NZQA-accredited qualifications), while enjoying interactive and practical learning experiences.



Glam & Glow: Beauty Industry Essentials

Wednesday 2 October, 9am–4pm

Gain essential skills for success in the beauty industry! Ideal for aspiring beauty pros, this hands-on workshop offers valuable experience and product knowledge. Take your first step towards a career in beauty. 15–24 years.

\$75 per person.

Bookings required.



Fit & Flex: Fitness Industry Fundamentals

Thursday 3 October, 9am–4pm

Youth Hub, Rolleston Community Centre

Keen to gain skills in the fitness industry? Learn about teamwork dynamics, recreation principles, and insights into injuries, prevention strategies, and hazards associated with sports and recreation activities. 15–24 years.

\$75 per person.

Bookings required.



Hospo & Hops: Hospitality and Liquor Control Essentials

Friday 4 October, 9am–4pm

Youth Hub, Rolleston Community Centre

Are you ready to step into hospitality management? A comprehensive workshop where you'll learn about maintaining a responsible drinking environment and fulfilling host responsibility requirements as a duty manager. 15–24 years.

\$75 per person.

Bookings required.

Skill-Up @ The Youth Hub Series

Retail & Ready: Sales and Customer Service Essentials

Monday 7 and Tuesday 8 October, 9am–4pm
Youth Hub, Rolleston Community Centre

Learn how to master effective communication, product knowledge and selling techniques to be successful in retail. 15–24 years.

\$100 per person.

Bookings required.



Brew & Blend: Barista Skills and Coffee Crafting

Wednesday 9 and Thursday 10 October, 9am–4pm
Youth Hub, Rolleston Community Centre

Calling all future baristas — learn the art of making a perfect cup of coffee! Gain a deeper understanding about the production of coffee and which beans create the best cup, before getting some hands-on experience with espresso machines. 15–24 years.

\$100 per person.

Bookings required.

Kitchen Creations for Special Chefs

Friday 11 October
10am–12pm (Cooking), 1–3pm (Baking)
Youth Hub, Rolleston Community Centre

Get ready to cook up a storm in the morning and bake delightful treats in the afternoon! Our morning session will teach you how to make quick and easy meals, and in the afternoon, we'll switch gears to baking, where you'll create delicious home baked goodies.

Sessions designed for youth aged 12–24 years with additional needs.

Bookings required.

FREE



If you need help with costs, please get in touch with the Youth Council via Facebook  Selwyn Youth Council or email youth.council@selwyn.govt.nz.

Bookings required for all workshops.

selwyn.govt.nz/events

Undercurrents

FREE

Art exhibition

Te Ara Ātea

What lies beyond our everyday encounters with water? How well do we see the stories that water holds? In Te Ara Ātea's art exhibition, *Undercurrents*, artists offer us a different way of seeing and thinking about our relationship to water in Waikirikiri Selwyn. Essential to life on Earth, there are endless thoughts and perspectives about water; *Undercurrents* presents just six of them. Each artist in this exhibition tells a different story that helps us think about the many waters that surround us and what stories flow beneath them.

selwynlibraries.co.nz/events



Pauline Rhodes, *Rivers to Ocean* (detail), 2024. Courtesy of the artist.

Exhibition: *Undercurrents*

Exhibition Tour: *Undercurrents*

Tuesday 10 September, 6–7pm

Te Ara Ātea

Have you ever wanted to know more about the artwork at Te Ara Ātea? Join curator Erin Lee on a guided tour of the artworks currently on display in our art exhibition, *Undercurrents*. On the tour Erin will provide extra insight into the artworks and how they connect to the ways we think about water, answering any questions you may have along the way. All ages welcome.

Bookings required.

selwynlibraries.co.nz/events

FREE



Image credit: Megan Brady, *Between tide and time*, 2023.



NZ Geographic Screening — Banks Peninsula: Mountains Meet the Sea

Saturday 21 September, 2–3pm

Darfield Library and Service Centre

Saturday 23 November, 2–3pm

Te Ara Ātea

Saturday 30 November, 2–3pm

Leeston Library and Service Centre

A drowned volcano, jutting out into the ocean, shelters one of the world's tiniest marine dolphins. Fresh meltwater from Ka Tiritiri-o-te-Moana the Southern Alps rushes down braided rivers, washes food into the sea and percolates into wetlands that provide a home for the long lived and mysterious eels.

Join us for the screening of this Natural History New Zealand film courtesy of NZ Geographic, from season 2 of *Our Big Blue Backyard*, and check out our own backyard on the big screen!

Library members only. All ages welcome.

Bookings required.

selwynlibraries.co.nz/events

FREE

Drawing and Painting Workshop

Saturday 26 October, 1–3pm

Darfield Library and Service Centre

Sunday 10 November, 1–3pm

Te Ara Ātea

Join us for an afternoon of art making! In this session, artist Nicola Farquhar will guide you through two drawing and painting exercises that explore the forms water takes, responding to the artworks currently on display at Te Ara Ātea. Over this workshop Nicola will share simple, yet effective techniques, you can utilise in creating your very own works of art using both pencil and paint. Suitable for all levels of experience. 16+ years.

\$15 library members, \$30 non-members.

Bookings required.

selwynlibraries.co.nz/events



Image credit: David Straight

Darfield Library and Service Centre

1 South Terrace, Darfield
Contact (03) 318 7780
libraries@selwynlibraries.co.nz

Darfield Recreation and Community Centre

65 North Terrace, Darfield
Contact 027 535 8379
darfield.community.centre@selwyn.govt.nz

Leeston Library and Service Centre

19 Messines Street, Leeston
Contact (03) 347 2871
libraries@selwynlibraries.co.nz

Lincoln Event Centre

15 Meijer Drive, Lincoln
Contact (03) 347 2983
lec.enquiries@selwyn.govt.nz

Lincoln Library and Service Centre

22 Gerald Street, Lincoln
Contact (03) 347 2876
libraries@selwynlibraries.co.nz

Rolleston Community Centre

94 Rolleston Drive, Rolleston
Contact (03) 347 2882
rcc.enquiries@selwyn.govt.nz

Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston
Contact (03) 347 2734
sac.enquiries@selwyn.govt.nz

Selwyn Sports Centre

70 Broadlands Drive, Rolleston
Contact (03) 347 2888
sports.centre@selwyn.govt.nz

Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu
Contact (03) 347 2983
taitapu.enquiries@selwyn.govt.nz

Te Ara Ātea

56 Tennyson Street, Rolleston
Contact (03) 347 2880
libraries@selwynlibraries.co.nz

West Melton Community and Recreation Centre

1163 West Coast Road, West Melton
Contact (03) 347 1804
westmelton.enquiries@selwyn.govt.nz

