

What's On in Selwyn Guide

Late Summer/
Autumn 2020



Events

Pools

Libraries

Recreation Centres

Kia ora

I hope you and your family had a relaxing break over the festive season.

Liz, Elliott and I enjoyed time together with the wider family over Christmas as well as plenty of time with just the three of us. Local river swims are in high demand and a good way to cool off even in the evenings after work. We particularly enjoyed the Selwyn River at Whitecliffs and the Waimakariri River at the gorge bridge.

Heading into late summer and autumn, I encourage you all to make the most of daylight saving and check out our jam-packed Summer in Selwyn events. From outdoor movies to pool parties, skateboarding and basketball events; plus themed storytimes, pirate parties and craft making at our libraries, and our annual Picnic in the Park events around the district – there's something for everyone to enjoy. One particular highlight is our Month of Sundays series, where local artists play live music every Sunday in February at the Lincoln Green.

If your New Year's resolution is to focus on your wellbeing, check out one of our 29 group fitness classes at a recreation centre or the Selwyn Aquatic Centre.

Whether you've just arrived in Selwyn or have lived here for some time, I hope this guide is an inspiration for you to try something new.

Ngā mihi,

Sam Broughton
Mayor of Selwyn



Events



Crane Earrings

FREE

Tuesday 21 January, 2–3pm
Lincoln Library

Wednesday 22 January, 2–3pm
Rolleston Library

Make a pair of origami crane earrings. Learn how to lacquer and turn them into wearable art. 8+ years.

Bookings essential, visit our website:
selwynlibraries.co.nz

Roald Dahl Storytime

FREE

Wednesday 22 January, 11.30am–1pm
Lincoln Library

Thursday 23 January, 11.30am–1pm
Lincoln Library

Come along to our live reading of Roald Dahl's hilarious book *The Twits* and enjoy some colouring while you listen. 5+ years.

selwynlibraries.co.nz



Teacup Candles

Saturday 25 January, 11am–12.30pm
Darfield Library

Learn how to make your own scented candles in teacups. 15+ years.

\$5 per person. Bookings essential, visit our website: selwynlibraries.co.nz



Picnic in the Park

FREE

Thursday 23 January, 5–7pm
Everest Way Playground (behind Community Hall)
Springston

Thursday 30 January, 5–7pm
Anderson Square, Leeston

Thursday 13 February, 5–7pm
Freyberg Domain, Burnham

Thursday 20 February, 5–7pm
Springfield Reserve, Springfield

Thursday 27 February, 5–7pm
Rhodes Park Domain, Tai Tapu

Wednesday 4 March, 5–7pm
West Melton Reserve, West Melton

Friday 6 March, 5–8pm
Movie starts at 6pm
Dunsandel Domain and Community Centre, Dunsandel

Wednesday 11 March, 5–7pm
Prebbleton Community Park, Prebbleton

Spend a summer's evening at your local park with live music, Pedalmania, face painting, entertainment, a free sausage sizzle and more.

Dunsandel will have an extra special feature – an indoor movie showing of 101 Dalmatians!

selwyn.govt.nz/events



Back to School Pool Party

Friday 24 January, 2–4pm
Selwyn Aquatic Centre

Enjoy the last of your free time before school starts back at the Selwyn Aquatic Centre! There will be fun games, quizzes and paddleboats.

Normal pool admission applies.

f SelwynAquaticCentre



Whānau Fun

Saturday 25 January, 1–3pm
Lincoln Library

Join us and Christchurch City Libraries for some summertime whānau fun. There will be stories, craft, technology and much more.

selwynlibraries.co.nz

Wild Kids Series

Willow Shelter Weaving

Saturday 25 January, 10am–12pm
Leeston Library

Join new friends and make a willow shelter in the garden at Leeston Library. Suitable for 8+ years.

Mat Weaving

Sunday 26 January, 10.30–11.15am
and 11.30am–12.15pm
Lincoln Library

Work with friends to make a mat for the library from tī kōuka cabbage tree leaves. Suitable for 8+ years.

\$10 per event. Bookings essential, visit our website: selwynlibraries.co.nz



A Month of Sundays

FREE

Sundays 2, 9, 16 and 23 February
1–3pm, The Lincoln Green
(behind the Lincoln Library)

Relax, unwind and recharge on your Sunday afternoon with live local music, face painting and garden games. Bring a picnic to enjoy while listening to an outstanding line-up of talented musicians.

selwyn.govt.nz/events



Southbridge Pool Party

Sunday 26 January, 2–4pm
Southbridge Pool

Head to your local pool for a party! The DJ will be playing your favourite songs, with inflatables, games, prizes, a sausage sizzle and loads of fun.

selwyn.govt.nz/events



Chinese New Year Storytime

FREE

Monday 3 February, 10–10.30am
Darfield Library

Tuesday 4 February, 10.30–11am
Lincoln Library

Wednesday 5 February, 10–10.30am
Leeston Library

Wednesday 5 February, 10.30–11am
Rolleston Library

Join us for a special Storytime about Chinese New Year. Learn songs and dances and listen to our fun interactive stories.

selwynlibraries.co.nz

Summer Skate Jams FREE

Wednesday 12 February, 3.30–5.30pm
Glentunnel Primary School

Wednesday 19 February, 3.30–5.30pm
Tai Tapu Primary School

Wednesday 26 February, 3.30–5.30pm
Darfield Skate Park

Wednesday 4 March, 5–7pm
West Melton Reserve

Wednesday 11 March, 5–7pm
Prebbleton Community Park

Wednesday 18 March, 3.30–5.30pm
Lincoln Skate Park

Wednesday 25 March, 3.30–5.30pm
Leeston Skate Park

Saturday 28 March, 1–3pm
Rolleston Skate Park

Head to your local skate park to show off your moves. Bring your own gear or hire for free. Coaching available with experienced skate instructors. Great prizes up for grabs!

selwyn.govt.nz/events



Writing for Kids

Thursday 13 February
3.30–5pm, Darfield Library

Friday 28 February
3.30–5pm, Lincoln Library

Do you want to learn the basics of writing your very own book? Learn how to create exciting characters, plotlines and how to craft your story from start to finish. 8+ years.

Bookings essential, visit our website:
selwynlibraries.co.nz

FREE



Outdoor Movies

FREE

Leeston Outdoor Movie:
Mamma Mia! Here We Go Again
Friday 14 February, 7–9pm
Anderson Square

Rolleston Drive-in Movie:
The Secret Life of Pets 2
Friday 28 February, 7–9pm
Rolleston

Darfield Drive-in Movie:
The Karate Kid (1984)
Friday 13 March, 7–9pm
Darfield Domain

Grab your nearest and dearest for a family-friendly movie outdoors!

Bring a seat, bean bag or blanket and chill out in front of our huge screen at our outdoor movies. Park up and tune into the special frequency on your car radio at our drive-in movies.

selwyn.govt.nz/events

Pool of Rock Party

Saturday 15 February, 1–4pm
Selwyn Aquatic Centre

Chillax on lilos while grooving to live local music with your friends. Free ice blocks!

Normal pool admission applies.

 [SelwynAquaticCentre](https://www.facebook.com/SelwynAquaticCentre)



Poetry for Seniors

FREE

Wednesday 19 February
11am–12pm, Lincoln Library

Come along for morning tea and listen to our collection of poems and short stories.

selwynlibraries.co.nz



Jurassic Words: Oracle Bone Script

FREE

**Sunday 23 February and 29 March
11.30am–1pm
Lincoln Library**

Discover the secrets of China's oldest form of writing, learning how it has evolved into what is used today. A practical and hands-on activity. Suitable for 10+ years.

selwynlibraries.co.nz



Chalk 'n Cheese

**Saturday 7 March, 10am–12.30pm
Rolleston Community Centre**

Learn how to create a landscape using pastel chalks with local artist Mike Glover, and enjoy some delicious cheese. All materials provided.

\$25 per person, bookings essential – phone the Rolleston Community Centre on 03 347 2882.

 **RollestonCommunityCentre**



Navigational Rampage Orienteering

FREE

**Sunday 1 March, 12.30–3pm
The Willows (near West Melton)**

Explore the new walking and cycling tracks at The Willows. With the help of the Peninsula and Plains Orienteering Club, use a mixture of navigational techniques, and choose which control points to visit in the allocated time with the aim of earning your team the most points.

selwyn.govt.nz/events


Splash Time

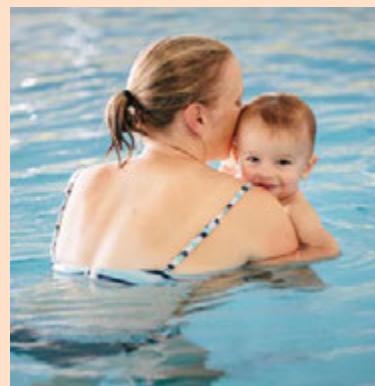
**Tuesday 3 to Friday 6 March
Selwyn Aquatic Centre**

Splash Time is a great way to introduce your baby to the water. Run by a qualified instructor, the session covers the importance of water experiences in child development, water safety and provides a taster of what parent/child swim classes are like. Suitable for 4 months to 3 years.

Bookings essential.

Email: swimschool@selwyn.govt.nz

 **SelwynAquaticCentre**



Basketball Jam

FREE

**Sunday 8 March, 1–4pm, Faringdon
Playground Basketball Court
Rolleston**

**Sunday 15 March, 1–4pm, Flemington
Playground Basketball Court, Lincoln**

Jump into a 3X3 Basketball game. No registration required, come along with a team, join a team, or watch a fun basketball game. Pack a picnic and make the most of the afternoon with other games provided, music and prizes. All ages welcome!

Under 13 years: 1–2.30pm
Over 13 years: 2.30–4pm

selwyn.govt.nz/events



Chair Refurbishment and Upholstery Workshop

Saturday 14 March, 10am–12.30pm
Rolleston Community Centre

This fun workshop will teach you how to upcycle your chair's wooden frame with chalk paints and how to cover your chair with material. Participants must provide a chair with a removable seat and upholstering material.

\$30 per person, bookings essential – phone the Rolleston Community Centre on 03 347 2882.

f RollestonCommunityCentre

Découpage for Beginners

Thursday 2 April, 6–8pm
Lincoln Library

Découpage is an art form that transfers printed pictures on home décor from canvases, mason jars or even furniture. These sessions will look at the basics of découpage using printed serviettes and canvas to make beautiful and unique prints for your home. All tools and paints supplied. Suitable for ages 15+ years.

Bookings essential, visit our website:
selwynlibraries.co.nz



FREE

Guided Heritage Walking Tour

FREE

Tuesdays in April, 10am
Departing Lincoln Library

Bring your own device, or borrow one of ours, and join us on a 1 hour 45 minute guided heritage walking tour around Lincoln. Make new friends, get some exercise, and learn about the history of the township!

Cancelled if wet. Spaces limited.

Bookings essential, visit our website:
selwynlibraries.co.nz



TOWNSHIP
TRAILS SELWYN

Keto Workshop

FREE

Saturday 4 April, 2–4pm
Lincoln Library

A keto diet is a low-carb, high-fat diet known for its success in weight loss. Come along to this interactive workshop and make some scrumptious snacks that you can take away along with a collection of yummy recipes. Suitable for ages 15+ years.

Bookings essential, visit our website:
selwynlibraries.co.nz



Autumn School Holidays

Library Activities

13 to 26 April

All Selwyn libraries

Entertain your kids with cool events and fun activities in the April school holidays.

Details coming soon, visit:
selwynlibraries.co.nz



Pool Fun

Weekdays 14 to 24 April, 2-4pm

Selwyn Aquatic Centre

The Selwyn Aquatic Centre has you sorted for the autumn school holidays. On Mondays, have a game of volleyball or leap pad; hop in the paddleboats on a Tuesday or Thursday, or try out the inflatable obstacle course on a Wednesday or Friday!

Normal pool admission applies.

f SelwynAquaticCentre



Chalk Paint Workshop

Thursday 30 April, 6-8pm

Lincoln Library

Back by popular demand, these workshops are for people interested in using chalk paint to refurbish home décor or furniture. Bring along a small item and see it refurbished into a unique and modern piece in this workshop. All paint and tools supplied. Suitable for 15+ years.

\$15 per person. Bookings essential, visit our website:
selwynlibraries.co.nz



Mother's Day at the Pool

Sunday 10 May

Selwyn Aquatic Centre

Calling all Selwyn mums! Celebrate Mother's Day in style at the Selwyn Aquatic Centre. We're planning something extra special for you this year, so keep an eye out on our Facebook page for more details.

f SelwynAquaticCentre



New Zealand Music Month Series



Join us throughout the month of May for live music in the libraries on Saturdays. Keep an eye on our Facebook page or in the libraries for what's on.

Christchurch Symphony Orchestra (CSO) Presents: Music Trails

Friday 8 May, 11.30am, Rolleston Library

Friday 15 May, 11.30am, Leeston Library

Friday 22 May, 11.30am, Lincoln Library

Friday 29 May, 11.30am, Darfield Library

CSO ensembles will perform in Selwyn Libraries, introducing the instruments of the orchestra through fun and interactive performances for all ages.

Guitar Lessons for Beginners

Thursday 7, 14 and 21 May, 6.30–7.30pm

Lincoln Library

Join us over three evenings and learn the basics of how to play a guitar. These sessions are designed for adult beginners or those who are interested in learning a new instrument. A small number of guitars will be available, however participants are encouraged to bring their own. 18+ years.

Bookings essential.

selwynlibraries.co.nz



Selwyn Movie Night: *Aladdin* (2019)

Friday 22 May, 6pm

Rolleston College

Spend your Friday night relaxing in the warmth with a screening of *Aladdin*. Bring your own blanket, bean bag, or cushion and enjoy the night with family and friends.

\$5 per person, \$10 for 3 people, \$15 for 4–6 people.

Bookings essential.

selwyn.govt.nz/selwynmovienight20



Capacity Building Workshops

A series of free workshops for not-for-profit community groups, organisations and clubs. Workshops will cover funding, volunteering, governance and more. Keep an eye on the Facebook page for upcoming workshops or call (03) 347 1837.

 **SelwynDistrictCouncil**




Family Water Safety

Sunday 24 May, 1–4.30pm

Selwyn Aquatic Centre

A fun chance for the whole family to learn how to be safe in and around the water. Have a go with the inflatable boat, life jackets, learn about safety huddles, treading water and more. Complete the session and receive a NZ Coastguard Safe Boating qualification. Children must be over 5 years.

\$25 per family of four; additional children \$5 each. Bookings essential, email: swimschool@selwyn.govt.nz.

 **SelwynAquaticCentre**



IT'S ALL HERE IN YOUR BACKYARD

FROM PASTURE TO PLATE

Get a taste of Selwyn this summer and taste fresh produce straight from the source! Or visit one of our many local cafés, farmers' markets and wineries.

FROM MOUNTAINS TO SEA

Dust off the walking shoes and get exploring Selwyn's walking tracks, from small peaks and family-friendly forest strolls to mountain ranges with native wildlife.

FROM YOUR DOORSTEP

Step outside – it's all right here! A day of golf with panoramic views, biking tracks for families to thrill-seekers, garden tours and galleries.

Follow us  Selwyn NZ

 @selwyn.nz and visit selwyn.nz

SELWYN
FROM THE LAND 



Recreation Programmes

We offer programmes and fitness classes for a variety of ages from babies and preschoolers to mature adults. These are held at Lincoln Event Centre, Rolleston Community Centre, Tai Tapu Community Centre and West Melton Community and Recreation Centre.

No bookings or enrolment required, unless specified. Sessions requiring enrolment must be paid in advance.

Children's Classes

Baby Gym

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our baby-friendly environment. Please bring a blanket.

T Lincoln, Rolleston and West Melton.
\$5 per child.

Little Dancing Feet

A fun 30 minute class for preschoolers using pom poms and ribbons to music. Great for motor skills and coordination.

T Lincoln. **\$5 per child.**

Mini Gym

Learning through music and movement, this class focuses on motor co-ordination, cognitive development and confidence. Free play as well as structured time and songs with the tutor.

T Lincoln, Rolleston and West Melton.
\$5 per child.

Term one classes run between 27 January and 9 April.
Term two classes start on 28 April.

T Term-time only **Y** Year-round

Get Your Skates On

An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under.

T Lincoln, Rolleston and West Melton.
\$7 per class.
No class in Rolleston 8 April.

Junior Spin

Calling all teenagers! Workout on a stationary bike with your friends to your favourite music. Ideal for all fitness levels. Bookings essential.

T Lincoln. **\$5 per class.**



Adult Classes

Active Mums

A 45-minute circuit-style workout using body weight and cardio exercises suitable for all fitness levels. Children's play area available in the same room.

T Lincoln. \$8 per class.

No class 6 March.

Body Tone

Improve strength and muscular endurance during this 45-minute class using free weights and your own body weight.

T Rolleston. \$8 per class.

Boxfit

This high intensity circuit-style boxing class includes skipping, agility work, core work and boxing.

Y Rolleston. \$8 per class.

No class in Rolleston 8 April.

Cardio Pump

A 45-minute workout targeting big muscle groups to get the heart rate up, with a cardio element to finish.

Y Lincoln and West Melton. \$8 per class.

Circuit

A 45-minute class alternating between different stations of exercise combining endurance and resistance training. Suitable for all abilities.

T Rolleston. \$8 per class.

Flow Yoga

A mix of Yoga and Pilates; this class works on building strength and flexibility, with a feeling of calm and relaxation at the end.

T West Melton and Tai Tapu. \$8 per class.

HIIT

This circuit-style interval training class has a different challenge every week including weights, boxing and body weight exercises.

Y West Melton and Rolleston.

T Lincoln. \$8 per class.

**Note: Rolleston, please phone us prior to your first class.*

Kick 'n Tone

Kick 'n tone is a combination of martial arts to music and strengthening exercises that will give you a whole body workout. Suitable for all abilities.

Y West Melton. \$8 per class.

Mature and Motivated

Great for heart fitness, strength and balance, this is a low impact, fun exercise class aimed at those 60 years and over or anyone getting back into fitness.

T Lincoln, Rolleston and West Melton. \$5 per class.

Mixed Abilities Sports Activities

Sport activities for adults with mixed abilities held on the second Saturday of every month. Caregivers and registration required on the day.

Y Rolleston. \$3 per class. Starts 8 February.



Move It To Music

Music, fun equipment and a sense of humour to get you moving. Suitable for those with arthritis or the less active. Tea and coffee provided afterwards.

Y Rolleston. \$5 per class.

No class in Rolleston 8 April.

Pilates

A course designed to help increase your postural and muscular awareness, relieve stress and soothe aches and pains. Enrolment required.

T Rolleston \$90/9 weeks.

Lincoln and Tai Tapu \$100/10 weeks.

Pump

An all-over workout for toning and muscle strength, using a weight bar and plates with invigorating music.

Y Lincoln, Rolleston and West Melton. \$8 per class.

No class in Rolleston 9 April.

Pump for Beginners

Learn the correct technique of this complete barbell resistance workout in a fun, beginners' learning environment.

Y Lincoln and Rolleston. \$8 per class.

No class in Rolleston 11 April.

Spin

A cardio endurance class where you control the intensity of your workout on a stationary bike. Bookings essential.

Y Lincoln and Rolleston.

T Lincoln 9.15am classes.

\$10 per class.

\$5 per class for monthly pass holders.

T Term-time only **Y** Year-round

Step Pump Combo

This fun class starts with 30 minutes of step to get the heart rate up, followed by strength work with a bar and weighted plates. Suitable for all fitness levels.

Y Lincoln and Rolleston. \$8 per class.

Strength and Balance

A short, sharp 30-minute workout to strengthen and tone your core using resistance bands and weight plates to maximise results.

Y Lincoln. \$5 per class.

Tai Chi

Improve your health and wellbeing with our Tai Chi class. Intermediate-level Rolleston.

T Lincoln and Rolleston. \$8 per class.
\$5 per class Gold Max Card.

Yoga

With an emphasis on alignment, good posture, and awareness of breathing – yoga has benefits for all including strength, flexibility and relaxation. Suitable for all abilities. Limited to 25 participants.

Y Lincoln, Rolleston and West Melton.

T Rolleston Monday class.
\$8 per class.

Zumba

A fun and dynamic fitness class, combining a range of easy-to-follow Latin and international dance styles set to addictive, energising music. Suitable for all abilities.

Y Rolleston and West Melton. \$8 per class.


























































Costs

Classes are \$8 per session (*unless specified otherwise*) or you may wish to purchase a monthly pass or one of the concession cards below. These can be used at all facilities for the appropriate classes.














No bookings or enrolment required, unless specified. Sessions requiring enrolment must be paid in advance.


Fitness Classes	Per session	\$8
Monthly Pass	Valid for a calendar month, expiry date applies. <i>Excludes Pilates</i> <i>Additional \$5 per spin class</i>	\$40
Fitness Max Card	10 classes + 1 free	\$80
Preschool Card	10 classes + 2 free <i>For Baby Gym, Mini Gym or Little Dancing Feet</i>	\$50
Get Your Skates On Card	10 classes + 1 free	\$70
Gold Max Card	10 classes + 2 free	\$50
Spin Max Card	10 classes + 2 free	\$100
Spin 6 Card	6 classes + 1 free	\$60



Monday	Tuesday	Wednesday	Thursday	Friday
 Spin 9.15–10am 	 HIIT 9.15–10.15am 	 Spin 6–6.45am 	 Tai Chi 9–10am 	 Spin 6–6.45am 
 Mature & Motivated 10–10.45am 	 Spin 6–6.45pm 	 Mini Gym (1–2 yrs) 9.30–10.15am 	 Spin 9.15–10am 	 Active Mums 9.15–10am 
 Pump 5.15–6.15pm 	 Pump for Beginners 6.30–7.15pm 	 Mature & Motivated 10–10.45am 	 Little Dancing Feet 10.30–11am 	
 Yoga 6.15–7.30pm 		 Baby Gym 10.15–11am 	 Get Your Skates On 3.30–4.30pm 	 Spin (Enduro) 9–10am 
 Junior Spin (13–19 yrs) 6.30–7.15pm 		 Mini Gym (3–5 yrs) 11–11.45am 	 Spin 6–6.45pm 	 Cardio Pump 9.15–10am 
		 Pump 6–7pm 	 Step Pump Combo 6–6.50pm 	
		 Yoga 7.30–8.30pm 	 Pilates 7–8pm 	 Strength and Balance 10.15–10.45am 
			 Pilates 8–9pm 	

Monday	Tuesday	Wednesday	Thursday	Friday
 Spin 9.15–10am <small>Y</small>	 Spin 6–6.45am <small>Y</small>	 Spin 9.15–10am <small>Y</small>	 Spin 6–6.45am <small>Y</small>	 HIIT 6–6.45am <small>Y</small>
 Yoga 9.15–10.15am <small>T</small>	 Circuit 9.30–10.15am <small>T</small>	 Move it to Music 1.15–2.15pm <small>Y</small>	 Tai Chi 10.30–11.30am <small>T</small>	 Spin 9.15–10am <small>Y</small>
 Mini Gym (1–2 yrs) 9.30–10.15am <small>T</small>	 Mature and Motivated 11–11.45am <small>T</small>	 BoxFit 6–6.45pm <small>Y</small>	 Spin 6.30–7.15pm <small>Y</small>	 Mini Gym (1–2 yrs) 9.30–10.15am <small>T</small>
 Baby Gym 10.15–11am <small>T</small>	 Get Your Skates On 3.30–4.30pm <small>T</small>	 Yoga 6–7pm <small>Y</small>	 Pump 7.05–7.55pm <small>Y</small>	 Body Tone 10–10.45am <small>T</small>
 Mini Gym (2–5 yrs) 11–11.45am <small>T</small>	 Step Pump Combo 6–6.50pm <small>Y</small>	 Spin 6.30–7.15pm <small>Y</small>		 Mini Gym (2–5 yrs) 10.15–11am <small>T</small>
 Pump 6–6.50pm <small>Y</small>	 Yoga 7–8pm <small>Y</small>			 Mature and Motivated 12–12.45pm <small>T</small>
 Zumba 7–8pm <small>Y</small>				
				Saturday
				 Pilates 8.30–9.30am <small>T</small>
				 Spin 9.30–10.15am <small>Y</small>
				 Pump for Beginners 10.30–11.15am <small>Y</small>
				 Mixed Abilities Sports Activities 2.30–3.30pm (Second Saturday of the month) <small>Y</small>

Monday	Tuesday	Wednesday	Thursday	Friday
 Zumba 10–11am <small>Y</small>	 HIIT 6–6.45pm <small>Y</small>	 Kick n' Tone 9.15–10.15am <small>Y</small>	 Baby Gym 10–10.45am <small>T</small>	 Cardio Pump 9.15–10am <small>Y</small>
 Flow Yoga 12–1pm <small>T</small>	 Yoga 7–8pm <small>Y</small>	 Mature and Motivated 11–11.45am <small>T</small>	 Mini Gym (1–5yrs) 10.45–11.30am <small>T</small>	
 Get Your Skates On 3.30–4.30pm <small>T</small>		 Pump 6–7pm <small>Y</small>	 Yoga 12–1pm <small>Y</small>	
 Pump 5.15–6.15pm <small>Y</small>				

Saturday
 HIIT 8–9am <small>Y</small>

T Term-time only Y Year-round

Monday	Thursday
 Flow Yoga 9.30–10.30am <small>T</small>	 Pilates 7–8pm <small>T</small>

T Term-time only Y Year-round

Libraries Programmes

Selwyn Libraries has a growing range of programmes and events to suit every age and interest from preschoolers to adults. These are held at Darfield, Leeston, Lincoln and Rolleston Libraries. All are free, casual sessions, with no bookings required unless stated otherwise.

Adults Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.

Baby Sensory

Share interactive songs, stories, sensory boards and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

Board Games Club

Love board games? Head along to Rolleston Library to play a variety of exciting games. Suitable for intermediate and high school children aged 8–18 years.

Brick Attack

Come and play with our new LEGO® collection and make a new creation. An adult must accompany children under 8 years.

Casual Crafts

Come along to Darfield Library and let your imagination run wild at our arts and crafts area.

Children and Young Adults Book Clubs

Share your latest reading adventures, see the new books that have arrived at the library, participate in an activity and have a snack.

Children's Book Club: 5–11 years

Young Adults Book Club: 12–18 years

Coding Club

Join our weekly Coding Club sessions for some hands-on coding and problem solving. Rolleston Library; aimed at 9–13 years.

Cubing Club

Stretch your brain at our drop-in Cubing Club at Lincoln Library. Bring your own cube or challenge yourself with one of ours. Fortnightly. Suitable for ages 10 and over.

Creative Cards Workshops

Have you ever wished you could make beautiful greeting cards? \$5 per session, bookings essential. Lincoln Library, supplies provided.

Device Drop-In

Our weekly device drop-in sessions are informal support groups to help familiarise yourself with your digital device.

Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

Discovery Time

Join us to discover a new, fun and creative activity each week at Darfield and Lincoln Library. Drop-in.

In-Be-Tweens Arts and Crafts

Join these fun and interactive sessions to develop new arts and crafts skills and make new friends. Aimed at 8–12 years.

JP Clinics

Visit our libraries and drop-in for a free Justice of the Peace clinic at Rolleston, Lincoln and Darfield Libraries.



We are now officially a learning destination for Children's University Canterbury Partnership. Look out for this logo in the guide and visit selwynlibraries.co.nz or childrensuniversity.com.au for more information.



Lincoln Craft Group

Bring along your current craft project to work on while you get to know fellow craft enthusiasts! An opportunity to share tips, tricks and skills.

Lincoln Ladies Tech Group

These sessions are designed to help with the basics of learning how to use modern devices, such as smartphones, tablets and computers. Each session will start out with a basic tutorial and lead to interactive peer learning.

Low Sensory Quiet Time

Visit the library during our new low sensory quiet time when we have no programmes running.

Rhymetimes – Wiggles and Giggles

Stories, songs, rhymes and bubbles make up our Rhymetimes session, designed to assist with early language development and to have fun. Aimed at 1–3 years.

Scrabble Club

Enjoy a good game of scrabble? Join our weekly scrabble club for fun friendly games and great company. From 27 January at Lincoln Library.

Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.

Teen Artspace

During term time join us for arts and crafts sessions, including various sewing projects, upcycling garments, printmaking, knitting and much more. For 13 years and above.

Virtual Reality (VR) Drop-in Sessions


The library has some awesome new tech to check out! Kayak with the penguins in Antarctica, fly to the international space station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Don't miss these drop-in sessions to test out our new VR headsets. Suitable for ages 13 and over.

Meet our Edge Connector Vehicle!

The Selwyn Libraries Edge Connector vehicle has been visiting remote communities, including Arthur's Pass, Castle Hill, Windwhistle and Rakaia Huts (to name a few) for just over five months now.

The service gives people the opportunity to browse and collect books and experience new tech equipment including virtual reality and 3D printing. In addition, community groups can request tailor-made programmes. Examples include beeswax wrap making and eResource sessions focused on sites such as Ancestry.com.

Keep an eye on our Facebook page for upcoming visits.

 **SelwynLibraries**



Darfield Library

 SelwynLibraries
selwynlibraries.co.nz

Monday	Tuesday	Wednesday	Thursday	Friday
Adults Book Club 7–8.30pm <i>Third Monday of the month</i>	Rhymetimes 10.30–11am	JP Clinic 11.30am–12.30pm	Low Sensory Quiet Time 12–2pm	Storytimes 10–10.30am
	In-Be-Tweens Arts and Crafts 1.30–3pm	Discovery Time 3.30–5pm	Children's Book Club 3.30–4.30pm <i>First Thursday of the month</i>	Device Drop-in 1.30–3.30pm
	Teen Artspace 4.30–6pm		Virtual Reality 3.30–5.30pm	Brick Attack 3.30–4.30pm
				Saturday
				Casual Crafts 1–3pm

 ADULT  SCHOOL-AGED  PRESCHOOLERS

Leeston Library

Monday	Tuesday	Wednesday	Thursday	Friday
Brick Attack 3.30–4.30pm	Rhymetimes 10–10.30am	Adults Book Club 10–11am <i>Third Wednesday of the month</i>	Storytimes 10–10.30am	Device Drop-in 2–4pm
		Virtual Reality 2–4pm	Low Sensory Quiet Time 12–2pm	
		Teen Artspace 3.30–5pm	Children's Book Club 3.30–4.30pm <i>Third Thursday of the month</i>	
				Saturday
				Adults Book Club 2–3pm <i>Third Saturday of the month</i>

 ADULT  SCHOOL-AGED  PRESCHOOLERS

Classes are weekly unless stated otherwise

Monday	Tuesday	Wednesday	Thursday	Friday
In-Be-Tweens Arts and Crafts 3.30–4.45pm	Rhymetimes 9.30–10am	Creative Card Workshops 10am–12pm <i>First Wednesday of the month</i>	Baby Sensory 9.30–10am	Rhymetimes 9.30–10am
Scrabble Club 11.30am–12.30pm <i>Starts 27 January</i>	JP Clinic 10am–1pm	Brick Attack 3.30–4.30pm	Storytimes 10.30–11am	Device Drop-in 10am–12pm
	Adults Book Club 10.30am–12pm <i>Last Tuesday of the month</i>		Low Sensory Quiet Time 12–2pm	Lincoln Ladies Tech Group 2.30–3.30pm <i>Fortnightly, starts 24 January</i>
	Children's Book Club 3.30–4.30pm <i>Third Tuesday of the month</i>		Virtual Reality 3.30–5.30pm	Cubing Club 3.30–5pm <i>Fortnightly, starts 14 February</i>
				Sunday
				Storytimes 10.30–11am
				Discovery Time 1.30–3pm

 ADULT  SCHOOL-AGED  PRESCHOOLERS

Rolleston Library

Monday	Tuesday	Wednesday	Thursday	Friday
JP Clinic 12–2pm	Storytimes 9.30–10am	Rhymetimes 9.30–10am	Low Sensory Quiet Time 12–2pm	Baby Sensory 9.30–10am
Virtual Reality 3.30–5.30pm	Device Drop-in 12–1pm	Brick Attack 3.30–4.30pm	Children's Book Club 5–6pm <i>First Thursday of the month</i>	Adults Book Club 1.30–3pm <i>Second Friday of the month</i>
	Coding Club 3.30–4.30pm		Young Adults Book Club 5–6pm <i>First Thursday of the month</i>	Sunday
				Storytimes 10.30–11am
				Board Games Club 1.30–3pm

 ADULT  SCHOOL-AGED  PRESCHOOLERS

Classes are weekly unless stated otherwise

Selwyn Aquatic Centre



A variety of different group fitness options are on offer in the 25m pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays but not on public holidays.

Classes are \$9 each or \$6 with a Gold Card or Community Services Card. Membership and concession card options available.

Bookings

Bookings required for some classes. One-off group bookings available please call us on 347 2734.

SelwynAquaticCentre



The benefits of hydrotherapy

Have you visited the hydrotherapy pool at the Selwyn Aquatic Centre? If not, here are seven health and wellbeing reasons why you should try it.

Muscle relaxant

> The water supports your weight, which helps to relieve pain and increase the range of movement of your joints.

Increases blood circulation

> Hydrotherapy raises your body temperature, resulting in improved circulation.

Improves digestion

> Helps get your digestive system moving so your body can take in all the nutrients that you need to stay healthy.

Creates endorphins

> Helps stimulate your body to produce endorphins (also known as the body's natural pain relievers).

Immune system booster

> The increased blood circulation around the body to strengthens the immune system, helping to fight colds and illnesses.

Sleep aid

> Helps stimulate your body's systems to a lower temperature, mimicking what happens when you sleep.

Relieves stress

> Helps to reduce blood pressure caused by stress. It may also slow down the body's reaction to anxiety and release endorphins (also a natural stress fighter).



Aqua Fitness Classes and Timetable

Hydro Health

An introductory low-impact class taught in the hydrotherapy pool. Helps increase mobility, strength, balance and flexibility. A class targeted at recovery and rehabilitation.

Low intensity, 30 minutes duration.

Hydro Tone

A medium-intensity class taught in the hydrotherapy pool. A fun class for all ages and levels of ability.

Medium intensity, 45 minutes duration.

Aqua Fit















Held in both deep and shallow water, using buoyancy aids to give a workout that strengthens and conditions while being gentle on the joints.

Medium intensity, 45 minutes duration.

Aqua Intense

High energy class to trim down and tone up. A blend of cardio and muscle conditioning using various equipment to increase the intensity of the workout.

Medium/high intensity, 45 minutes duration.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30am			 30 MINS		 45 MINS
10.30am		 45 MINS			 45 MINS
11am	 45 MINS		 45 MINS		
12pm	 30 MINS	 45 MINS	 30 MINS	 30 MINS	
1pm		 45 MINS		 45 MINS	
6.15pm				 30 MINS	
7pm	 45 MINS				

Timetable subject to change.

Darfield Library and Service Centre

1 South Terrace, Darfield

Contact (03) 318 7780, libraries@selwynlibraries.co.nz

Leeston Library and Service Centre

19 Messines Street, Leeston

Contact (03) 347 2871, libraries@selwynlibraries.co.nz

Lincoln Event Centre

15 Meijer Drive, Lincoln

Contact (03) 347 2983, lec.enquiries@selwyn.govt.nz

Lincoln Library and Service Centre

22 Gerald Street, Lincoln

Contact (03) 347 2876, libraries@selwynlibraries.co.nz

Rolleston Community Centre

94 Rolleston Drive, Rolleston

Contact (03) 347 2882, rcc.enquiries@selwyn.govt.nz

Rolleston Library

94 Rolleston Drive, Rolleston

Contact (03) 347 2880, libraries@selwynlibraries.co.nz

Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston

Contact (03) 347 2734, sac.enquiries@selwyn.govt.nz

Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu

Contact (03) 347 2983, taitapu.enquiries@selwyn.govt.nz

West Melton Community and Recreation Centre

1163 West Coast Road, West Melton

Contact (03) 347 1804, westmelton.enquiries@selwyn.govt.nz

selwyn.govt.nz