

# What's On in Selwyn

Spring 2023  
September – November

**Culturefest**

See pages 23–26  
for more details.

**swell**

Seniors' Lifestyle Expo

See pages 27–30  
for details.

Group Fitness

Recreation

Pools

Libraries

Events

# Group Fitness Classes

## **LES MILLS** **BODYBALANCE** 45 MINS

A yoga-based class to music that incorporates elements of tai chi and pilates. Move and stretch through different yoga poses strengthening the whole body, while focusing on breathing to feel calm and centred.

## **LES MILLS** **BODY COMBAT** 45 MINS

A high-energy martial art inspired non-contact workout. The instructor will challenge and motivate you into a series of fight combinations to music using power and endurance throughout the different tracks. You will punch and kick your way to fitness burning calories along the way!

## **LES MILLS** **BODYPUMP** 60 MINS **LES MILLS EXPRESS** **BODYPUMP** 30 MINS

A barbell workout for anyone looking to get lean, toned and fit. Using light to moderate weights with lots of repetition, for a total body workout.

## **BOXFIT** 45 MINS

This high-intensity workout will take your fitness to the next level! Skipping, agility and core work alongside different boxing drills. Variety that will make you stronger physically and mentally.

## **LES MILLS** **CORE** 30 MINS

An intense workout designed to build strength, stability and endurance in the muscles that support your core including the abdominals, glutes and the back.

## **LES MILLS** **GRIT** | CARDIO 30 MINS

A high-intensity interval training (HIIT) workout that improves cardiovascular fitness, increases speed and maximises calorie burn. A variety of bodyweight exercises.

## **LES MILLS** **GRIT** | STRENGTH 30 MINS

A high-intensity interval training (HIIT) workout, designed to improve strength, cardiovascular fitness and build lean muscle. Barbell, weight plate and bodyweight exercises.

## **HIIT** 45 MINS

Circuit-style interval training with different challenges every week including weights, boxing, and bodyweight exercises.

## **KICK & TONE** 60 MINS

Kick and Tone is a dynamic interval training class that utilises martial arts moves and strengthening exercises to help you get in shape and feel great! Suitable for all abilities.

## **MATURE & MOTIVATED** 45 MINS

Great for heart health, strength and balance. Aimed at 60 years and over, or anyone getting back into fitness; it is low impact, lots of fun with a great social vibe. Accredited by ACC.

## **MOVE IT TO MUSIC** 60 MINS

Music, fun equipment and a sense of humour is all you need in this class to get moving! Suitable for those with arthritis or less active. Accredited by ACC. Tea and coffee provided.

## **PILATES** 60 MINS

This class improves core and postural strength, working through a series of different exercises. It will help improve general fitness and overall wellbeing, restoring balance and flexibility.

Pre-registration is required for this enrolled class.

## **POST NATAL** **STRETCH AND RELEASE** 30 MINS

A gentle class specifically for postnatal mothers and their babies (under 6 months of age). This class will target muscles that are typically tight or sore post pregnancy and help provide relief. This class is a perfect introduction back into moving your body post pregnancy in a safe way. Please ensure you are cleared by your midwife for gentle movement. Babies welcome.

## **PUMP/CORE COMBO** 45 MINS

This 45-minute workout incorporates two amazing programmes in one class. 30 minutes of *Pump* with barbell and weights for strength training, followed by 15 minutes of *Core* to work stabilising muscles and balance.

**COMBO**  
**STEP PUMP** 50 MINS

Step to increase your heart rate for 30 minutes followed by strength work with barbells and weights. Suitable for all abilities.

**LES MILLS**  
**sprint** 30 MINS

A short, intense style of training pushing physical and mental limits on the spin bike. It is a high-intensity, low-impact workout that combines bursts of intensity and rest periods.

**LES MILLS**  
**RPM** 45 MINS

Indoor cycling workout with an instructor who leads the pack through hills, flats, mountain peaks, time trials, and interval training. You control the resistance and speed to build your fitness level.

**YOGA**  
**HATHA** 60 MINS

A slow, mindful and reflective class embracing all paths. It is suitable for different abilities, exploring your own personal strength and flexibility followed with deep relaxation at the end.

**YOGA**  
**EASY FLOW** 60 MINS

Class starts with yoga poses in a flowing sequence, followed by settling into restorative yin-type poses. Adapt to suit your body with gentle back bends, strengthening and balance work. Adaptable to all ages, levels of experience and people recovering from injuries.

**YOGA**  
**RESTORE** 60 MINS

Take your body through yin and restorative poses to support deep release. A restful and slow blend offering the opportunity for increased mobility and mental relaxation. Suitable for all abilities.














**ZUMBA** 45 MINS





A calorie-burning dance party combining a range of easy-to-follow Latin and international dance styles to catchy energising music.



# Selwyn Sports Centre





BOOKINGS RECOMMENDED  SELWYNSPORTSCENTRE (03) 347 2888

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	LES MILLS RPM	LES MILLS RPM	LES MILLS GRIT   STRENGTH	LES MILLS RPM	HIIT		
6am	LES MILLS GRIT   STRENGTH			BOXFIT			
6.35am			LES MILLS CORE				
8.15am						LES MILLS EXPRESS BODYPUMP 	
9am	LES MILLS RPM		LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	
9am				LES MILLS BODYPUMP 			LES MILLS sprint
9.15am	YOGA HATHA	LES MILLS EXPRESS BODYPUMP 			LES MILLS EXPRESS BODYPUMP 		
10am		LES MILLS CORE		YOGA HATHA	LES MILLS CORE	LES MILLS BODYPUMP 	LES MILLS RPM
10am							LES MILLS BODYBALANCE
11am		MATURE & MOTIVATED			MATURE & MOTIVATED	LES MILLS CORE	
12pm	LES MILLS EXPRESS BODYPUMP 		LES MILLS EXPRESS BODYPUMP 		POST NATAL STRETCH AND RELEASE 		
1.15pm			MOVE IT TO MUSIC				
5.15pm	LES MILLS EXPRESS BODYPUMP 						
6pm	LES MILLS sprint			LES MILLS RPM			
6pm	LES MILLS BODYPUMP 	COMBO STEP PUMP 	YOGA RESTORE	LES MILLS GRIT   CARDIO			
6pm		LES MILLS RPM	LES MILLS RPM				
7pm		LES MILLS BODYBALANCE		LES MILLS BODYPUMP 			
7.15pm			LES MILLS BODYPUMP 				
7.30pm	YOGA EASY FLOW						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LES MILLS RPM		LES MILLS RPM		
8.15am						LES MILLS RPM	
9.15am	LES MILLS RPM	HIIT				LES MILLS BODYBALANCE	LES MILLS EXPRESS BODYPUMP 
10am	MATURE & MOTIVATED		MATURE & MOTIVATED				
10.15am		PILATES					LES MILLS CORE
5.30pm	LES MILLS BODYPUMP 		LES MILLS BODYPUMP 				
6pm	YOGA EASY FLOW	LES MILLS RPM		COMBO STEP PUMP			
6.30pm		LES MILLS BODYPUMP 	LES MILLS CORE				
6.30pm		LES MILLS BODYBALANCE					
6.45pm	ZUMBA						
7pm				PILATES			
7.30pm			YOGA RESTORE				
8pm				PILATES			





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am	HIIT	LES MILLS BODY COMBAT				
8am						HIIT
9.15am	PUMP/CORE 		KICK & TONE		LES MILLS EXPRESS BODY PUMP 	
10.15am	MATURE & MOTIVATED					
11am			MATURE & MOTIVATED			
5.15pm	LES MILLS BODY PUMP 					
5.30pm			LES MILLS BODY PUMP 	LES MILLS BODY COMBAT		
6pm		HIIT				
6.30pm				LES MILLS BODY BALANCE		
7pm		YOGA				

	Monday	Wednesday
9.30am	MATURE & MOTIVATED	MATURE & MOTIVATED

Please note: Class does not run on the first Monday of each month.

	Thursday
7.15pm	ZUMBA

# Virtual Classes

BOOKINGS RECOMMENDED\*

Classes are held in a group fitness room with an instructor on a large screen.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am		LES MILLS BODYPUMP	LES MILLS RPM	LES MILLS BODYPUMP	LES MILLS sprint		
7am	LES MILLS BODYPUMP				LES MILLS BODYPUMP		
8am	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM		
8.15am						LES MILLS sprint	
9am		LES MILLS RPM	LES MILLS BODYBALANCE				
10am			LES MILLS BODYPUMP				
10am	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	
12pm		LES MILLS GRIT   STRENGTH		LES MILLS GRIT   STRENGTH		LES MILLS BODYBALANCE	LES MILLS BODYPUMP
12pm		LES MILLS sprint	LES MILLS RPM	LES MILLS sprint	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM
2.30pm							LES MILLS BODYPUMP
4pm							LES MILLS RPM
6pm					LES MILLS RPM		
7pm		LES MILLS sprint					

 Selwyn Sports Centre

\*Please refer to the phone numbers on the back of this brochure or visit [selwyn.govt.nz/recreation](https://selwyn.govt.nz/recreation).



# Selwyn Aquatic Centre

**f SELWYNAQUATICCENTRE**  
PH 03 347 2734

A variety of group fitness options are on offer in the 25-metre pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays; but not on public holidays. Bookings are required for some classes. One-off group bookings available.



A low impact class designed to increase balance, flexibility, functional strength and co-ordination. This class suits rehab and recovery, injury and fall prevention and helps improve restricted range of movement. Water 35–36 degrees.

**30 minutes**



A full body water workout to gain endurance, strength and coordination through mixed martial arts inspired movements to motivating music.

**30 minutes**



A gentle exercise class with stretches and resistance based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening. Water 35–36 degrees.

**45 minutes**



An in water fun, energetic, danced based full body workout for all fitness levels.

**45 minutes**



A fun, high energy class with a mix of cardio and strength based movements. This class is designed to increase both fitness levels and strength. Water 32 degrees.

**45 minutes or Express 30 minutes**



A class specifically designed for expectant mothers to get a low-medium level intensity work out. Perfect for any stage of pregnancy or fitness level.

**45 minutes**



A medium to high intensity deep water non-impact workout for all fitness levels. Exercises are performed while using an aqua belt and are designed to improve strength and cardiovascular fitness.

**45 minutes**



The perfect opportunity for parents and caregivers to get a great workout, while keeping baby engaged and entertained. Baby will enjoy a fun water experience, while parents and caregiver can improve their fitness level and strength. Suitable for babies from 6 months up to 3 years.



























**45 minutes**





# Selwyn Aquatic Centre

**f SELWYNAQUATICCENTRE**  
PH 03 347 2734

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
6.30am						
8.30am						
9.30am	 					
10.30am					 	
11.30am						
12.15pm						
1pm						
6.15pm						
7pm						
7.15pm						

Timetable subject to change.

# Recreation

SELWYN.GOV.T.NZ/RECREATION

## Baby Gym 45 MINS

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our baby-friendly environment. Please bring a blanket.

## BYO Roller Skate

Join us for a fun skating session with great music and test your skills with cool games! Helmet essential. Caregiver required for under 10 years or learner skaters. Bookings required.

## Floorball 60 MINS

Fast-paced, indoor floor hockey. Great for fitness and agility skills, as well as easy to learn. Drop-in.

## Get Your Skates On 60 MINS

An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under.

## Inflatables

Pool inflatables for all ages! A great way to spend a Sunday afternoon. Parental assistance required for young children who are not confident swimmers. Regular pool admission applies. Drop-in.

## Little Dancing Feet 30 MINS

A fun, dance-style class for preschoolers using a variety of fun equipment to music. Great for fundamental movement, skills and coordination.

## Mini Gym 45 MINS

Learning through music and movement, this class focuses on motor coordination, cognitive development and confidence. Free play as well as structured time and songs with the tutor. Aimed at 1-5 years.

## Paddle Boats for Kids

Row row row your boat around and around with these hand pedal paddle boats. Easy to operate and great fun for the kids to take turns on. 8 years and under (due to weight restrictions). Regular pool admission applies. Drop-in.

## Sensory Time

Sensory time is a chance for your wee one to explore the water at their own pace. With bubbles, activities, balls and more added every week!! A swim school teacher will assist you develop your child's water skills. 4 months-4 years. Regular pool admission applies. Drop-in.

## Social Pickleball 120 MINS

Enjoy this exciting paddle sport that combines elements of badminton, tennis and table tennis — you're sure to have a good time. Drop-in. All ages welcome.

## The Selwyn Striders 60 MINS

Enjoy a walk around our 240-metre indoor track with optional exercise stations set up at each corner. A great opportunity to meet new people or have a catch up with friends with a complimentary tea/coffee and biscuit when you're finished. Suitable for all ages. Buggy-friendly.

 See page 14 for details.



# Recreation

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am		SENSORY TIME					
9.30am	MINI GYM (1-2YRS)		MINI GYM (1-2YRS)		MINI GYM (1-2YRS)		
10am	THE SELWYN STRIDERS			MINI GYM (3MNTH-2YRS)			SOCIAL PICKLEBALL
10.15am	BABY GYM		BABY GYM		MINI GYM (3-5YRS)		
10.30am				LITTLE DANCING FEET			
10.45am				MINI GYM (3-5YRS)			
11am	MINI GYM (3-5YRS)	LITTLE DANCING FEET	MINI GYM (3-5YRS)				
12pm							
2pm							
3.30pm	GET YOUR SKATES ON	GET YOUR SKATES ON		GET YOUR SKATES ON		PADDLE BOATS FOR KIDS	INFLATABLES
4pm		BYO ROLLER SKATES FIRST AND THIRD TUESDAY OF THE MONTH.					BYO ROLLER SKATES LAST SUNDAY OF THE MONTH.
5pm			FLOORBALL (7-10YRS)				
6pm			FLOORBALL (11-15YRS)				
6.30pm	SOCIAL PICKLEBALL						
7pm							
9.30pm							

- Selwyn Sports Centre
- Lincoln Event Centre
- West Melton Community and Recreation Centre
- Darfield Recreation and Community Centre
- Selwyn Aquatic Centre

All recreation classes are held during term-time only (except Pickleball, The Selwyn Striders, Paddle Boats and Inflatables).  
Term 3 classes run until Friday 22 September. Term 4 classes resume Monday 9 October.

# Group Fitness and Recreation Pricing

The following pricing is for the Selwyn Aquatic Centre, Selwyn Sports Centre, Lincoln Event Centre and West Melton Community and Recreation Centre.

## Memberships

All Access

Pool and Group Fitness classes

\$18.39

PER WEEK

Community card holders\* \$15.23 per week.  
Membership valid across all facilities.

Premium Group Fitness

All Group Fitness classes including Spin and Aqua

\$13.20

PER WEEK

Community card holders\* \$10.91 per week.  
Membership valid across all facilities.

Premium Swim & Aqua Group Fitness

Swimming and Aqua Group Fitness classes

\$13.20

PER WEEK

Community card holders\* \$10.91 per week.

Basic

Group Fitness classes including Yoga and Pilates  
(Excludes Spin and Aqua)

\$11.17

PER WEEK

Membership valid across all facilities.

Basic Pool

Unlimited swimming!

\$12.20

PER WEEK

Community card holders\* \$9.81 per week.

## Casual Prices

Adult	\$10
Community card holders*	\$6.60
Preschool	\$4.90
Skating	\$7
BYO Roller Skate	\$3
Casual Basketball, Netball or Track (Selwyn Striders)	\$3
Social Sports	\$5

\*Community card holders includes SuperGold, Community Services and Hāpai Access. Terms and conditions apply.

For concession cards, pool memberships and other pricing visit [selwyn.govt.nz/prices](http://selwyn.govt.nz/prices)

# September School Holidays

23 September  
– 8 October

Watch this space — there's an exciting line-up of fun events and activities for the kids to enjoy these holidays.



Pick up a flyer from your local Selwyn facility  
from 2 September, or check out:  
**[selwyn.govt.nz/holidays](https://selwyn.govt.nz/holidays)**



# Libraries Programmes

 SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

These programmes are held at Darfield, Leeston and Lincoln Libraries, and at Te Ara Ātea. All are free, casual sessions, with no bookings required unless stated otherwise.

We are an official learning destination for Te Mātāpuna Mātātahi/Children's University. Look out for this logo in the guide and visit [selwynlibraries.co.nz](http://selwynlibraries.co.nz) or [canterbury.ac.nz/childrensuniversity](http://canterbury.ac.nz/childrensuniversity) for more information.



## Adults Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.

## Board Games

Love board games? Head along to our libraries to play a variety of exciting games. All ages welcome.

## Children's Book Club

Share your latest reading adventures, check out the newest book arrivals, participate in an activity, and have a snack. 5–11 years.

## Coding Club

Join our weekly Coding Club sessions for some hands-on coding and problem solving at Te Ara Ātea. Perfect for 9–13 years.

## Councillor Clinic

Have a question about your local area? Chat to a councillor at our weekly drop-in session at Te Ara Ātea.

## Device Drop-In: Tech Help

Our weekly device drop-in sessions are informal support groups to help you familiarise yourself with your digital device. Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

## English Learners

Join us at Te Ara Ātea and Lincoln Library to improve your everyday English language skills and confidence in a casual and social setting. Sessions are focused on the needs of learners — so no two classes are the same.

## Genealogy Group

Whether you're new to searching family history or you're an experienced researcher looking for like-minded people, come along to our monthly drop-in Genealogy Group sessions facilitated by the Selwyn Central Historical and Genealogical Group. Learn about a new topic each month or just enjoy the company.

## Homeschool Sessions

Are you a home educator looking for social activities for school-aged children? Come along to our fun, interactive sessions at Te Ara Ātea and Leeston Libraries. Check the monthly calendar for term time dates.

## JP Clinics

Visit our libraries and drop-in for a free Justice of the Peace clinic at Te Ara Ātea, Lincoln and Darfield Libraries.

## LEGO® Advanced

Calling all LEGO® masters! These sessions are perfect for those who love a challenge and will make regular use of our LEGO® Education Spike Prime and BricQ Motion sets. Suitable for ages 9 years and over.

## LEGO® Time

Play with our new LEGO® collection and make a new creation. Children under 8 years must be accompanied by an adult

## Rhymetimes

Giggle and wriggle with our stories, songs, rhymes and bubbles. These Rhymetimes sessions are designed to assist with early language development while having a great time! Suitable for 1–3 year olds.

## Scrabble

Enjoy a good game of Scrabble? Join our weekly Scrabble sessions for fun games and friendly company.

## Sensory Babytimes

Share interactive songs, stories, sensory boards and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

## Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.



## Virtual Reality (VR) Drop-in Sessions

Join a session to test out our VR headsets. Kayak with the penguins in Antarctica, fly to the International Space Station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Suitable for ages 13 and over.

## Selwyn Women's Empowerment Network

Make new connections and enhance your social circle. Gain inspiration, support, and empowerment from other women within the Selwyn community.

## Writers' Groups

Writers from all genres and experience — published and non-published — are invited to share their work in a friendly and non-judgemental environment at Lincoln Library.





# Darfield Library


Monday	Tuesday	Wednesday	Thursday	Friday
<div>Board Games 3.30–4.30pm</div> <div>Adults Book Club 7–8.30pm <i>Third Monday of the month</i></div>	<div>Malvern Writers' Café 10am–12pm <i>Second Tuesday of the month</i></div> <div>Rhymetimes 10.30–11am</div>	<div>Rates Rebates 10am–12pm</div> <div>JP Clinic 11.30am–12.30pm</div>	<div>Quiet Time 12–2pm</div> <div>Rates Rebates 1–3pm</div> <div>Children's Book Club 3.30–4.30pm <i>First Thursday of the month</i></div> <div>Virtual Reality 3.30–4.30pm</div>	<div>Storytimes 10–10.30am</div> <div>Device Drop-in: Tech Help 1.30–3.30pm</div> <div>LEGO® Time 3.30–4.30pm</div>
				Saturday
				Casual Crafts 1–3pm

# Te Ara Ātea


Monday	Tuesday	Wednesday	Thursday	Saturday
<div>JP Clinic 12–1pm</div> <div>Coding Beginners 3.30–4.30pm</div>	<div>Storytimes 10–10.30am</div> <div>Device Drop-in: Tech Help 11am–1pm</div> <div>Children's Book Club 3.30–4.30pm <i>First Tuesday of the month</i></div>	<div>Selwyn Women's Empowerment Network 9.15–10.30am <i>Last Wednesday of the month</i></div> <div>Rhymetimes 10–10.30am</div> <div>Genealogy Group 1–2.30pm <i>Last Wednesday of the month</i></div> <div>LEGO® Time 3.30–4.30pm</div> <div>LEGO® Advanced 3.30–4.30pm</div>	<div>Homeschool Sessions 10.30am–12pm <i>19 October, 16 November</i></div> <div>JP Clinic 12–1pm</div> <div>Quiet Time 12–2pm</div> <div>English Learners 1.30–2.30pm</div> <div>Virtual Reality 3.30–4.30pm</div> <div>Councillor Clinic Urban Espresso Café 6–8pm</div>	<div>Lego Advanced 10.30–11.30am</div>
				Sunday
				Board Games 1.30–3pm
			Friday	
			<div>Sensory Babytimes 10–10.30am</div> <div>Adults Book Club 1.30–3pm <i>Second Friday of the month</i></div>	

 Term 3 classes run until Friday 22 September.  
Term 4 classes resume Monday 9 October.  
Classes are weekly unless stated otherwise.

 Adult

 Teen

 School-aged

 Preschoolers


# Leeston Library


Monday	Tuesday	Wednesday	Thursday	Friday
Scrabble 10.30am–12pm	Rhymetimes 10–10.30am <sup>T</sup>	Adults Book Club 10–11am <i>Third Wednesday of the month</i>	Storytimes 10–10.30am <sup>T</sup>	Rates Rebates 11am–12pm
Rates Rebates 2–3pm	Homeschool Sessions 11am–12pm <i>5 September, 7 November, 5 December</i>		Quiet Time 12–2pm	Device Drop-in: Tech Help 2–4pm
LEGO® Time 3.30–4.30pm <sup>T</sup>			Virtual Reality 2–4pm	Children's Book & Board Games 3.30–4.30pm
			Board Games 3.30–4.30pm	
				Saturday
				Adults Book Club 10–11am <i>Third Saturday of the month</i>
				Storytimes 11–11.30am <sup>T</sup>


# Lincoln Library


Monday	Tuesday	Wednesday	Thursday	Friday
Scrabble 11am–12pm	Rhymetimes 9.30–10am <sup>T</sup>	Sensory Babytimes 9.30–10am <sup>T</sup>	Storytimes 10.30–11am <sup>T</sup>	Rhymetimes 9.30–10am <sup>T</sup>
English Learners 1.30–2.30pm <sup>T</sup>	JP Clinic 10am–12pm	Rates Rebates 9–11am	Quiet Time 12–2pm	Device Drop-in: Tech Help 10am–12pm
	Adults Book Club 10.30am–12pm <i>Last Tuesday of the month</i>	LEGO® Time 3–4pm <sup>T</sup>	Virtual Reality 3.30–5.30pm <sup>T</sup>	
	Rates Rebates 1–3pm	Board Games 3–4pm	Adult Evening Book Club 6.30–7.30pm <i>First Thursday of the month</i>	
	Children's Book Club 3.30–4.30pm <i>Third Tuesday of the month</i>		Writers' Group 6.30–7.30pm <i>Second Thursday of the month</i>	
				Saturday
				Board Games 11am–1pm
				Sunday
				Board Games 11am–1pm

<sup>T</sup> Term 3 classes run until Friday 22 September.  
Term 4 classes resume Monday 9 October.  
Classes are weekly unless stated otherwise.

 Adult

 Teen

 School-aged

 Preschoolers



**SELWYN**  
FROM THE LAND 



# MEET US IN THE COUNTRY

## SEPTEMBER – NOVEMBER 2023

Book a farm tour and experience country life with your family. Get up close to alpacas, lambs and farm dogs – don't forget your camera!

Immerse yourself in traditional A&P shows and cheer on the woodsmen, shearers and horse trials.

Visit Selwyn's award-winning gardens opening in spring with peonies, rhododendrons and daffodils. There are open days to choose from with great walks and cafes nearby.



Find out more [selwyn.nz/spring](https://selwyn.nz/spring)

Follow  Selwyn NZ

Share  [selwyn.nz](https://selwyn.nz)



FREE  
EVENT

# Culturefest

Sunday 10 September, 10am–2pm  
Lincoln Domain

## CULTUREFEST SERIES EVENTS

### Variety Dance Club

Fridays — 18 August to 22 September  
6–7pm  
Selwyn Sports Centre

### Kapa Haka Performance

Wednesday 13 September, 12–12.45pm  
Te Ara Ātea

FREE

### Henna Art

Tuesday 12 September, 3.30–4.30pm  
Lincoln Library  
Wednesday 13 September, 3.30–4.30pm  
Leeston Library  
Wednesday 20 September, 3.30–4.30pm  
Te Ara Ātea  
Thursday 21 September, 3.30–4.30pm  
Darfield Library

### Cultural Fashion Showcase

Saturday 23 September, 3.30–4.30pm  
Lincoln Event Centre

### Celtic Fiddle Orchestra

Saturday 16 September, 11am–12pm  
Leeston Library  
Saturday 16 September, 1–2pm  
Te Ara Ātea

FREE

### Sushi Making Workshop

Sunday 17 September, 11.30am–12.30pm  
Lincoln Library

### Faces of Selwyn on Air

Wednesdays and Fridays  
13, 15, 20, 22, 27 and 29 September  
5–6pm  
Plains 96.9FM

FREE

### Women-Only Night

Sunday 17 September, 6–8pm  
Selwyn Aquatic Centre

### Italian Cooking Demonstration — Gnocchi

Thursday 21 September, 6–8pm  
Te Ara Ātea

FREE

### Tai Chi with Roger Chance

Saturday 23 September, 1–1.45pm  
Lincoln Event Centre

### Nigerian Hair Braiding

Saturday 23 September, 2–3pm  
Lincoln Library

FREE

### Get, Set — Join!

Sunday 24 September, 1–3pm  
Te Ara Ātea

FREE

### Highland Dance Performance

Thursday 28 September, 2–2.30pm  
Te Ara Ātea

FREE





**FREE  
EVENT**

# Culturefest

**Sunday 10 September, 10am–2pm  
Lincoln Domain**

**Take your senses on a trip around the world!  
Celebrate 30 cultures through food, music, dance, art, craft,  
sport, and games at Selwyn's annual multicultural festival.  
A fun day out for the whole family.**

**CALLING ALL KIDS!**

**Participate in the Te Mātāpuna Mātātahi Children's University passport  
stamp collection challenge.**

**[selwyn.govt.nz/culturefest](http://selwyn.govt.nz/culturefest)**



# Culturefest Events

## Variety Dance Club

**Fridays — 18 August to 22 September  
6-7pm**

**Selwyn Sports Centre**

Have a go at a new style of international dance! Whether you're a diligent dancer or have two left feet, finish Friday the fun way by learning and moving with your friends and family. All ages and abilities welcome.

\$5 per person.

Bookings required.

[selwyn.govt.nz/culturefest](http://selwyn.govt.nz/culturefest)



## Kapa Haka Performance

**Wednesday 13 September, 12-12.45pm  
Te Ara Ātea**

**FREE**

Do you have an interest or passion for kapa haka? Support Broadfield and Templeton schools' kapa haka groups with Matua Sonny as they perform for the community during CultureFest.

Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Henna Art

**Tuesday 12 September, 3.30-4.30pm  
Lincoln Library**

**Wednesday 13 September, 3.30-4.30pm  
Leeston Library**

**Wednesday 20 September, 3.30-4.30pm  
Te Ara Ātea**

**Thursday 21 September, 3.30-4.30pm  
Darfield Library**

Get creative and learn how to create beautiful henna designs at this fun craft class with Nishi. She will teach tips and tricks on how to use a henna cone. This workshop is beginner friendly. 6+ years.

\$5 library members, \$10 non-members.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Faces of Selwyn on Air

**FREE**

**Wednesdays and Fridays — 13, 15, 20, 22, 27 and 29 September  
5-6pm  
Plains 96.9FM**

Tune in to Plains FM to listen to the stories from our community of how people came to settle in Selwyn. Listen to their journey to Selwyn and learn about a range of different cultures across the globe, from Italy to Zimbabwe. Each person has a unique and rich story that brings something new to the tapestry of who we are, whilst revealing common threads that cross boundaries and connect us.

**Listen live:** [plainsfm.org.nz/Live.html](http://plainsfm.org.nz/Live.html)

**Listen to podcast:** [plainsfm.org.nz/Prog/FacesOfSelwyn](http://plainsfm.org.nz/Prog/FacesOfSelwyn)

# Culturefest Events

## Celtic Fiddle Orchestra

**Saturday 16 September, 11am–12pm**  
**Leeston Library**

**Saturday 16 September, 1.30–2.30pm**  
**Te Ara Ātea**

Enjoy Celtic music from Ireland, Scotland, Northumberland, Shetland and the Orkney Islands with the Leeston-based Southern Celtic Fiddle Orchestra.

Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Sushi Making Workshop

**Sunday 17 September, 11.30am–12.30pm**  
**Lincoln Library**

Join iSushi chef Linlin to learn how to prepare rice, sushi vinegar and fillings (chicken, salmon and vegetables) to make healthy and delicious sushi at home. Take away your own sushi roll to enjoy. 12+ years.

\$10 library members, \$15 non-members.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Women-Only Night

**Sunday 17 September, 6–8pm**  
**Selwyn Aquatic Centre**

The Selwyn Aquatic Centre is celebrating CultureFest with a women-only night! There will be aqua fitness classes, water safety sessions with our swim school team and other fun activities. All ages welcome.

Drop-in.

Normal pool admission applies.

[selwyn.govt.nz/culturefest](http://selwyn.govt.nz/culturefest)



## Italian Cooking Demonstration — Gnocchi

**Thursday 21 September, 6–8pm**  
**Te Ara Ātea**



Learn to make homemade gnocchi from scratch using time-honoured Italian cooking techniques. Presenter Brunella Olivieri of Bontà Italiana will describe the tradition behind this classic Italian dish as she demonstrates how to make and shape the dough into each individual gnocco.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

# Culturefest Events

## Tai Chi with Roger Chance

**Saturday 23 September, 1-1.45pm**  
**Lincoln Event Centre**

Tai chi is a practice that involves a series of slow gentle movements and physical postures, a meditative state of mind, and controlled breathing. Join Holistic Movement Consultant Roger Chance for a Yang-style session focused on improving your overall health and wellbeing. All fitness levels welcome.

\$5 per person. Bookings required.

[selwyn.govt.nz/culturefest](http://selwyn.govt.nz/culturefest)



## Nigerian Hair Braiding

**Saturday 23 September, 2-3pm**  
**Lincoln Library**



Join Rebecca and Nneka from Shadow Braids and Braids by Nayka as they share some of the history and the art of hair braiding as part of their African culture. View a demonstration of traditional hair braiding with a chance to participate and get a few braids of your own! 12+ years.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Cultural Fashion Showcase

**Saturday 23 September, 3.30-4.30pm**  
**Lincoln Event Centre**

Join the Nepal New Zealand Friendship Society of Canterbury as they celebrate their rich culture through a stunning traditional costume showcase.

\$5 per person. Bookings required.

[selwyn.govt.nz/culturefest](http://selwyn.govt.nz/culturefest)

## Get, Set — Join!

**Sunday 24 September, 1-3pm**  
**Te Ara Ātea**



Have you always wanted to volunteer, but not sure how? Connect with local clubs and groups at our volunteering information session. All ages welcome.

Drop-in.

[selwyn.govt.nz/culturefest](http://selwyn.govt.nz/culturefest)



## Highland Dance Performance

**Thursday 28 September, 2-2.30pm**  
**Te Ara Ātea**



Come along and watch the talented students of Jacqueline Jones School of Dance perform in traditional costume.

Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



FREE  
EVENT

# swell

## Seniors' Lifestyle Expo

Monday 16 October, 9am–2pm  
Lincoln Event Centre

### SWELL SERIES EVENTS

#### Stepping Up — Better Digital Futures

FREE

Tuesdays — 17 October to 7 November  
11am–12pm

Leeston Library

Wednesdays — 18 October to 8 November  
11am–12pm

Lincoln Library

Thursdays — 19 October to 9 November  
11am–12pm

Darfield Library

Fridays — 20 October to 10 November  
11am–12pm

Te Ara Ātea

#### Hydro Tone Morning Tea

FREE

Tuesday 17 to Friday 20 October,  
11.30am–1.45pm

Selwyn Aquatic Centre

#### Poetry Reading for Seniors

FREE

Wednesday 18 October, 10.30–11am  
Leeston Library

Wednesday 18 October, 2–2.30pm  
Lincoln Library

Wednesday 25 October, 10.30–11am  
Te Ara Ātea

Wednesday 25 October, 2–2.30pm  
Darfield Library

#### Zumba with Justine

FREE

Fridays — 20 and 27 October, 9.15–10.15am  
Lincoln Event Centre

#### SWELL Bingo

Friday 20 October, 1.30–2.30pm  
Rolleston Community Centre

#### High Tea

Tuesday 24 October, 2.30–3.30pm  
Darfield Recreation and Community Centre

#### Mature and Motivated Exercise Class with Lunch

FREE

Wednesday 25 October, 11am–1pm

West Melton Community and  
Recreation Centre

#### Recycling Workshop

FREE

Wednesday 25 October, 1.30–3pm  
ReDiscover, Pines Resource Recovery Park,  
183 Burnham School Road, Burnham

#### Ahuriri Lagoon Walk

FREE

Thursday 26 October, 10–11.30am  
End of Neills Road (Halswell River),  
Greenpark



# swell

## *Seniors' Lifestyle Expo*

**Monday 16 October 2023, 9am–2pm**  
**Lincoln Event Centre**



Celebrating the wellbeing and inclusion of Selwyn's older residents. Pop along to the SWELL Expo and connect with over 100 community clubs, organisations and wellbeing providers. Enjoy live entertainment, guest speakers, activities, food vendors, and market stalls at this free entry event.

**FREE  
EVENT**

Mark the date in your calendar now!

**[selwyn.govt.nz/swell](https://selwyn.govt.nz/swell)**

# swell Events

## Stepping Up — Better Digital Futures

**Tuesdays — 17, 24, 31 October and 7 November, 11am–12pm**  
Leeston Library

**Wednesdays — 18, 25 October and 1, 8 November, 11am–12pm**  
Lincoln Library

**Thursdays — 19, 26 October and 2, 9 November, 11am–12pm**  
Darfield Library

**Tuesdays — 20, 27 October and 3, 10 November, 11am–12pm**  
Te Ara Ātea

Designed for the complete novice; Stepping Up — Better Digital Futures is a four-week programme that will give you an introduction to the digital world. This programme covers computer basics and online essentials, as well as options for connecting to the internet. Chromebooks will be provided at each session.

Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



## Hydro Tone Morning Tea

**Tuesday 17 to Friday 20 October, 11.30am–1.45pm**  
Selwyn Aquatic Centre

Join us for morning tea at 11.30am, then enjoy gentle exercises and stretching in our hydro tone aqua fitness class at 1pm. A great way to meet new friends!

Bookings required.

[selwyn.govt.nz/swell](https://selwyn.govt.nz/swell)



## Poetry Reading for Seniors

**Wednesday 18 October, 10.30–11am**  
Leeston Library

**Wednesday 18 October, 2–2.30pm**  
Lincoln Library

**Wednesday 25 October, 10.30–11am**  
Te Ara Ātea

**Wednesday 25 October, 2–2.30pm**  
Darfield Library

Join our resident poetry expert Jackie Thornley as she offers a live reading of classic and witty poems especially catered towards seniors. Enjoy a cuppa and a chat afterwards. Drop-in.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.  
See pages 20–21 for a pull-out event calendar.*



# swell Events

## Zumba with Justine

**Fridays — 20 and 27 October, 9.15–10.15am**  
**Lincoln Event Centre**



Zumba gold is a fun, dance-based, low-intensity exercise class. Ideal for active older adults; come along and have fun learning some basic steps to music.

Drop-in.

[selwyn.govt.nz/swell](http://selwyn.govt.nz/swell)



## SWELL Bingo

**Friday 20 October, 1.30–2.30pm**  
**Rolleston Community Centre**



Come along and try your luck at our bingo afternoon. Line up all the numbers on your card to win some great prizes!

\$5 per person (payable by cash/card on the day).

Drop-in.

[selwyn.govt.nz/swell](http://selwyn.govt.nz/swell)

## High Tea

**Tuesday 24 October, 2.30–3.30pm**  
**Darfield Recreation and Community Centre**



Join us for a high tea accompanied by music. Enjoy the company of friends or meet others in your community in a relaxed environment.

\$10 per person. Bookings required.

[selwyn.govt.nz/swell](http://selwyn.govt.nz/swell)



*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.  
 See pages 20–21 for a pull-out event calendar.*

# swell Events

## Mature and Motivated Exercise Class with Lunch

FREE 60+

**Wednesday 25 October, 11am-1pm**

**West Melton Community and Recreation Centre**

Join our 45-minute strength and balance group fitness class with three amazing instructors, followed by a delicious catered lunch. A great way to meet new people.

Live in Lincoln or Darfield? No problem! We'll be running free buses to take you to and from the event.

Bookings required.

[selwyn.govt.nz/swell](http://selwyn.govt.nz/swell)



## Recycling Workshop

FREE 60+

**Wednesday 25 October, 1.30-3pm**

**ReDiscover, Pines Resource Recovery Park,  
183 Burnham School Road, Burnham**

Join us for an afternoon workshop on recycling. Get a better understanding on how to recycle, how materials are separated and where it all ends up. No questions are off limits! Tea and coffee provided.

Bookings required.

[selwyn.govt.nz/swell](http://selwyn.govt.nz/swell)

## Ahuriri Lagoon Walk

FREE 60+

**Thursday 26 October, 10-11.30am**

**End of Neills Road (Halswell River), Greenpark**

Join the biodiversity team to discover this enchanting walk and some of its ecological features. An easy flat shingle track, perfect for beginners. Please wear comfortable walking shoes and bring a backpack with water, snacks and a jacket.

Bookings required.

[selwyn.govt.nz/swell](http://selwyn.govt.nz/swell)



*For assistance with bookings, please phone 0800 SELWYN (735 996) or visit a Council Service Centre.  
See pages 20-21 for a pull-out event calendar.*



## Family Fun

### Father's Day Gift Making

**Saturday 2 September, 4-5pm**  
**Darfield Recreation and Community Centre**

Create a personalised gift for Dad to give on Father's Day!

\$10 per family. Bookings required.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



### Spring Crafts — Animal Door Stop

**Wednesday 6 September, 4-5pm**  
**Darfield Recreation and Community Centre**

**Tuesday 12 September, 3.30-4.30pm**  
**Lincoln Event Centre**

**Sunday 17 September, 4-5pm**  
**Tawera Memorial Hall**

**Wednesday 27 September, 1-2pm**  
**West Melton Community and Recreation Centre**

**Tuesday 10 October, 4-5pm**  
**Glentunnel Community Centre**

Pop down to your local community centre to make your very own animal door stop! All ages welcome.

\$5 per person. Bookings required.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



### Purerehua — Māori Wind Instruments

**Tuesday 12 September, 4-5pm**  
**Darfield Recreation and Community Centre**

**Saturday 16 September, 10-11am**  
**Glentunnel Community Centre**

Create and decorate your own wooden Māori musical instrument (purerehua). 5+ years.

\$3 per person. Bookings required.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



### Kids' Market

**Thursday 5 October, 1-3pm**  
**West Melton Community and Recreation Centre**

Buy or sell some pre-loved treasures! Grab unwanted toys, sports gear, and books and set up a stall to make some pocket money over the school holidays. 5-15 years, caregivers required.

\$5 per stall. Bookings required.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



### Spring Family Bingo

**Saturday 28 October, 7-8.30pm**  
**Darfield Recreation and Community Centre**

Bring the family along and try your luck at our bingo night. Line up all the numbers on your card to win some cool prizes!

\$3 per person. Bookings required.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



## Active Selwyn

### Sleepy Spring — Pyjama Preschool Classes

**Monday 4 to Friday 8 September, refer to page 11 for session times**  
**Rolleston, Lincoln and West Melton**

Mini Gym and Little Dancing Feet are getting ready to wake up to spring! Come along in your cosy pyjamas and bring your favourite teddy to our sleepy spring classes. 3 months to 5 years.  
\$4.90 per person. Drop-in.

[selwyn.govt.nz/events](https://selwyn.govt.nz/events)



### Spring Skate

**Sunday 24 September, 10am and 12pm**  
**Darfield Recreation and Community Centre**

Rock and roll with family and friends at our spring roller disco! Plus, we'll have a bouncy castle for the kids, a dedicated baby play area with parent lounge and an awesome variety of food trucks. All gear provided.

\$5 per person. Bookings required.

[selwyn.govt.nz/events](https://selwyn.govt.nz/events)

### Archery

**Sunday 29 October, 10am–1pm**  
**Ellesmere Archery Club, Osborne Park, 479 Drain Road, Doyleston**

Learn how to shoot a bow and arrow with our introductory archery skills session. 8+ years, caregiver supervision required.

\$5 per person. Bookings required.

[selwyn.govt.nz/events](https://selwyn.govt.nz/events)



### Outdoor Pool Opening Parties

**Saturday 18 November, 1–4pm**  
**Darfield Pool**

**Sunday 19 November, 1–4pm**  
**Southbridge Pool**

Celebrate the opening of our outdoor pools! Bring your whānau and make a splash on the inflatables and hydroslide (at Southbridge). Awesome spot prizes up for grabs.

Normal pool admission applies.

Drop-in.

[selwyn.govt.nz/events](https://selwyn.govt.nz/events)

# Lifelong Learning

## Knife Sharpening Workshop

**Saturday 2 September, 1-3pm**  
**Castle Hill Village Community Centre**

**Saturday 11 November, 2-4pm**  
**Glentunnel Community Centre**

Have some dull old knives lying around? A blunt pair of scissors not cutting it?

Bring something that needs sharpening to this workshop and learn how to put the edge back on your tired equipment. Knife tutor Nick Tempest will begin by walking you through the theory of knife sharpening followed by a hands-on tutorial. 13+ years.

\$10 library members, \$20 non-members.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Block Printing with Soon-Lee

**Thursday 7 September, 5.45-7.45pm**  
**Te Ara Ātea**

**Saturday 21 October, 12.30-2.30pm**  
**Leeston Library**

**Saturday 4 November, 1-3pm**  
**Darfield Library**

Join local artist Soon-Lee Spicer to learn and practice block printing techniques. Carve a unique design, roll it with ink and print it onto a variety of mediums. 18+ years.

\$20 library members, \$40 non-members.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## DIY Skin Care

**Sunday 10 September, 1-3pm**  
**Te Ara Ātea**

**Saturday 7 October, 1-3pm**  
**Glentunnel Community Centre**

If you struggle to find skin care products that are gentle on your skin or you just want to learn how to make your own, join Back to the Wild's Sonia Barrish as she shares her knowledge and recipes. Create a variety of natural skin care products including lip balm, deodorant, and a whipped body butter. 18+ years.

\$20 library members, \$40 non-members.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



# Lifelong Learning

## Cheese Making Workshop

**Saturday 16 September, 10am–1pm, Sheffield Community Hall**

**Saturday 21 October, 10am–1pm, Broadfield Community Centre**

**Saturday 25 November, 10am–1pm, Southbridge Hall**

Experience this exciting introduction to hand-made cost-effective cheese. This workshop will explore the process of creating camembert, feta, ricotta, mascarpone, halloumi and neuf chatel. Cheesemaker Cushla has been practicing for over eight years and will introduce you to the joy of cheese making at home.

Session includes a lunch of various cheeses, delicious homemade crackers, and fresh bread. 18+ years.

\$15 library members, \$30 non-members.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Ngā Pia ō te reo Māori — 10 Week Course

**Thursdays — 12 October to 14 December, 6–8pm**

**Te Ara Ātea**

Kei aku nui, kei aku rahi mokori anō ka rere a mihi ki a koutou katoa e nanao atu ana i ngā pūrengi o te haumi o te waka, tēnā koutou.

Ki ngā maunga kōhā, ki ngā roma wai terenga kōrero mai i ngā puna mātininitini. I ngā mātāpuputu i te pō. Ko koutou te iwi tuaroa i roto i ngā tau whakapurehurehu. E kore rawa koutou e ngaro i te mahara. Kua tau te rā ki te pairangi kua tō te rā ki a koutou kore tātau e warewaretia.

Learning any language requires a little practice, confidence, and willingness to learn.

Join tutors Miru McLean and Joe Murray to learn basic sentence structures, pronouns, karakia (prayers), mihi (greetings), kīwaha (colloquialisms), whakataukī (proverbs), waiata (songs), Māori hand games and many more activities throughout the term.

Don't be afraid to make mistakes in this supportive environment — Te Reo Māori is an inclusive and fun language to learn! 13+ years.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## SHOW ME SHORTS FILM FESTIVAL

### Show Me Shorts Film Festival

**Thursday 12 October, 6.30–8pm**

**Te Ara Ātea**

**Saturday 14 October, 7.30–9pm**

**Glenroy Community Hall**

**Saturday 21 October, 7.30–9pm**

**Castle Hill Village Community Centre**

Selwyn Libraries has teamed up with Show Me Shorts — Aotearoa's leading international short film festival. Bring your own snacks and enjoy a selection of high quality short films. 18+ years.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Lifelong Learning

### Spring Seedling Swap

**Saturday 14 October, 1–3pm**

**Nourish Community Garden, Darfield**

It's time to bring all your excess seedlings for our annual seedling swap. Join the team at the Nourish Community Garden Darfield and the Edge Connector Vehicle for a fun way to get all your spring seedlings for free and learn how to set up your garden for a successful season. All ages welcome.

Drop-in.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)

FREE



## SHOW ME SHORTS FILM FESTIVAL

### Whanau Short Film Series

**Saturday 14 October, 1.30–3pm**

**Te Ara Ātea**

**Saturday 14 October, 3–4pm**

**Glenroy Community Hall**

**Saturday 21 October, 5.30–6.30pm**

**Castle Hill Village Community Centre**

Bring a cushion and some snacks and enjoy a family-friendly short film medley, from Aotearoa New Zealand's leading international short film festival — Show Me Shorts.

Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)

FREE

### Recycling — The Good, the Bad and the Ugly

**Wednesday 18 October, 7–8pm**

**ReDiscover, Pines Resource Recovery Park, 183 Burnham School Road, Burnham**

Have you ever wondered what actually happens to your recycling? Why you can't recycle lids? Or what the recycling triangle even means?

Join Selwyn District Council's Resource Recovery and Waste Manager and Waste and Sustainability Educator and get all your questions answered from the people who have heard and seen it all. Spot prizes to be won! 18+ years.

Bookings required.

[selwyn.govt.nz/events](https://selwyn.govt.nz/events)

FREE





# Lifelong Learning

## Repair Café with Envirotown

**Saturday 28 October, 10am–4pm**  
**Te Ara Ātea**



Join Lincoln Envirotown at Te Ara Ātea for their popular Repair Café event. The team will endeavour to repair clothes, electrical appliances, household goods, bicycles, and anything you bring in free-of-charge. Under 10 years must be accompanied by an adult. Drop-in.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



## Aromatherapy For Beginners

**Thursday 2 November, 6.30–7.30pm**  
**Te Ara Ātea**

**Thursday 9 November, 6.30–7.30pm**  
**Lincoln Library**

Join aromatherapist Jen from Aroma Layne to learn about five popular essential oils and the different ways you can use essential oils in your everyday life. 14+ years.

\$10 library members, \$15 non-members.

Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)

## Mindful Menopause

**Thursday 26 October, 6–7.30pm, Lincoln Library**

**Saturday 4 November, 11.30am–1pm, Te Ara Ātea**



Join Meredith Wiseman an experienced gynaecology nurse, midwife and certified mind coach for an informational discussion that focuses on helping you navigate menopause with more confidence and help you develop a better understanding of the many treatments available. 18+ years. Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



## Landscape Design for Beginners

**Thursday 2 November, 6.30–7.30pm**  
**Lincoln Library**



Want to make the most of your outdoor spaces, whether large or small? Join Tim and Lorraine from Goom Landscapes and The Little Big Tree Company as they talk people through the potential they can find in their landscapes and how to achieve their vision. Suitable for non-gardeners and green thumbs alike!

Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



# The Youth Hub

**Located within the  
Rolleston Community  
Centre, 94 Rolleston Drive.**

**Free activities, services and  
health support for Selwyn  
rangatahi youth.**

**Find out more at  
[selwyn.govt.nz/youthhub](http://selwyn.govt.nz/youthhub)**



## Youth 3 vs 3 Basketball with FRESH

**FREE**

**Sunday 3 September, 1.15–3.45pm  
Rolleston Community Centre**

Get your mates together for a team or sign up as an individual and join us down at the Youth Hub for a 3 versus 3 basketball competition. We'll have a live DJ, braids and fades, free food and drinks, plus heaps of spot prizes. 12–24 years.

Bookings required.

**[selwyn.govt.nz/events](http://selwyn.govt.nz/events)**



## Youth Pool Party with FRESH

**FREE**

**Sunday 5 November, 3–5pm  
Selwyn Aquatic Centre**

Calling all youth! Join us for an epic pool party with a live DJ and inflatables. Hosted by FRESH there'll also be braids and fades, free food and drinks, competitions and spot prizes. 12–24 years.

Bookings required.

**[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)**



# Te Wiki o Te Reo Māori

## Te Wiki o Te Reo Māori Storytimes

FREE

**Tuesday 12 September, 10–10.30am, Te Ara Ātea**

**Thursday 14 September, 10–10.30am, Leeston Library**

**Friday 15 September, 10–10.30am, Darfield Library**

**Friday 15 September, 10.30–11am, Lincoln Library**

Celebrate Te Wiki o Te Reo Māori by attending one of our popular storytime sessions where basic reo Māori will be included through stories, songs and activities. 3–5 years.

Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Pepeha Workshop

FREE

**Thursday 14 September, 6.15–7.45pm**

**Te Ara Ātea**

**Saturday 16 September, 1–3.30pm**

**Leeston Library**

Tēnā koutou katoa. Are you at the beginning of your reo Māori journey and wanting to learn more? Join Tihirangi Brightwell for a session, where you will spend time forming and delivering a pepeha, exploring your whakapapa (where you come from), and investigating mihimihi (introducing ourselves). 18+ years.

Bookings required.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Heritage Week

## Recording Oral Histories

FREE

**Thursday 12 October, 6.30–8pm, Lincoln Library**

**Friday 13 October, 1.30–3pm, Darfield Library**

**Tuesday 17 October, 10.30am–12pm, Hororata Community Hall**

Everybody has a story to tell! Whether you're interested in capturing your own or someone else's unique perspective, this workshop will teach you the essential elements of recording oral histories. Learn how to prepare for, conduct, and record the interview, along with managing and archiving your recording. 18+ years.

Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



*Elderly man with medals talking to children. Ref: 1/2-035952-F. Alexander Turnbull Library, Wellington, New Zealand.*

# Heritage Week



## Te Ara Ātea Exhibition Tours

FREE

**Sunday 15 October, 10.30–11.30am**

**Thursday 19 October, 6.30–7.30pm**

**Saturday 21 October, 10.30–11.30am**

**Te Ara Ātea**

Join our Heritage team and members of Te Taumutu Rūnanga to discover remarkable Selwyn stories on a guided tour of the newest exhibitions at Te Ara Ātea.

Drop-in.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)

## The Great Heritage Bake and Share

**Sunday 15 October, 1–3.30pm**

**Te Ara Ātea**

Do you have a favourite treasured recipe that represents your heritage? Bring your baking and the story behind the recipe — learn about Selwyn's rich diversity in a unique way.

We collect stories about food and recipes in Selwyn through our exhibitions Ā mātou kōrero kai, Our place in food. This is a wonderful opportunity to celebrate the unique heritages of our community through the sharing of kai and the storytelling behind these special dishes. Our Heritage and Content Team will be running a digitisation service to preserve your stories and recipes, with the opportunity for them to be featured on Kā Kōrero o Waikirikiri Selwyn Stories.

Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



FREE



## Walking into History

FREE

**Wednesday 18 October, 10am–12pm**

**3 Philip Street, Glentunnel**

Put your walking shoes on and step back in time on this guided tour around the streets and country lanes of the historic mining town of Glentunnel, finishing up with a cup of tea or coffee at the Glentunnel Museum. Download the Township Trails app to discover more heritage walking tours, featuring fascinating stories of Selwyn's people and places.

Bookings required.

[selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events)



## Darfield Library and Service Centre

1 South Terrace, Darfield  
Contact (03) 318 7780  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

## Darfield Recreation and Community Centre

65 North Terrace, Darfield  
Contact 027 535 8379  
[darfield.community.centre@selwyn.govt.nz](mailto:darfield.community.centre@selwyn.govt.nz)

## Leeston Library and Service Centre

19 Messines Street, Leeston  
Contact (03) 347 2871  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

## Lincoln Event Centre

15 Meijer Drive, Lincoln  
Contact (03) 347 2983  
[lec.enquiries@selwyn.govt.nz](mailto:lec.enquiries@selwyn.govt.nz)

## Lincoln Library and Service Centre

22 Gerald Street, Lincoln  
Contact (03) 347 2876  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

## Rolleston Community Centre

94 Rolleston Drive, Rolleston  
Contact (03) 347 2882  
[rcc.enquiries@selwyn.govt.nz](mailto:rcc.enquiries@selwyn.govt.nz)

## Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston  
Contact (03) 347 2734  
[sac.enquiries@selwyn.govt.nz](mailto:sac.enquiries@selwyn.govt.nz)

## Selwyn Sports Centre

70 Broadlands Drive, Rolleston  
Contact (03) 347 2888  
[sports.centre@selwyn.govt.nz](mailto:sports.centre@selwyn.govt.nz)

## Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu  
Contact (03) 347 2983  
[taitapu.enquiries@selwyn.govt.nz](mailto:taitapu.enquiries@selwyn.govt.nz)

## Te Ara Ātea

56 Tennyson Street, Rolleston  
Contact (03) 347 2880  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

## West Melton Community and Recreation Centre

1163 West Coast Road, West Melton  
Contact (03) 347 1804  
[westmelton.enquiries@selwyn.govt.nz](mailto:westmelton.enquiries@selwyn.govt.nz)

