

# What's On in Selwyn

**Term 2 2021**  
**May – July**

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**Events**

**Libraries**

**Recreation Centres**

**Pools**

# NZ Music Month

## Christchurch Symphony Orchestra: Music Trails

FREE

Friday 7 May, 10.30am  
Leeston Library

Friday 14 May, 10.30am  
Lincoln Library

Wednesday 19 May, 10.30am  
Darfield Library

Friday 28 May, 11.30am  
Rolleston Library

Join us for these ever-popular shows presented by Christchurch Symphony Orchestra as part of New Zealand Music Month. Sessions are geared towards pre-schoolers; however, all are welcome! Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Unplugged with Ministry of the Mind

FREE

Saturdays 1, 8, 15 and 22 May  
11am–1pm  
All Selwyn Libraries

Celebrate New Zealand Music Month by supporting local musicians performing live and 'unplugged'. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## The Sake of the Song

FREE

Thursday 6 May, 5.45–7.45pm  
Lincoln Library

Join local folk singer and songwriter Adam McGrath for a session focusing on lyrics, musical dynamics and the art of crafting a song. 18+ years. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Guitar Lessons

*Adults (15+ years):*

Thursdays 6, 13, 20, 27 May, 6–6.45pm  
Lincoln Library

Fridays 7, 14, 21 and 28 May, 6.30–7.15pm  
Darfield Library

*Kids (8–14 years):*

Thursdays 6, 13, 20 and 27 May, 3.45–4.30pm  
Leeston and Rolleston Libraries

Jumpstart your lifelong dream of mastering the guitar! Join Diego from 'Music by Diego', and Andrew from 'Refractive Music' for a four-part series introducing guitar basics. Please bring your own guitar. \$35 per person. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Busking Basics

FREE

Saturday 8 May, 1–3pm Lincoln Library

Experience a fun, informative, and interactive introduction to busking! Learn the basics on etiquette, equipment and setup, reading a crowd, and tips on repertoire from seasoned busker Lynette Diaz. If you're keen and have your own instrument, there will be an opportunity to have a go! Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



# Community Workshops



## Parent to Parent

FREE

**First Wednesday of the month  
9.30–11.30am  
Darfield Library**

Parent to Parent is a not-for-profit organisation formed in 1983 by parents and professionals to support the families of babies, children, teens and adults with any type of disability or health impairment. Drop-in and join Jo for an informal chat over a cuppa.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Work Readiness Workshops

FREE

**Saturday 8 May, 11am–1pm  
Darfield Library  
Thursday 3 June, 5.45–7.45pm  
Lincoln Library**

Are you looking to improve your chances of getting noticed in today's job market? Workshops will cover the building blocks of an effective CV - identifying and writing about achievements and strengths, what to put in/leave out, overcoming gaps in employment, lack of experience, and returning to the workforce. 16+ years.

Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Sponsorship: Making it Hard to Say 'No'

FREE

**Wednesday 12 May, 3–4.30pm  
Webinar**

Former Sponsorship Professional of the Year recipient Mike Wootton dives into what makes it hard for brands to say no to you. He'll show you how to build confidence, outline why businesses sponsor and how to research a business before you approach them. Bookings essential – RSVP by 5 May.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)

## Employment Zone Seminars

FREE

**Monday 10 May, 10.30–11.30am  
Rolleston Library**

**Tuesday 18 May, 10.30–11.30am  
Darfield Library**

**Wednesday 26 May, 10.30–  
11.30am  
Lincoln Library**

**Thursday 3 June, 12.30–1.30pm  
Leeston Library**

Delivered by the Ministry of Social Development, Employment Zone seminars provide information around job seeking, redundancy, staff retention and recruitment. 16+ years, drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Autism Kōrero

FREE

**Wednesday 12 May, 10.30–11.30am**  
**Leeston Library**

**Thursday 17 June, 6.30–7.30pm**  
**Lincoln Library**

Join us for a presentation and conversation about Autism by educators from Autism NZ. We will look at what Autism is and will discuss myths, strengths, and challenges. Autism NZ also asks the question – “How can we support you?” Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## CanBreathe

FREE

**Thursday 13 May, 10.30–11.30am**  
**Darfield Library**

**Saturday 12 June, 10.30–11.30am**  
**Rolleston Library**

Do you, or someone you know, have breathing difficulties? Join CanBreathe for an informative and educational discussion around asthma and other respiratory conditions, plus tips on how to maintain good lung health. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Get, Set, Go

**Tuesday 25 May, 9am–2pm**  
**West Melton Community and Recreation Centre**

If you're a group, club or community organiser with a new event idea, then this is the workshop for you! Learn how to plan, organise and promote your own event. \$10–\$35 per person, bookings essential.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



## Live Stronger for Longer

FREE

**Friday 18 June, 10.30–11.30am**  
**Lincoln Library**

Learn about the importance of keeping fit and active as we age, and how to build your strength and balance with Sport Canterbury. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



# Rekindle

## Rekindle Spoon-carving Workshop

**Thursday 6 May  
5.30–8.30pm  
Springston Community Hall**

Learn about the ancient traditions of greenwood-working including basic whittling techniques with straight and curved knives to create your very own wooden spoon. 18+ years.

\$10 library members, \$20 non-members. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Rekindle Basket Weaving

**Saturday 15 May, 11am–3pm  
Southbridge Hall**

**Saturday 29 May  
9.30am–1.30pm  
Tawera Memorial Hall,  
Springfield**

Presented by Rekindle, this basket weaving workshop will teach you how to weave using abundantly available tī kōuka/ cabbage tree leaves. 18+ years.

\$10 library members, \$20 non-members. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



# Events

## Death Star Papier Mâché

**FREE**

**Tuesday 4 May  
3.30–4.30pm  
Leeston, Lincoln and  
Rolleston Libraries  
Wednesday 5 May  
3.30–4.30pm  
Darfield Library**

Celebrate Star Wars Day - May the Force bring you into your local library to decorate your very own Death Star!

6+ years.

Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Mother's Day High Tea Storytime

**FREE**

**Thursday 6 May, 10–10.30am  
Leeston Library**

**Friday 7 May, 10–10.30am  
Darfield Library**

**Sunday 9 May, 10.30–11.30am  
Lincoln and Rolleston Libraries**

You are cordially invited to bring your favourite tea cup for a morning of superb stories, elegant crafts, and tasteful tea! Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)





## Kids Sign Language Classes

FREE

**Thursdays – 6, 13, 20 and 27 May,  
3.30–4.30pm  
Rolleston Library**

In celebration of New Zealand Sign Language (NZSL) week, join us for a four-part series to learn basic NZSL vocabulary in a fun and interactive environment. Presented by kids, for kids. Suitable for children 8+ years.

Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Family Bingo Night

**Friday 14 May, 6–7pm  
Lincoln Event Centre**

Bring the family along and try your luck at our bingo night! Line up all the numbers on your card to win some cool prizes.

\$5 per family. Bookings essential.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)

## Journal Art Workshop

**Saturday 15 May, 10.30am–3pm  
Leeston Library**

**Saturday 29 May, 10.30am–3pm  
Lincoln Library**

Immerse yourself in the artistic world of journal-making! Create a collaged journal packed with gift tags, cards, envelopes and more. 16+ years.

\$20 library members, \$40 non-members.

Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## The Art of Bonsai: Beginners

**Saturday 15 May, 12–3.30pm  
Rolleston Library**

**Saturday 22 May, 12–3.30pm  
Lincoln Library**

Is your green thumb itching to try the ancient art of bonsai? Acquire the refined techniques of cultivation, styling, and care to begin your bonsai journey.

Join Tony Bywater from the Christchurch Bonsai Society as he shares his decades of experience and demonstrates the essential steps to grow your own bonsai tree. You'll apply your newly learned techniques to make your own bonsai tree. All attendees will receive a tree, potting mix, wire, and grow bags. 18+ years.

\$20 per person. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Nurturing Early Language and Reading

FREE

**Thursday 20 May and 27 May**  
**6.30–7.30pm**  
**Lincoln Library**

**Saturday 22 May and 29 May**  
**10.30–11.30am**  
**Rolleston Community Centre**

Be empowered to support your 3 or 4 year-old child's spoken language development and early reading skills. Over two sessions, language-reading specialist/speech-language therapist Fleur Harris will talk you through fun, play-based ways to interact with your child in order to develop a range of skills and provide them with the best head start to classroom learning. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Family Water Safety

**Sunday 23 May, 9–10.30am**  
**Selwyn Aquatic Centre**

A fun chance for families to learn how to be safe in and around the water.

Have a go with the inflatable boat, life jackets, learn about safety huddles, treading water and more. \$20 per family of four. \$5 per extra child (children must be 5+ years). Bookings essential. Email [swimschool@selwyn.govt.nz](mailto:swimschool@selwyn.govt.nz).

 [SelwynAquaticCentre](https://www.facebook.com/SelwynAquaticCentre)

## Slime Time

**Tuesday 25 May, 3.30–4.30pm**  
**Prebbleton Community Cottage**

**Tuesday 29 June, 3.30–4.30pm**  
**Lincoln Event Centre**

Come along to our fun science workshop! Create your own slime and galaxy jars with different colours, textures and decorations. 7+ years. \$4 per child. Bookings essential.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



## GINcurious

FREE

**Thursday 27 May**  
**6.30–8pm**  
**Lincoln Library**

Join local distillery Curiosity Gin to discover the history of gin, methods used to distil gin, and the different types of gins available. Enjoy a demonstration on how you can make your own gin at home using the contents of your spice rack and fruit bowl with just a few pots and pans, a bottle of vodka, and some juniper berries! 18+ years. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Car Boot Sale

**Saturday 29 May**  
9–11am  
Rolleston Community Centre

**Saturday 19 June**  
10am–12pm  
Lincoln Event Centre

Buy or sell some pre-loved treasures! A great opportunity to declutter and grab yourself a bargain. Proceeds will be donated to the Selwyn Cancer Society.

\$5 per car park.  
Bookings essential.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



## Learn to Safely Bank Online

FREE

**Monday 31 May, 1.30–3.30pm**  
Rolleston Library

**Tuesday 1 June**  
10am–12pm, Lincoln Library  
1.30–3.30pm, Tai Tapu Community Centre

**Wednesday 2 June**  
10am–12pm, Darfield Library  
1.30–3.30pm, Tawera Memorial Hall, Springfield

**Thursday 3 June**  
10am–12pm, Glentunnel Hall  
1.30–3.30pm, West Melton Community and Recreation Centre

**Friday 4 June**  
10am–12pm, Leeston Library  
1.30–3.30pm, Dunsandel Community Centre

Join our free digital banking sessions delivered in partnership with Digital Inclusion Alliance Aotearoa (DIAA) and Kiwibank to help Selwyn residents get online safely. The workshop will cover the basics of internet banking (regardless of who you bank with) and how to keep safe online.

The workshops are run out of DORA, a fully equipped mobile bus with Wi-Fi and digital equipment. Feel free to bring your own device or use one of the on-board laptops. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Tracking Tunnels

**Sunday 30 May**  
1.30–2.30pm  
Rolleston Library

FREE

**Monday 31 May**  
3.30–4.30pm  
Lincoln Library

**Tuesday 1 June**  
3.30–4.30pm  
Leeston Library

**Wednesday 2 June**  
3.30–4.30pm  
Darfield Library

Get ready for World Environment Day by learning what wild creatures live in your own backyard! Make a tracking tunnel – a simple device used by conservation rangers all over New Zealand. 5+ years.

Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)






## Splash Time

**Tuesday 1 June, 8–8.45am**  
(4–14 months)

**Friday 4 June, 1.30–2.15pm**  
(15–36 months)

Splash Time is a great way to introduce your baby to the water. Run by a qualified instructor, the session covers the importance of water experiences in child development, water safety and provides a taster of what parent/child swim classes are like.

Bookings essential. Email [swimschool@selwyn.govt.nz](mailto:swimschool@selwyn.govt.nz)

 **SelwynAquaticCentre**

FREE



## Herbal Tea Workshop

**Wednesday 2 June, 1–3pm**  
**Darfield Library**

**Thursday 10 June, 6–8pm**  
**Rolleston Library**

**Wednesday 23 June, 6–8pm**  
**West Melton Community and Recreation Centre**

Learn the process of making herbal tea from West Melton's own Julie Booth from The Herbal Garden. You will learn about growing, harvesting, drying and blending your own teas before making a bag of your own blend to take home and enjoy. 15+ years. \$5 library members, \$10 non-members. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Fruit Tree Pruning Workshop

**Thursday 3 June, 6.30–8pm**  
**Darfield Library**

**Sunday 6 June, 11.30am–1pm**  
**Lincoln Library**

Greg Quinn from Home Orchard Care will teach you general tips and tricks for pruning stone and pip fruit trees. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



FREE

## Explore Watercolour

**Thursdays from 3 June to 8 July, 6–8pm**  
**(six-week workshop)**  
**Rolleston Library**

Are you a budding artist, or have you always wanted to learn? Explore the world of watercolours with our introductory workshop and develop basic skills to start creating your own masterpieces. All materials provided. Suitable for 16+ years.

\$30 library members, \$60 non-members. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Aqua Zumba Night

**Thursday 3 June, 7–7.45pm**  
**Selwyn Aquatic Centre**

Dance the night away with this fun and challenging water-based workout. Aqua Zumba is loved for being cardio-conditioning, body-toning and most of all – exhilarating beyond belief! Usual class admission applies. Drop-in.

 [SelwynAquaticCentre](https://www.facebook.com/SelwynAquaticCentre)



## Craft Spirits Distillation Demonstration

FREE

**Thursday 17 June, 6.30–8pm**  
**Rolleston Library**

Learn the art and science of grain to glass distillation presented by Dan – an avid local craft distiller. Through this event you will gain an introduction to the practical skills, techniques and equipment used by artisan home distillers. 18+ years. Drop-in.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)

## Cuddly Critters Matinée



**Friday 18 June**

**4.30–5.30pm**

**West Melton Community and  
Recreation Centre**

Bring your favourite teddy and join us  
for a picnic and movie! 4 to 8 years.

Bookings essential.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



## Flash Fiction Masterclass

**Saturday 19 June, 10.30am–3.30pm**

**Rolleston Community Centre**

Join one of Aotearoa's top flash fiction writers for a masterclass in the super-short form, focusing on telling the story you want to tell in 250 words or less. Learn how to use language for maximum impact, structure narrative, and weave an emotional arc using very few words. 16+ years.

\$20 library members, \$40 non-members. Bookings essential.

[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



## Come as Your Favourite 'P' Disco

**Friday 23 July, 1–2.30pm**

**Rolleston Community Centre**

Dress up in your favourite outfit starting with the letter 'P' and join Ingrid for an afternoon of fun! There will be disco lights, funky tunes and heaps of spot prizes. 4 to 8 years (caregiver required).

\$5 per child. Bookings essential.

[selwyn.govt.nz/events](http://selwyn.govt.nz/events)



# MATARIKI

2–10 July

Join us in celebrating the Māori New Year with a variety of fun activities!

Check out our website from 21 June to find out more.

[selwyn.govt.nz/matariki](http://selwyn.govt.nz/matariki)



# KidsFest

10–25 July

Watch this space for an exciting line-up of school holiday events coming to Selwyn!

Bookings open 9am Monday 31 May.

[selwyn.govt.nz/kidsfest](http://selwyn.govt.nz/kidsfest)



# Libraries Programmes

 SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

Selwyn Libraries has a growing range of regular programmes and events to suit every age and interest from preschoolers to adults. These are held at Darfield, Leeston, Lincoln and Rolleston Libraries. All are free, casual sessions, with no bookings required unless stated otherwise.

## Te Mātāpuna Mātātahi | Children's University

We are an official learning destination for Children's University Canterbury Partnership. Look out for this logo in the guide and visit [selwynlibraries.co.nz](http://selwynlibraries.co.nz) or [childrensuniversity.com.au](http://childrensuniversity.com.au) for more information.



## Adults Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.



## Board Games Club

Love board games? Head along to our libraries to play a variety of exciting games. All ages welcome.

## Casual Crafts

Come along to Darfield and Rolleston Libraries and let your imagination run wild in our arts and crafts area.

## Coding Club

Join our weekly Coding Club sessions for some hands-on coding and problem solving at Rolleston Library. Perfect for 9–13 years.



## Cubing Club

Stretch your brain at our drop-in Cubing Club at Lincoln Library. Bring your own cube or challenge yourself with one of ours. Fortnightly. Suitable for ages 10 and over.

## Craft and Chat Group

Bring along your current craft project to work on while you get to know fellow craft enthusiasts at Lincoln Library! An opportunity to share tips, tricks and skills.



## Creative Cards Workshop

Have you ever wished you could make beautiful greeting cards? \$10 per session, bookings essential. Held at Lincoln Library, supplies provided.

## Device Drop-In: Tech Help

Our weekly device drop-in sessions are informal support groups to help you familiarise yourself with your digital device. Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

## Discovery Time 🧐

Come along to our weekly sessions at all libraries with fun activities and experiments. Each month will focus on either science, technology, engineering, art or maths.

## Good Old Days

Join us and our guest speaker for a cuppa and chat to share your memories and stories about the good old days. Held on the last Wednesday of the month at Lincoln Library.

## Hui Mātua

Join us for Hui Mātua hosted by Birthright – a not-for-profit organisation specialising in working with families, including one-parent, two-parent and blended families, mātua whāngai and grandparents. If you're looking to connect with other caregivers, access parent education opportunities or learn more about what is happening in the community, join us for this informal drop-in session.

## JP Clinics

Visit our libraries and drop-in for a free Justice of the Peace clinic at Rolleston, Lincoln and Darfield Libraries.

## LEGO® Club 🧐

Play with our new LEGO® collection and make a new creation. Children under 8 years must be accompanied by an adult.

## Online Selwyn Book Lovers Club

Love reading? Our new chat group, Selwyn Book Lovers, is for you! Read our featured title then pop along to our Zoom chat at the end of each month where we'll connect and delve deeper into the book. Visit [selwynlibraries.co.nz/events](https://selwynlibraries.co.nz/events) to find out which title has been selected. Unlimited copies of selected title available each month in our eResources.

## Rhymetimes

Giggle and wriggle with our stories, songs, rhymes and bubbles. These Rhymetimes sessions are designed to assist with early language development while having a great time! Suitable for 1–3 year olds.

## Scrabble Club

Enjoy a good game of Scrabble? Join our weekly Scrabble Club for fun games and friendly company.



## Sensory Babytimes

Share interactive songs, stories, sensory boards and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

## Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.

## Teen Artspace

Develop your passion for the arts at the Darfield and Leeston Libraries, where we introduce teenagers to different art mediums and offer a variety of art-related projects.

## Teen and Children's Book Clubs

Share your latest reading adventures, check out the newest book arrivals, participate in an activity, and have a snack. Children's at Darfield, Leeston, Lincoln and Rolleston Libraries; Teens at Lincoln and Rolleston.

Children's Book Club: 5–11 years

Teen Book Club: 12–18 years'

## Virtual Reality (VR) Drop-in Sessions

The library has some awesome new tech to check out! Kayak with the penguins in Antarctica, fly to the international space station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Don't miss these drop-in sessions to test out our VR headsets. Suitable for ages 13 and over.



## Edge Connector Service

Find out about upcoming visits:  
[selwynlibraries.co.nz/events](http://selwynlibraries.co.nz/events)



# Darfield Library

Monday	Tuesday	Wednesday	Thursday	Friday
Hui Mātua 10am–12pm	Rhymetimes 10.30–11am <sup>T</sup>	Rates Rebates 10am–12pm	Quiet Time 12–2pm	Storytimes 10–10.30am <sup>T</sup>
Scrabble Club 11am–12.30pm	Online Selwyn Book Lovers Club 7.30–8.30pm <i>Last Tuesday of the month</i>	JP Clinic 11.30am–12.30pm	Rates Rebates 1–3pm	Device Drop-in: Tech Help 1.30–3.30pm
Board Games Club 3.30–4.30pm		Discovery Time 3.30–4.30pm <sup>T</sup>	Children's Book Club 3.30–4.30pm <i>First Thursday of the month</i>	LEGO® Club 3.30–4.30pm
Teen Artspace 3.30–5pm <sup>T</sup>			Virtual Reality 3.30–5.30pm	
Adults Book Club 7–8.30pm <i>Third Monday of the month</i>				Saturday
				Casual Crafts 1–3pm

# Rolleston Library

Monday	Tuesday	Wednesday	Thursday	Friday
JP Clinic 12–1pm	Storytimes 9.30–10am <sup>T</sup>	Rhymetimes 9.30–10am <sup>T</sup>	JP Clinic 11am–12pm	Sensory Babytimes 9.30–10am <sup>T</sup>
Coding Club 3.30–4.30pm	Device Drop-in: Tech Help 11–1pm	Hui Mātua 10am–12pm	Quiet Time 12–2pm	Adults Book Club 1.30–3pm <i>Second Friday of the month</i>
	Coding Club 3.30–4.30pm	LEGO® Club 3.30–4.30pm	Virtual Reality 3.30–5pm <sup>T</sup>	Discovery Time 3.30–4.30pm <sup>T</sup>
	Online Selwyn Book Lovers Club 7.30–8.30pm <i>Last Tuesday of the month</i>		Teen and Children's Book Club 5–6pm <i>First Thursday of the month</i>	
			Saturday	Sunday
			Casual Crafts 11am–12pm	Storytimes 10.30–11am <sup>T</sup>
			Drop-in Games 1.30–3pm	Virtual Reality 11.30am–1.30pm
				Board Games Club 1.30–3pm

<sup>T</sup> Term-time only. Term 2 classes run between Monday 3 May and Friday 9 July.

 Adult

 Teen

 School-aged

 Preschoolers

Classes are weekly unless stated otherwise.

# Leeston Library

Monday	Tuesday	Wednesday	Thursday	Friday
Scrabble Club 11am–12.30pm	Rhymetimes 10–10.30am <span>T</span>	Adults Book Club 10–11am <i>Third Wednesday of the month</i>	Storytimes 10–10.30am <span>T</span>	Rates Rebates 11am–12pm
Rates Rebates 2–3pm	Discovery Time 3.30–4.30pm <span>T</span>	Teen Artspace 3.30–5pm <span>T</span>	Hui Mātua 10am–12pm	Device Drop-in: Tech Help 2–4pm
LEGO® Club 3.30–4.30pm	Online Selwyn Book Lovers Club 7.30–8.30pm <i>Last Tuesday of the month</i>		Quiet Time 12–2pm	Board Games Club 3–4pm
			Virtual Reality 2–4pm	Saturday
			Children's Book Club 3.30–4.30pm <i>Third Thursday of the month</i>	Storytimes 11–11.30am <span>T</span>
				Adults Book Club 2–3pm <i>Third Saturday of the month</i>

# Lincoln Library

Monday	Tuesday	Wednesday	Thursday	Friday
Scrabble Club 11.30am–12.30pm	Rhymetimes 9.30–10am <span>T</span>	Sensory Babytimes 9.30–10am <span>T</span>	Craft and Chat Group 10am–12pm	Rhymetimes 9.30–10am <span>T</span>
Discovery Time 3.30–4.30pm <span>T</span>	JP Clinic 10am–12pm	Rates Rebates 9–11am	Storytimes 10.30–11am <span>T</span>	Device Drop-in: Tech Help 10am–12pm
	ESOL Ladies 10.30am–12pm	Creative Cards Workshop 10am–12pm <i>First Wednesday of the month</i>	ESOL Ladies 10.30am–12pm	Hui Mātua 10am–12pm
	Adults Book Club 10.30am–12pm <i>Last Tuesday of the month</i>	Good Old Days 1.30–2.30pm <i>Last Wednesday of the month</i>	Quiet Time 12–2pm	Cubing Club 3.30–5pm <i>Fortnightly, beginning 7 May</i>
Sunday	Rates Rebates 1–3pm	LEGO® Club 3–4pm	Virtual Reality 3.30–5.30pm	Junior Enviro Action Group 4.30–5.30pm <i>Third Friday of the month</i>
Storytimes 10.30–11am <span>T</span>	Teen & Children's Book Club 3.30–4.30pm <i>Third Tuesday of the month</i>	Board Games Club 3.30–4.30pm	Adult Evening Book Club 6.30–7.30pm <i>First Thursday of the month</i>	
Discovery Time 2–3pm	Online Selwyn Book Lovers Club 7.30–8.30pm <i>Last Tuesday of the month</i>		Writers' Group 6.30–7.30pm <i>Second Thursday of the month</i>	



# SELWYN AWARDS 21

Recognising success in our community

**31 July 2021**

**SELWYNAWARDS.CO.NZ**



## SELWYN SPORTS CENTRE OPEN DAY

**SUNDAY 2 MAY, 12.30-4.30PM  
BROADLANDS DRIVE, ROLLESTON**

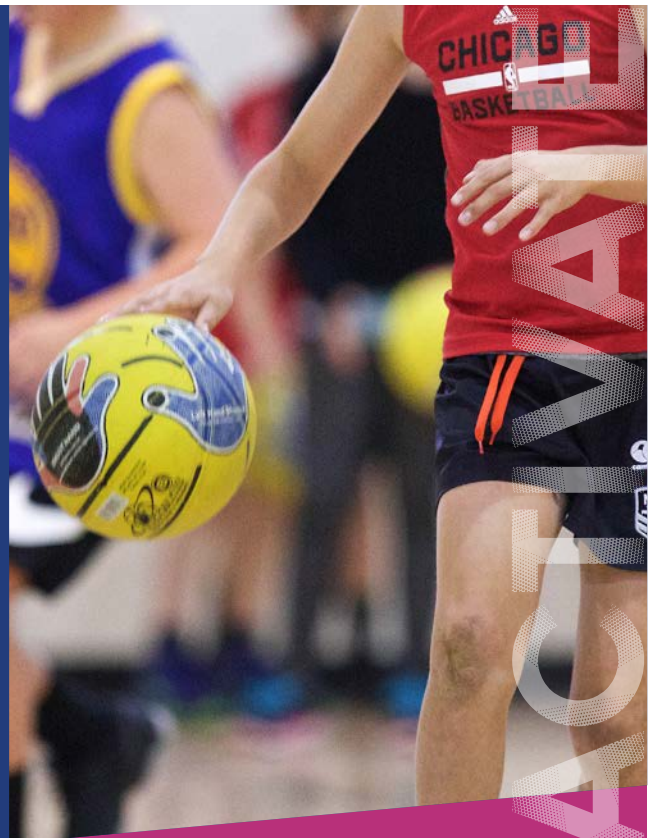
Help us celebrate the opening of our new community space!

Join us for a fun afternoon of family activities at the Selwyn Sports Centre and Selwyn Aquatic Centre.

- BOUNCY CASTLES
- FOOD TRUCKS
- GROUP FITNESS
- PONY RIDES
- FACE PAINTING
- LIVE MUSIC
- POOL INFLATABLES
- WATER SAFETY

Entry \$1 per person. Proceeds donated to the Halberg Foundation.

**SELWYNSPORTSCENTRE.CO.NZ**



# Group Fitness Classes

## **ACTIVE MUMS**

Ease back to fitness and meet other mums during a workout where preschoolers are welcome (small play area set up in the room). Cardio and bodyweight exercises in a fun, relaxed environment.

## **LES MILLS BODYPUMP** **LES MILLS EXPRESS BODYPUMP**

A barbell workout for anyone looking to get lean, toned and fit. Using light to moderate weights with lots of repetition, for a total body workout.

## **BOXFIT**

This high-intensity workout will take your fitness to the next level! Skipping, agility and core work alongside different boxing drills. Variety that will make you stronger physically and mentally.

## **LES MILLS CORE**

An intense 30-minute workout designed to build strength, stability and endurance in the muscles that support your core including the abdominals, glutes and the back.

## **LES MILLS GRIT** | **CARDIO**

A 30-minute high-intensity interval training (HIIT) workout that improves cardiovascular fitness, increases speed and maximises calorie burn. A variety of body weight exercises.

## **LES MILLS GRIT** | **STRENGTH**

A 30-minute high-intensity interval training (HIIT) workout, designed to improve strength, cardiovascular fitness and build lean muscle. Barbell, weight plate and bodyweight exercises.

## **HIIT**

Circuit-style interval training with different challenges every week including weights, boxing, and body weight exercises. 45 to 60 minutes.

## **KICK & TONE**

Kick and Tone is a dynamic interval training class that utilises martial arts moves and strengthening exercises to help you get in shape and feel great! Suitable for all abilities.

## **MATURE & MOTIVATED**

Great for heart health, strength and balance. Aimed at 60 years and over, or anyone getting back into fitness; it is low impact, lots of fun with a great social vibe. Accredited by ACC.

## **MOVE IT TO MUSIC**

Music, fun equipment and a sense of humour is all you need in this class to get moving! Suitable for those with arthritis or less active. Accredited by ACC. Tea and coffee provided.

## **PILATES**

This class improves core strength, postural and mind-body awareness through a series of different exercises aimed at restoring balance and flexibility. Pre-registration required.

## **COMBO STEP PUMP**

30 minutes of step to increase your heart rate is followed by strength work with barbells and weights. Suitable for all abilities. 50 minutes.



## **LES MILLS** *sprint*

A high-intensity, low-impact workout that's scientifically proven to return rapid results. Combines bursts of intensity and rest periods.

## **LES MILLS** *RPM*

Indoor cycling workout with an instructor who leads the pack through hills, flats, mountain peaks, time trials, and interval training. You control the resistance and speed to build your fitness level.

## **TAI CHI**

An ancient Chinese exercise integrating mind, body and breath through slow, gentle and effective movement. Tai Chi leaves you with a sense of calm and wellbeing. Accredited by ACC.

## **YOGA**

This class has an emphasis on alignment, good posture, and awareness of breathing. Suitable for all abilities, it improves strength, flexibility and deep relaxation.

## **YOGA** **FLOW**

Yoga postures in a flowing sequence, set against a backdrop of timeless philosophical principles. Using your body as a weight, develop functional strength through your core and limbs.

## **YOGA** **RESTORE**

Take your body through its full range of movement, restore mobility, vitality and calm. Ease your mind, breathe deeply and let go of tension and tightness throughout your whole body.

## **ZUMBA**

A calorie-burning dance party combining a range of easy-to-follow Latin and International dance styles to catchy energising music. So much fun it doesn't feel like a workout! 60 minutes.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	LES MILLS RPM	LES MILLS RPM	LES MILLS GRIT   STRENGTH	LES MILLS RPM	HIIT		
6am	LES MILLS GRIT   STRENGTH						
9am	LES MILLS RPM		LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	LES MILLS RPM	
9.15am	YOGA	LES MILLS EXPRESS BODYPUMP		LES MILLS BODYPUMP	LES MILLS EXPRESS BODYPUMP		
10am		LES MILLS CORE			LES MILLS CORE	LES MILLS BODYPUMP	LES MILLS sprint
11am		MATURE & MOTIVATED			MATURE & MOTIVATED	LES MILLS CORE	
12pm	LES MILLS EXPRESS BODYPUMP		LES MILLS EXPRESS BODYPUMP	LES MILLS sprint			
1.15pm			MOVE IT TO MUSIC				
6pm	LES MILLS sprint		BOXFIT	LES MILLS RPM			
6pm	LES MILLS BODYPUMP	COMBO STEP PUMP	YOGA FLOW	LES MILLS GRIT   CARDIO			
6pm			LES MILLS RPM				
7pm	ZUMBA	LES MILLS RPM	LES MILLS BODYPUMP	LES MILLS BODYPUMP			
7pm		YOGA					



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LES MILLS RPM		LES MILLS RPM		
8.15am						LES MILLS RPM	
9.15am	LES MILLS RPM	HIIT			ACTIVE MUMS		LES MILLS <sup>CARDIO</sup> BODYPUMP
10am	MATURE & MOTIVATED		MATURE & MOTIVATED				
10.15am							LES MILLS CORE
11.45am				TAI CHI			
5.30pm	LES MILLS BODYPUMP		LES MILLS BODYPUMP				
6pm		LES MILLS RPM		LES MILLS RPM			
6pm				COMBO STEP PUMP			
6.30pm	YOGA FLOW	LES MILLS BODYPUMP					
6.45pm			LES MILLS CORE				
7pm				PILATES			
7.30pm			YOGA RESTORE				
8pm				PILATES			



# West Melton Community and Recreation Centre

**WESTMELTONCOMMUNITYCENTRE**  
PH 347 1804

	Monday	Tuesday	Wednesday	Friday	Saturday
8am					<b>HIIT</b>
9.15am			<b>KICK &amp; TONE</b>	<b>LES MILLS CARDIO BODYPUMP</b>	
10am	<b>ZUMBA</b>				
11am			<b>MATURE &amp; MOTIVATED</b>		
5.15pm	<b>LES MILLS BODYPUMP</b>				
5.30pm			<b>LES MILLS BODYPUMP</b>		
6pm		<b>HIIT</b>			
7pm		<b>YOGA</b>			

# Tai Tapu Community Centre

Ph 347 2983

	Thursday
7pm	<b>PILATES</b>



# Recreation

[SELWYN.GOVT.NZ/RECREATION](https://www.selwyn.govt.nz/recreation)

## Baby Gym

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our baby-friendly environment. Please bring a blanket. 45 minutes.

## Get Your Skates On 🛼

An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under. 60 minutes.

## Junior Spin

Calling all teenagers! Workout on a stationary bike with your friends to your favourite music. Ideal for all fitness levels. Bookings essential. 45 minutes.

## Little Dancing Feet

A fun class for preschoolers using pom poms and ribbons to music. Great for fundamental movement skills and coordination. 30 minutes.

## Mini Gym

Learning through music and movement, this class focuses on motor coordination, cognitive development and confidence. Free play as well as structured time and songs with the tutor. 45 minutes.

## Mini Gym Music

An opportunity for children to be creative through play and music with lots of music apparatus, encouraging your child to have fun and gain confidence through music and movement. 45 minutes.

## Sports Activities for Adults with Disabilities

Includes different sport activities for adults with mixed abilities. Bowls, ball fun, badminton, coordination and sensory skill challenges plus more! Participation is for everyone! Held the second Saturday of each month. Caregiver and registration required on the day. 60 minutes.



# Recreation timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.30am	MINI GYM (1-2YRS)		MINI GYM (1-2YRS)		MINI GYM (1-2YRS)	
10am				MINI GYM (3MNTH-2YRS)		
10.15am	BABY GYM		BABY GYM		MINI GYM (3-5YRS)	
10.30am				LITTLE DANCING FEET		
10.45am				MINI GYM (3-5YRS)		
11am	MINI GYM (3-5YRS)		MINI GYM (3-5YRS)			
2.30pm						SPORTS ACTIVITIES FOR ADULTS WITH DISABILITIES (Second Saturday of the month)
3.30pm	GET YOUR SKATES ON	GET YOUR SKATES ON		GET YOUR SKATES ON		
6.30pm	JUNIOR SPIN (13-19YRS)					

- Selwyn Sports Centre
- West Melton Community and Recreation Centre
- Lincoln Event Centre

All recreation classes are held during term-time only (except Sports Activities for Adults with Disabilities). Term 2 classes run between Monday 3 May and Friday 9 July.



# Selwyn Aquatic Centre

 SELWYNAQUATICCENTRE PH 03 347 2734

A variety of different group fitness options are on offer in the 25m pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays but not on public holidays. Bookings are required for some classes. One-off group bookings available.



## Hydro Health

An introductory low-impact class taught in the hydrotherapy pool. Helps increase mobility, strength, balance and flexibility. A class targeted at recovery and rehabilitation.

Low intensity, 30 minutes duration.



## Aqua Fit

Held in both deep and shallow water, using buoyancy aids to give a workout that strengthens and conditions while being gentle on the joints.

Medium intensity, 45 minutes duration.



## Hydro Tone

A medium-intensity class taught in the hydrotherapy pool. A fun class for all ages and levels of ability.

Medium intensity, 45 minutes duration.

















## Aqua Intense

High energy class to trim down and tone up. A blend of cardio and muscle conditioning using various equipment to increase the intensity of the workout.

Medium/high intensity, 45 minutes duration.

*Timetable subject to change.*

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30am		 45 MINS	 30 MINS		 45 MINS
10.30am					 45 MINS
11am	 45 MINS		 45 MINS		
12pm	 30 MINS	 45 MINS	 30 MINS		
1pm		 45 MINS			
6.15pm			 45 MINS	 30 MINS	
7pm	 45 MINS				
7.30pm			 45 MINS		

# Group Fitness and Recreation Pricing NEW

The following pricing comes into effect on 1 May 2021 at the Selwyn Aquatic Centre, Selwyn Sports Centre, Lincoln Event Centre and West Melton Community and Recreation Centre.

<b>ALL ACCESS</b> POOL AND GROUP FITNESS CLASSES	<b>PREMIUM GROUP FITNESS</b> GROUP FITNESS CLASSES INCLUDING SPIN AND AQUA	<b>PREMIUM SWIM</b> UNLIMITED SWIMMING! EXCLUDES AQUA CLASSES	<b>BASIC</b> GROUP FITNESS CLASSES EXCLUDES SPIN AND AQUA
<b>\$72.50</b> PER MONTH  Supergold card holders \$60 per month. Terms and conditions apply.	<b>\$52</b> PER MONTH  Supergold card holders \$43 per month	<b>\$52</b> PER MONTH  Supergold card holders \$43 per month	<b>\$44</b> PER MONTH

## Casual prices

ADULT	\$9
SUPERGOLD CARD HOLDERS	\$6
PRESCHOOL	\$4.50
SKATING	\$7
PILATES	\$100/10 WKS
SPORTS ACTIVITIES FOR ADULTS WITH DISABILITIES	\$3
TEEN SPIN	\$5

## Concession cards *(10 classes)*

ADULT	\$81
SUPERGOLD CARD HOLDERS	\$54
PRESCHOOL	\$40.50
SKATING	\$63

## Pool memberships

CHILD 3 MONTH SWIM	\$115
ADULT 12 MONTH SWIM	\$490
ADULT 12 MONTH SWIM AND AQUA CLASS	\$638
SUPERGOLD CARD HOLDERS 12 MONTH SWIM	\$410
SUPERGOLD CARD HOLDERS 12 MONTH SWIM AND AQUA CLASS	\$485

### Darfield Library and Service Centre

1 South Terrace, Darfield  
Contact (03) 318 7780  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

### Leeston Library and Service Centre

19 Messines Street, Leeston  
Contact (03) 347 2871  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

### Lincoln Event Centre

15 Meijer Drive, Lincoln  
Contact (03) 347 2983  
[lec.enquiries@selwyn.govt.nz](mailto:lec.enquiries@selwyn.govt.nz)

### Lincoln Library and Service Centre

22 Gerald Street, Lincoln  
Contact (03) 347 2876  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

### Rolleston Community Centre

94 Rolleston Drive, Rolleston  
Contact (03) 347 2882  
[rcc.enquiries@selwyn.govt.nz](mailto:rcc.enquiries@selwyn.govt.nz)

### Rolleston Library

94 Rolleston Drive, Rolleston  
Contact (03) 347 2880  
[libraries@selwynlibraries.co.nz](mailto:libraries@selwynlibraries.co.nz)

### Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston  
Contact (03) 347 2734  
[sac.enquiries@selwyn.govt.nz](mailto:sac.enquiries@selwyn.govt.nz)

### Selwyn Sports Centre

70 Broadlands Drive, Rolleston  
Contact (03) 347 2888  
[sports.centre@selwyn.govt.nz](mailto:sports.centre@selwyn.govt.nz)

### Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu  
Contact (03) 347 2983  
[taitapu.enquiries@selwyn.govt.nz](mailto:taitapu.enquiries@selwyn.govt.nz)

### West Melton Community and Recreation Centre

1163 West Coast Road, West Melton  
Contact (03) 347 1804  
[westmelton.enquiries@selwyn.govt.nz](mailto:westmelton.enquiries@selwyn.govt.nz)

View the brochure online [selwyn.govt.nz/events](http://selwyn.govt.nz/events)  
0800 SELWYN (735 996)