

Culturefest

26 September to 10 October

Sunday 26 September
Lincoln Event Centre and Domain

FREE

Take your senses on a trip around the world at CultureFest.

Celebrate Selwyn's growing diversity, enjoy cultural performances, traditional games, participate in fun activities and be sure to bring an appetite to taste delicious ethnic food from a variety of stalls. A fun day out for the whole family.

This main event will be followed by a two week series of activities around Selwyn from 27 September to 10 October.

For a full list of activities visit selwyn.govt.nz/culturefest











Henna Candles

Leeston Library (Kids)

Tuesday 28 September 3.30-4.30pm

Wednesday 29 September 3.30–4.30pm
Darfield Library (Kids)

Thursday 7 October, 6.30–7.30pm Lincoln Library (*Teens/Adults*)

Mendhi is an art form used to apply beautiful patterns to the body and objects using dried and powdered leaves from henna, a native plant that grows in the Middle East.

Nishi will teach you how to create beautiful patterns through the application of henna on candles. Bookings essential.

selwynlibraries.co.nz/events



Women-only Sports Session

Tuesday 28 September, 5–8pm Selwyn Sports Centre

Calling all women who would like to come along to a sports evening at the brand new sports centre. A range of sports equipment will be available to use and also the amazing interactive Le Uno wall! Gaps open to public viewing will be covered up for your privacy. \$3 per person. Drop-in.

selwyn.govt.nz/culturefest





Culturefest

Visit our website from 2 August for a full list of activities

Japanese Budō (Martial Arts)



Friday 1 October, 7-9pm and Sunday 3 October, 2-4pm Selwyn Sports Centre

Experience the physical skill, coordination and tradition of Japanese budō (martial arts). Specialised instructors will introduce kendō, iaidō and jodō styles of Japanese sword arts.

Learn about the different concepts, philosophy and history of each traditional style, watch demonstrations and have a go yourself. Bookings essential.

ff SelwynSportsCentre





Global Futsal Tournament



Saturday 2 October, 8am-5pm Selwyn Sports Centre

The Global Futsal Tournament will be the largest, most diverse, and most inclusive futsal tournament in the South Island. Register a team at Eventbrite.

selwyn.govt.nz/culturefest



Women-only Swimming Evening

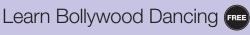
Monday 4 October, 7-9pm Selwyn Aquatic Centre

If you don't normally feel comfortable heading to the pool for a swim, then this is the perfect opportunity.

Instructors will be on hand for swimming tips, splash about on the inflatables, agua belts will be available, or why not try an Agua Fitness class?

Windows open to public viewing will be covered up for your privacy. Normal pool admission prices apply. Drop-in.

f SelwynAquaticCentre



Sunday 3 October, 2-3pm Rolleston Library and Community Centre

India's Bollywood Dancing merges the movements of body language and facial expressions into a beautiful art form. This dance fusion was created in the 1950s and can include moves from classical Indian steps, folk, bhangra, western-style, jazz and hip-hop among many others. Learn the signature moves with BollyFeet as they share choreography suitable for beginners to advanced dancers of all ages. Drop-in.







Culturefest

Family Cultural Diversity Day

Saturday 9 October, 9am-4pm Lincoln Library and Green

Celebrate and learn about some of the world's cultures and try something new. Special events on the day include Christchurch's African Markets, Nigerian Hair Braiding, International Games with Lincoln University's International Club, viewing of the Experience Indonesia display and more. Drop-in.

African Markets

9am-1pm, Lincoln Green

Explore the African Markets from Christchurch as they join us at the Lincoln Farmers' and Crafts Market. African baby dolls, clothes, materials, makeup, food and hair products will be available for purchase, among other beautiful items. Drop-in.

Nigerian Hair Braiding

10.30am-12pm, Lincoln Library

Did you know that each country in Africa has its own significance behind its braiding styles? Learn about the culture and meaning behind Nigerian hair braiding from the highly skilled Rebecca of Shadow Braids. Bring a friend or family member to try your own hand at creating these gorgeous hairstyles, or simply enjoy Rebecca's artistry as she demonstrates her techniques and shares tips. Drop-in.

selwynlibraries.co.nz/events









re Kındle

Check out our range of sustainable activities offered by Rekindle. Bookings essential as these sessions fill up fast. Search "Rekindle" on the events calendar for more information and to book.

- · Felt hottie covers
- · Felt cup holders
- · Natural cleaning products
- Hand darning
- · Peg carving







Events and Workshops

Small Business Workshops



These sessions with Sidekick Selwyn Accountants and Business Advisors are designed to empower you with tips and tricks to save time and money, facilitate risk reduction and highlight the benefits of surrounding yourself with a good team.

New to Contracting Thursday 15 July, 6–8pm Lincoln Event Centre

There is an increasing trend among the trades and other vocations to use contractors over salaried or waged employees. While this can be beneficial for both parties involved, it is key that contractors understand what it means to be a contractor and their obligations from a tax perspective. 18+ years. Bookings essential.

Fraud Awareness

Thursday 5 August, 6–8pm West Melton Community and Recreation Centre

Fraud can take many forms and often comes from the most unsuspected sources. While New Zealand often performs highly in international corruption ratings, our small businesses and not-for-profits are not immune to fraudulent activity and the disruption this can cause. 18+ years. Bookings essential.

selwyn.govt.nz/events



Adult Sign Language Classes



Thursdays 29 July-30 September, 6.30-7.30pm Lincoln Library

This engaging introductory course is specifically designed for beginners who have minimal or no prior knowledge of NZ Sign Language. Join us for this great experience!

Commitment to the term is required. 18+ years. Bookings essential.

selwynlibraries.co.nz/events



Introduction to Wine Making



Thursday 29 July, 7–8pm Lincoln Library

Ever wondered how wine is made? Find out in an informative session hosted by Olaf Schelezki from Lincoln University. Drop-in.



Grant-seeker Workshop

Wednesday 4 August, 9.30am–1pm
West Melton Community and Recreation Centre

This strategic workshop covers best practices for grant-seeking and writing processes. 18+ years. Bookings essential.

\$20 per person.

selwyn.govt.nz/events





Macramé for Beginners

Thursday 5 August, 5.45–7.45pm Rolleston Library

Make a unique wall hanging for your home! No experience is needed for this popular and easy-to-learn art form, as Toni from The Craft Room will guide you in creating a gorgeous textile to gift or display. 18+ years. Bookings essential.

\$20 library members, \$40 non-members.

selwynlibraries.co.nz/events

Hiwa - Wahine (Women Empowering Women) Series

Thursdays 5–19 August, 10am–12pm Rolleston Community Centre Lounge

Join us for a series of three seminars. Discover the support available from government, training institutions and employers to help you take the next step into work, education or training.

Hear inspiring women talk about their careers. Learn about careers in healthcare, hospitality and tourism, building and construction, manufacturing and engineering, and logistics and warehousing. Gain confidence about what you have to offer in the workplace.

15+ years. Bookings essential.

selwyn.govt.nz/events



Artisan Bread Making with Laurie

Learn the secrets of top bakers with these hands-on workshops taught by an experienced French baker.

These workshops are suitable for all skill levels from baking amateurs to those wanting to learn more about the fundamentals of bread and pastry making. You will leave with true expertise, your breads, tarts and the recipes covered.

Rolleston Community Centre Lounge \$45 per workshop. Bookings essential.

Saturday 7 August, 9am-1pm or 2-6pm

Learn the basic principles of bread making and make focaccia, ciabatta, tomato bread and a few specialty breads. Take home 6–10 breads each.

Saturday 21 August, 9am-1pm or 2-6pm

Create delicious Danishes such as cinnamon buns, brioches and pani pop. Take home 10-15 products each.

selwyn.govt.nz/events







Natural Body Care Products



Thursday 12 August, 5.45–7.45pm Rolleston Library

Make your own body care products from natural oils, butters, and beeswax. Learn about why each ingredient is used, the methods and ratios. All materials needed are provided.

You will make and take home 15gm of lip balm, 50gm deodorant and 100gm whipped body butter. 18+ years. Bookings essential.

\$15 library members, \$30 non-members.

selwynlibraries.co.nz/events





Family Bingo Night

Friday 13 August, 6–7pm Lincoln Event Centre

Bring the family along and try your luck at our bingo night. Line up all the numbers on your card to win some cool prizes. Bookings essential. \$2 per person.

selwyn.govt.nz/events

Amateur's Guide to Plant Propagation and Rose Care

Saturday 14 August, 1–2pm Leeston Library

Saturday 4 September, 1–2pm Rolleston Library

Join Jenny from the Leeston Garden Club as she demonstrates how to propagate your plants and care for your roses, all with easy methods you can use at home. 18+ years. Drop-in.

selwynlibraries.co.nz/events



Dive-in Movie

Saturday 14 August 5.30pm Kids movie 7.30pm Adults movie Selwyn Aquatic Centre

Bring your friends and family along to watch a movie, from the pool. Drop-in.

Normal pool admission prices apply.

SelwynAquaticCentre



Winter Wonderland Crafts

Monday 16 August 3.30–5pm Lincoln Event Centre

Tuesday 24 August 3.30–5pm Springston Community Hall

Pop down to one of our centres for some winter themed crafting. We'll have a variety of activities to take part in and some awesome crafts to take home. Suitable for 5–10 years. Bookings essential. \$2 per child.

selwyn.govt.nz/events



Introductory Woodcarving Workshop

Saturday 14 August, 10.30am-3.30pm Lincoln Library

FREE

Acquire basic woodcarving skills using chisels or knives with the Guild of Woodworkers of Canterbury.

You will learn about wood technology, transferring patterns, safe

tool handling and care. Tools and wood provided. You can take home your carved piece of wood at the end of the day. Please bring lunch.

18+ years. Bookings essential.

selwynlibraries.co.nz/ events



Everything you need to know about E-Bikes

Thursday 19 August 7–8pm, Rolleston Library

Always wanted to know more about electric bikes? Catherine Elliot from Lincoln University will share why e-bikes are not cheating, best battery tips, ways to improve a time-poor life and how to exercise without a drop of sweat! Drop-in.









Book Repair Workshop

Saturday 21 August, 12-3pm Lincoln Library

Do you have an old family album that is falling apart or a childhood book that has seen better days? Bring it along to this workshop and learn how to repair it to give your treasured books a second life. 16+ years. Bookings essential.

selwynlibraries.co.nz/events

Adult Clock Making Workshop

SUSTAINABILITY

Saturday 21 August, 1-3pm Darfield Library

Saturday 11 September, 1-3pm Leeston Library

The kids have had their go and now it's the adults' turn. Let your imagination soar as we rethink, reuse, and recycle with Creative Junk. Convert industrial, retail, and household junk into functional clocks that are a work of art. 15+ years. Bookings essential. \$5 library members, \$10 non-members.

selwynlibraries.co.nz/events

Selwyn Events Network Forum FREE

Tuesday 24 August, 4-6pm West Melton Community and Recreation Centre

This is a great opportunity to connect and collaborate with fellow event organisers in the Selwyn district.

Topics will include youth events, events permit applications and the Selwyn events strategy.

Light refreshments provided. Bookings essential.

selwyn.govt.nz/events



Splash Time

Tuesday 24 August, 8-8.45am (4-14 months)

Friday 27 August, 1.30-2.15pm (15-36 months)

Splash Time is a great way to introduce your baby to the water. Run by a qualified instructor, these sessions cover the importance of water experiences in child development and water safety, and provide a taster of what parent/child swim classes are like. Bookings essential, email swimschool@ selwyn.govt.nz

SelwynAquaticCentre



Bee Friendly Seed Bombs

Thursday 26 August 3.30-4.30pm, Rolleston Library



Thursday 2 Sept 3.30-4.30pm Lincoln Library

Warning – random acts of gardening!

Bring bees to your garden with Nicky from Garden to Table. Learn what seed bombs are and how to make them. Please bring an ice cream container with a tight-fitting lid or similar. 5+ years. Bookings essential.





Sustainability Korero





Thursday 26 August, 6–7.45pm Lincoln Library

A sustainable future starts with everyone taking small steps. Presented by Lincoln University, learn about the power of planting and how it can transform Selwyn. This talk will explore social sustainability, carbon sequestration and environmental restoration. Drop-in.

selwynlibraries.co.nz/events



Floral Letters Workshop

Thursday 9 September, 6.30–8pm Lincoln Library

Flower lovers welcome! Give floral design a go and make a gorgeous, totally unique homeware piece this spring with Maddison, The Friday Florist. A wide range of vibrant dried blooms will be available to you, along with all of the supplies you will need. Perfect to personalise for yourself or gift to someone special. Suitable for teens and adults.

Bookings essential by 25 August, please include which letter you would like. \$20 library members, \$40 non-members.

selwynlibraries.co.nz/events





Nourish Seed Giveaway and Seedling Swap



Saturday 28 August, 1–2pm (Part One)
Darfield Library or 14 Regent Street, Springfield

Saturday 9 October, 1–2pm (Part Two)
Darfield Community Garden or 14 Regent Street, Springfield

Join Nourish for a two-part series seed swap.

Part One: Seed Give Away

Enjoy this practical demonstration of how to plant seeds, choose seedlings and care for the plants until they are ready for the garden. Potting mix, containers and seeds supplied.

Part Two: Seedling Swap

Here is your chance to swap excess seedlings grown from part one. Drop-in.

selwynlibraries.co.nz/events



Soy Candle Workshop

Thursday 9 September, 6–8pm Leeston Library

Soy candles are beautiful, non-toxic, and burn slowly. The wax used is a processed form of soybean oil, so makes a perfect fragrance carrier. Bring along three glass containers of approximately 150ml and learn how to create your own soy candles. 18+ years. Bookings essential.

\$20 library members, \$40 non-members.



The Secret Behind Kombucha

Thursday 16 September, 6.30–7.30pm Lincoln Library

Learn how to spritz up your 2021 with your own healthy gut-friendly tonic. Luca Serventi from Lincoln University will teach you how to utilise local ingredients such as New Zealand hops and kawakawa tea, and add them to your second fermentation, creating an additional twist. Drop-in.

selwynlibraries.co.nz/events



Cheesemaking Workshop

Saturday 18 September, 10am–1pm Leeston Library

Experience this exciting introduction to hand-made cost-effective cheese. This workshop will explore the process of creating camembert, feta, ricotta, mascarpone, halloumi and neufchâtel. Cheesemaker Cushla has been practicing for over seven years and will introduce you to the joy of cheesemaking at home. Session includes a lunch of various cheeses, delicious homemade crackers and fresh bread. 18+ years. Bookings essential.

\$15 library members, \$30 non-members.

selwynlibraries.co.nz/events



Te Wiki o Te Reo Māori

A full list of activities online from August

Community Waiata Session

Thursday 16 September, 6–7.30pm Rolleston Library

In celebration of Te Wiki o Te Reo Māori, join us for an enjoyable night of singing with others from the community. You will learn the waiata 'Te Taukaea Aroha' so you can join in at the opening of Te Ara Ātea. All ages and abilities welcome. Drop-in.

Kaua e whakamā ki te kōrero Māori, ahakoa he iti – he taonga.

Don't be shy to speak Māori, no matter how little – treasure it.

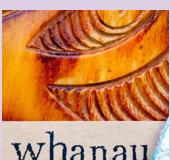
selwynlibraries.co.nz/events



Lincoln Library Whānau Day

Saturday 18 September 1–3pm, Lincoln Library

Grab your whānau (family), your hoa (friends) and celebrate Te Wiki o Te Reo Māori with us at the Lincoln Library. There will be different activities for all ages, from weaving to waiata, and mahi toi (Māori arts and crafts) to kai (food). Whether you're keen to jump in and participate or just want to sit back and listen to te reo, you're sure to enjoy this event. Drop-in.





Waste Free Living Workshop with Kate Meads



Monday 20 September, 10am-12pm Lincoln Event Centre

Have you ever wondered what happens to your waste once you put your bag or bin out? Have you noticed the excessively increasing amounts of packaging? Are you recycling right?

Kate will take you on an entertaining yet engaging journey where you will learn about what the problems are and what we can do about it.

WASTE

FREE

LIVING

This course is perfect for people who don't know where to start, as well as those who want to learn what they can do. You will leave with a free goodie bag worth \$100. 18+ years.

Bookings essential. \$27 per person.

selwyn.govt.nz/events

Food Lovers Masterclass Workshop with Kate Meads



Monday 20 September, 6–8pm Lincoln Event Centre

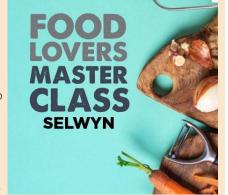
Come along and learn about why we waste food and how to stop it. There will be a few face-palm moments and lots of laughs as Kate takes you through the reasons we waste food and what we can do about it.

This is a fun but informative session and you will leave inspired with a cool goodie bag full of samples (worth \$100) to get you started.

18+ years.

Bookings essential. \$27 per person.

selwyn.govt.nz/events



Nourish Off-Grid Living and Resilience





Saturday 25 September, 1–2.30pm 14 Regent Street, Springfield

Join Nourish and the Edge Connector Vehicle for a first-hand look at off-grid living in action. Learn more about solar power, water collection, composting toilets, heating solutions and general sustainable resilience and self-sufficiency. Drop-in.

selwynlibraries.co.nz/events



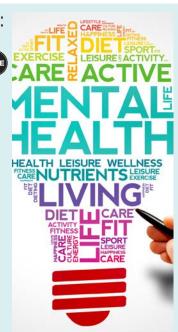
Mental Health Week: Let's Talk About It

Thursday 30 September 6–7.30pm, Lincoln Library

Mental Health is worthy of powerful, positive conversations.

Take this opportunity to engage in an informative evening with inspiring guest speakers.

Nearly one in three New Zealanders have experienced mental distress and 77% of people personally know someone who is struggling. Suitable for mature audiences. Drop in.



Welcome to the Jungle Disco

Wednesday 6 October, 1.30–3pm Lincoln Event Centre

Dress up as your favourite animal and join us for an afternoon of jungle-themed fun. Featuring disco lights, funky tunes and heaps of spot prizes. Suitable for preschoolers and children up to 8 years. Caregiver and bookings essential.

\$3 per child

selwyn.govt.nz/events



BOOST Splash

Thursday 7 October 7.30–9pm Selwyn Aquatic Centre

Come join our pool party with a DJ, big inflatables, free pizza and more. All youth aged 13–18 years are invited. Drop-in.

Normal pool admission prices apply.

f SelwynAquaticCentre



Selwyn Aquatic Centre Open Day

Sunday 17 October, 12.30–3.30pm Selwyn Aquatic Centre

Help us celebrate the completion of the Selwyn Aquatic Centre's extension and official opening. A fun, family afternoon with activities for all. Make a splash in our pools or enjoy the festivities outside!

Drop-in. A gold coin donation will be collected for Variety the Children's Charity.

SelwynAquaticCentre



swell 11–24 October

Swell Expo

Monday 18 October, 9am–2.30pm Lincoln Event Centre

The Swell Expo is a great day out for the older residents of Selwyn and their families. Connect with community clubs and organisations or find out about the key components to living well.

Enjoy two weeks of programmes around the district from 11 to 24 October that celebrate and enhance the experience older adults can have through our libraries, facilities, recreation clubs and businesses in Selwyn.

For a full list of activities visit selwyn.govt.nz/swell







Libraries Programmes

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

Selwyn Libraries has a growing range of regular programmes and events to suit every age and interest from preschoolers to adults. These are held at Darfield, Leeston, Lincoln and Rolleston Libraries. All are free, casual sessions, with no bookings required unless stated otherwise.

We are an official learning destination for Te Mātāpuna Mātātahi/Children's University. Look out for this logo in the guide and visit selwynlibraries.co.nz or childrensuniversity.com.au for more information.



Adults Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.

Board Games Club

Love board games? Head along to our libraries to play a variety of exciting games. All ages welcome.

Casual Crafts

Come along to Darfield and Rolleston Libraries and let your imagination run wild in our arts and crafts area.

Coding Club &

Join our weekly Coding Club sessions for some hands-on coding and problem solving at Rolleston Library. Perfect for 9–13 years.

Cubing Club &

Stretch your brain at our drop-in Cubing Club at Lincoln Library. Bring your own cube or challenge yourself with one of ours. Fortnightly. Suitable for ages 10 and over.

Craft and Chat Group

Bring along your current craft project to work on while you get to know fellow craft enthusiasts at Lincoln Library! An opportunity to share tips, tricks and skills.

Creative Cards Workshop

Have you ever wished you could make beautiful greeting cards? \$10 per session, bookings essential. Held at Lincoln Library, supplies provided.

Device Drop-In: Tech Help

Our weekly device drop-in sessions are informal support groups to help you familiarise yourself with your digital device. Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

Discovery Time &

Come along to our weekly sessions at all libraries with fun activities and experiments. Each month will focus on either science, technology, engineering, art or maths.

Hui Mātua

Join us for Hui Mātua hosted by Birthright – a not-for-profit organisation specialising in working with families, including one-parent, two-parent and blended families, mātua whāngai and grandparents. If you're looking to connect with other caregivers, access parent education opportunities or learn more about what is happening in the community, join us for this informal drop-in session.

JP Clinics

Visit our libraries and drop-in for a free Justice of the Peace clinic at Rolleston, Lincoln and Darfield Libraries.

LEGO® Club &

Play with our new LEGO® collection and make a new creation. Children under 8 years must be accompanied by an adult.

Online Selwyn Book Lovers Club

Love reading? Our new chat group, Selwyn Book Lovers, is for you! Read our featured title then pop along to our Zoom chat at the end of each month where we'll connect and delve deeper into the book. Visit selwynlibraries.co.nz/events to find out which title has been selected. Unlimited copies of selected title available each month in our eResources.

Rhymetimes

Giggle and wriggle with our stories, songs, rhymes and bubbles. These Rhymetimes sessions are designed to assist with early language development while having a great time! Suitable for 1–3 year olds.

Scrabble Club

Enjoy a good game of Scrabble? Join our weekly Scrabble Club for fun games and friendly company.

Sensory Babytimes

Share interactive songs, stories, sensory boards and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.

Teen Space

Develop your passion for arts, technology and practical skills at Darfield and Leeston Library. Collaborate and create wild artistic creations, VR, PS5's, and much more.

Teen and Children's Book Clubs

Share your latest reading adventures, check out the newest book arrivals, participate in an activity, and have a snack. Children's at Darfield, Leeston, Lincoln and Rolleston Libraries; Teens at Lincoln and Rolleston.

Children's Book Club: 5–11 years Teen Book Club: 12–18 years

Virtual Reality (VR) Drop-in Sessions

The library has some awesome new tech to check out! Kayak with the penguins in Antarctica, fly to the International Space Station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Don't miss these drop-in sessions to test out our VR headsets. Suitable for ages 13 and over.















Darfield Library

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

Monday Scrabble Club 11am-12.30pm Board Games Club 3.30-4.30pm Teen Space 3.30-5pm Third Manday of the month

Tuesday Rhymetimes 10.30–11am Online Selwyn Book Lovers Club 7.30–8.30pm

Last Tuesday of the month





3.30-5.30pm



Casual Crafts 1–3pm

Friday

Rolleston Library



Term-time only. Term 2 classes run between

Monday 3 May and Friday 9 July.

Leeston Library

Monday

Scrabble Club 11am-12.30pm

Rates Rebates 2–3pm

LEGO® Club 3.30–4.30pm

Tuesday

Rhymetimes 10–10.30am

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Discovery Time 3.30-4.30pm

Online Selwyn Book Lovers Club 7.30–8.30pm Last Tuesday of the month

Wednesday

Adults Book Club 10-11am

Third Wednesday of the month

Teen Space 3–4pm

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

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Thursday

Storytimes 10–10.30am

Hui Mātua 10am-12pm

Quiet Time 12–2pm

Virtual Reality 2–4pm

Friday

Rates Rebates 11am-12pm

Device Drop-in: Tech Help 2–4pm

Children's Book & Board Games Club 3–4pm

Saturday

Adults Book Club
10–11am
Third Saturday of the month

Storytimes 11–11.30am

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Lincoln Library

Monday

Scrabble Club 11.30am-12.30pm

Discovery Time 3.30–4.30pm

Sunday

Storytimes 10.30–11am

Discovery Time 2–3pm

Tuesday

Rhymetimes 9.30–10am

JP Clinic 10am-12pm

ESOL Ladies 10.30am-12pm

Adults Book Club
10.30am–12pm
ast Tuesday of the month

Rates Rebates 1–3pm

Teen & Children's Book Club 3.30–4.30pm Third Tuesday of the month

Online Selwyn Book Lovers Club 7.30–8.30pm

Wednesday

Sensory Babytimes 9.30–10am

> Rates Rebates 9–11am

Creative Cards
Workshop
10am–12pm

LEGO® Club 3–4pm

Board Games Club 3–4pm

Thursday

Craft and Chat Group 10am–12pm

Storytimes 10.30-11am

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ESOL Ladies 10.30am-12pm

> Quiet Time 12–2pm

Virtual Reality 3.30–5.30pm

Adult Evening
Book Club
6.30–7.30pm
st Thursday of the month

Writers' Group 6.30–7.30pm Second Thursday

Friday

Rhymetimes 9.30–10am

Device Drop-in: Tech Help 10am-12pm

Cubing Club 3.30–5pm Fortnightly, beginning 30 July

Junior Enviro
Action Group
4.30–5.30pm
Third Friday of the month

Selwyn Libraries

Te Ara Ātea Opening November 2021



Te Ara Ātea is about encouraging discovery – seeking new experiences and understanding past knowledge.

It's where you'll be able to learn, play, and connect with family and friends.

Edge Connector Service

Find out about upcoming visits: selwynlibraries.co.nz/events



Group Fitness Classes

ACTIVE MUNS 45 MINS

Ease back to fitness and meet other mums during a workout where preschoolers are welcome (small play area set up in the room). Cardio and bodyweight exercises in a fun, relaxed environment.

LesMills BODYPUMP FOIMINS BODYPUMP

Lesmills Express

A barbell workout for anyone looking to get lean, toned and fit. Using light to moderate weights with lots of repetition, for a total body workout.

BOXFIT 45 MINS

This high-intensity workout will take your fitness to the next level! Skipping, agility and core work alongside different boxing drills. Variety that will make you stronger physically and mentally.

CIRCUIT 45 MINS

Uses different work stations to challenge your strength and fitness. A different focus at each class takes the boredom out of training. Suitable for all fitness levels.

CORE 30 MINS

An intense workout designed to build strength, stability and endurance in the muscles that support your core including the abdominals, glutes and the back.

DANCE FITNESS 60 MINS

Easy to follow dance moves for all abilities that will keep you moving and having fun. A great mix of songs, styles and rhythms that will feel like a dance party rather than a workout.



GRIT CARDIO

A high-intensity interval training (HIIT) workout that improves cardiovascular fitness, increases speed and maximises calorie burn. A variety of bodyweight exercises.

GRIT STRENGTH 30 MINS

A high-intensity interval training (HIIT) workout, designed to improve strength, cardiovascular fitness and build lean muscle. Barbell, weight plate and bodyweight exercises.

45 MINS Rolleston/West Melton 60 MINS Lincoln

Circuit-style interval training with different challenges every week including weights, boxing, and bodyweight exercises.

KICK & TONE 60 MINS

Kick and Tone is a dynamic interval training class that utilises martial arts moves and strengthening exercises to help you get in shape and feel great! Suitable for all abilities.

MATURE & MOTIVATED 45 MINS

Great for heart health, strength and balance. Aimed at 60 years and over, or anyone getting back into fitness; it is low impact, lots of fun with a great social vibe. Accredited by ACC.

MOVE IT TO MUSIC 60 MINS

Music, fun equipment and a sense of humour is all you need in this class to get moving! Suitable for those with arthritis or less active. Accredited by ACC. Tea and coffee provided.



PILATES 60 MINS

This class improves core strength, postural and mind-body awareness through a series of different exercises aimed at restoring balance and flexibility. Pre-registration required.

COMBO STEP PUMP 50 MINS

Step to increase your heart rate for 30 minutes followed by strength work with barbells and weights. Suitable for all abilities.

Sprint 30 MINS

A short intense style of training pushing physical and mental limits on the spin bike. It is a high-intensity, low-impact workout that combines bursts of intensity and rest periods.

LESMILLS RPM 45 MINS

Indoor cycling workout with an instructor who leads the pack through hills, flats, mountain peaks, time trials, and interval training. You control the resistance and speed to build your fitness level.

TAI CHI 60 MINS

An ancient Chinese exercise integrating mind, body and breath through slow, gentle and effective movement. Tai Chi leaves you with a sense of calm and wellbeing. Accredited by ACC.

YOGA 60 MINS

This class has an emphasis on alignment, good posture, and awareness of breathing. Suitable for all abilities, it improves strength, flexibility and deep relaxation.

YOGA FLOW 60 MINS

Yoga postures in a flowing sequence, set against a backdrop of timeless philosophical principles. Using your body as a weight, develop functional strength through your core and limbs.

YOGA RESTORE 60 MINS

Take your body through its full range of movement, restore mobility, vitality and calm. Ease your mind, breathe deeply and let go of tension and tightness throughout your whole body.

ZUMBA 45 MINS

A calorie-burning dance party combining a range of easy-to-follow Latin and International dance styles to catchy energizing music. 6pm: Wooden floor courts, 7pm: Pavilion room upstairs.

Selwyn Sports Centre Virtual Classes

Classes held in the Ruma Paikikara (Spin Room) with an instructor on a large screen.

BOOKINGS RECOMMENDED SELWYNSPORTSCENTRE (03) 347 2888

	Monday	Tuesday	Wednesday	Thursday	Friday
6am			LesMills RPM		Sprint
8am	Lesmills RPM	Lesmills RPM	Lesmills RPM	Lesmills RPM	LesMILLS RPM
9am		LesMILLS RPM			
10am	Lesmills RPM	Lesmills RPM	Lesmills RPM	Lesmills RPM	LesMILLS RPM
12pm		Sprint			
6pm		Sprint			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	LesMILLS RPM	LesMILLS RPM	GRIT STRENGTH	LesMILLS RPM	HIIT		
6am	GRIT STRENGTH						
6.35am			CORE				
8.15am						LESMILLS EXPRESS BODYPUMP	
9am	LesMILLS RPM		LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	
9.15am	YOGA	BODYPUMP		LesMILLS BODYPUMP	BODYPUMP		
10am		CORE			CORE	LesMILLS BODYPUMP	Sprint
11am		MATURE & MOTIVATED		CIRCUIT	MATURE & MOTIVATED	CORE	LesMILLS RPM
12pm	LESMILLS EXPRESS BODYPUMP		LESMILLS EXPRESS BODYPUMP	Sprint			
1pm	TAI CHI						
1.15pm			MOVE IT TO MUSIC				
5.15pm	LESMILLS EXPRESS BODYPUMP						
6pm	Sprint		BOXFIT	LesMILLS RPM			
6pm	Lesmills BODYPUMP	STEP PUMP	YOGA FLOW	GRIT CARDIO			
6pm	ZUMBA		LesMILLS RPM				
7pm	ZUMBA	LESMILLS RPM		LesMILLS BODYPUMP			
7pm		YOGA RESTORE					
7.15pm			LESMILLS BODYPUMP				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LesMILLS RPM		LesMILLS RPM		
8.15am						LesMILLS RPM	
9.15am	LesMILLS RPM	HIIT			ACTIVE MUMS		Lesmills EXPRESS BODYPUMP
10am	MATURE & MOTIVATED		MATURE & MOTIVATED				
10.15am							CORE
11.45am				TAI CHI			
5.30pm	Lesmills BODYPUMP		Lesmills BODYPUMP				
6pm		LesMILLS RPM		LesMILLS RPM			
6pm				STEP PUMP			
6.30pm	YOGA FLOW	Lesmills BODYPUMP					
6.45pm			CORE				
7pm				PILATES			
7.30pm			YOGA RESTORE				
8pm				PILATES			







West Melton Community and Recreation Centre

WESTMELTONCOMMUNITYCENTRE
PH 347 1804

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am						HIIT
9.15am			KICK & TONE		BODYPUMP	
10am	DANCE FITNESS					
11am			MATURE & MOTIVATED			
5.15pm	Lesmills BODYPUMP					
5.30pm			Lesmills BODYPUMP			
6pm		HIIT				
7pm		YOGA				

Tai Tapu Community Centre

Ph 347 2983

Thursday

7pm *PILATES*







Recreation

SELWYN.GOVT.NZ/RECREATION

Baby Gym 45MINS

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our baby-friendly environment. Please bring a blanket.

Get Your Skates On Williams



An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under.

Junior Spin 45MNS

Calling all teenagers! Workout on a stationary bike with your friends to your favourite music. Ideal for all fitness levels. Bookings essential.

Little Dancing Feet **DANCING**

A fun class for preschoolers using pom poms and ribbons to music. Great for fundamental movement skills and coordination.

Mini Gym 45MINS

Learning through music and movement, this class focuses on motor coordination, cognitive development and confidence.

Free play as well as structured time and songs with the tutor.

Sports Activities for Adults with Disabilities was

Includes different sport activities for adults with mixed abilities.

Bowls, ball fun, badminton, coordination and sensory skill challenges plus more! Participation is for everyone!

Held the second Sunday of each month. Caregiver and registration required on the day.







Recreation

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
9.30am	MINI GYM (1–2YRS)		MINI GYM (1–2YRS)		MINI GYM (1–2YRS)	
10am				MINI GYM (3MNTH-2YRS)		
10.15am	BABY GYM		BABY GYM		MINI GYM (3–5YRS)	
10.30am						
10.45am				MINI GYM (3–5YRS)		
11am	MINI GYM (3–5YRS)		MINI GYM (3–5YRS)			
1pm				LITTLE DANCING FEET		
2.30pm						SPORTS ACTIVITIES FOR ADULTS WITH
3.30pm	GET YOUR Skates on	GET YOUR Skates on		GET YOUR Skates on		DISABILITIES (Second Sunday of the month)
6.30pm	JUNIOR SPIN (13–19YRS)					
Selwyn Spo	orts Centre	West	Melton Community a	nd Recreation Centre		Lincoln Event Centre

All recreation classes are held during term-time only (except Sports Activities for Adults with Disabilities). Term 3 classes run between Monday 26 July and Friday 1 October.



Selwyn Aquatic Centre

SELWYNAQUATICCENTRE PH 03 347 2734

A variety of different group fitness options are on offer in the 25m pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays but not on public holidays. Bookings are required for some classes. One-off group bookings available.



Hydro Health **SOMINS**

A low-impact class designed to increase balance, flexibility, functional strength and coordination. This class suits rehab and recovery, injury and fall prevention and helps improve restricted range of movement. Water 35–36 degrees.



Hydro Tone 45 MINS

A gentle exercise class with stretches and resistance based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening. Water 35–36 degrees.



A fun, high energy class with a mix of cardio and strength based movements. This class is designed to increase both fitness levels and strength.* Water 27–28 degrees.



Aqua Intense 45 MINS

An intense, energetic class designed to push you to your limits! With a strong emphasis on cardio and limited rest breaks, designed to raise your heart rate through dynamic movement in the deep water (agua belt optional). Water 27–28 degrees.



High-Intensity Interval Training (HIIT) is the fastest way to improve your fitness level. Intense bursts of exercise followed by short periods of recovery, allowing your body to reach its maximum training zone. Water 27–28 degrees.

Timetable subject to change.

*This class will move to a shallower depth and 30–31 degrees once pool maintenance is completed.

	Monday	Tuesday	Wednesday	Thursday	Friday
8.45am					AQUA HIIT
9.30am	HYDRO TONE	AQUA INTENSE	HYDRO TONE	AQUA FIT	AQUA FIT
10.30am	HYDRO HEALTH	HYDRO TONE	HYDRO HEALTH	HYDRO TONE	HYDRO TONE
12.15pm		HYDRO HEALTH			
1pm		AQUA FIT			
6.15pm			HYDRO TONE	HYDRO HEALTH	
7pm	AQUA INTENSE				
7.30pm			AQUA INTENSE		

Group Fitness and Recreation Pricing

The following pricing is for the Selwyn Aquatic Centre, Selwyn Sports Centre, Lincoln Event Centre and West Melton Community and Recreation Centre.

ALL ACCESS

POOL AND GROUP FITNESS CLASSES

\$72.50

PER MONTH

Supergold card holders \$60 per month. Terms and conditions apply.

PREMIUM GROUP FITNESS

GROUP FITNESS CLASSES
INCLUDING SPIN AND AQUA

\$52

PER MONTH

Supergold card holders \$43 per month

PREMIUM SWIM

UNLIMITED SWIMMING! EXCLUDES AQUA CLASSES

\$52

PER MONTH

Supergold card holders \$43 per month

BASIC

GROUP FITNESS CLASSES
EXCLUDES SPIN AND AQUA

\$44

PER MONTH

Casual prices

ADULT	\$9
SUPERGOLD CARD HOLDERS	\$6
PRESCHOOL	\$4.50
SKATING	\$7
PILATES	\$100/10 WKS
SPORTS ACTIVITIES FOR ADULTS WITH DISABILITIES	\$3
TEEN SPIN	\$5

Concession cards (10 classes)

ADULT	\$81
SUPERGOLD CARD HOLDERS	\$54
PRESCHOOL	\$40.50
SKATING	\$63

Pool memberships

CHILD 3 MONTH SWIM	\$115
ADULT 12 MONTH SWIM	\$490
ADULT 12 MONTH SWIM AND AQUA CLASS	\$638
SUPERGOLD CARD HOLDERS 12 MONTH SWIM	\$410
SUPERGOLD CARD HOLDERS 12 MONTH SWIM AND AQUA CLASS	\$485

Darfield Library and Service Centre

1 South Terrace, Darfield Contact (03) 318 7780 libraries@selwynlibraries.co.nz

Leeston Library and Service Centre

19 Messines Street, Leeston Contact (03) 347 2871 libraries@selwynlibraries.co.nz

Lincoln Event Centre

15 Meijer Drive, Lincoln Contact (03) 347 2983 lec.enquiries@selwyn.govt.nz

Lincoln Library and Service Centre

22 Gerald Street, Lincoln Contact (03) 347 2876 libraries@selwynlibraries.co.nz

Rolleston Community Centre

94 Rolleston Drive, Rolleston Contact (03) 347 2882 rcc.enquiries@selwyn.govt.nz

Rolleston Library

94 Rolleston Drive, Rolleston Contact (03) 347 2880 libraries@selwynlibraries.co.nz

Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston Contact (03) 347 2734 sac.enquiries@selwyn.govt.nz

Selwyn Sports Centre

70 Broadlands Drive, Rolleston Contact (03) 347 2888 sports.centre@selwyn.govt.nz

Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu Contact (03) 347 2983 taitapu.enquiries@selwyn.govt.nz

West Melton Community and Recreation Centre

1163 West Coast Road, West Melton Contact (03) 347 1804 westmelton.enquiries@selwyn.govt.nz

