

MEETINGS

You can speak on matters of concern during the first 15 minutes of each Council or Committee meeting. Please contact **Sue Elder** at the Rolleston office well in advance if you wish to speak.

Township, Hall and Reserve Committees, please note: If you wish to advertise your meeting please let **Lee Brehaut** know as soon as possible by faxing (03) 347 2799, e-mailing lee.brehaut@selwyn.govt.nz, or phoning 347 2964 or 318 8338.

COUNCIL

Council Meeting

- Wed 26 August, 1pm, Council Chambers Rolleston.

Industrial Park Project Team

- Thu 15 September, 10am, Councillors' Lunchroom, Rolleston Council Buildings.

Note change of date.

Because this project team discusses commercially sensitive information, the public will be excluded from most, if not all, of the meeting. Please direct any queries to the Corporate Services Manager, **Douglas Marshall**.

Council Meeting

- Wed 9 September, 1pm, Council Chambers Rolleston.

COMMUNITY

Arthur's Pass Community Centre - AGM

- Wed 2 September, 7pm, Community Centre, School Terrace.

Coalgate/Glentunnel Reserve Management Committee

- Tue 25 August, 8pm, Glentunnel Sports Pavilion.

Darfield Recreation & Community Centre

- Mon 7 September, 7.30pm, Darfield Recreation Centre.

Doyleston Community Committee

- Tue 8 September, 7.30pm, Osborne Park Hall.

Glentunnel Residents Association

- Mon 7 September, 7.30pm, Community Centre – Glentunnel.

Halkett Community Centre

- Wed 9 September, 7.30pm, Community Centre.

Kirwee Recreation Reserve Management Committee

- Mon 14 September, 8pm, Kirwee Sports Pavilion.

Leeston Community Committee

- Mon 7 September, 7.30pm, Leeston Community Room.

Lincoln Community Committee

- Mon 14 September, 7.30pm, Lincoln Community Centre.

Prebbleton Community Association

- Tue 8 September, 7.30pm, Prebbleton Community Hall.

Prebbleton Public Hall Society Inc

- Mon 14 September, 7.30pm, Prebbleton Public Hall – Supper Room.

Rolleston Community Centre Committee

- Thu 27 August, 7.30pm, Rolleston Community Centre.

Sheffield/Waddington Community Committee

- Thu 27 August, 7.30pm, Sheffield Community Hall.

Southbridge Advisory Committee

- Tue 25 August, 7.30pm, Southbridge Fire Station

Springston South Reserve Management Committee

- Mon 31 August, 7pm, Old Soldiers Hall Springston South.

Templeton Residents Association

- Mon 31 August, 7.30pm, Templeton Community Centre.

Whitecliffs Domain, Reserve & Township Committees

- Mon 14 September, 7.30pm, Glentunnel Community Centre.

Motukarara Conservation Nursery

19th & 20th September
9.30–5pm

Restoration Field-days

CANTERBURY

get inspired, get involved, get it right

You are invited to a two-day programme of presentations and field trips for anyone interested in protecting or restoring native plants, animals and habitat.

Day 1 will feature two 1-hour presentations (45 mins talk, 15 mins questions), one on setting up a Trust and one on practical planting programmes. Also on the day:

- Free hangi (for first 100 registered people)
- Talks from regional experts
- Panel discussion on eco-sourcing.

Day 2 will feature field trips. Trip 1 will visit the Ashley River and Otukaikino Restoration site. Trip 2 will visit the shores and environs of Lake Ellesmere (Te Waihora).

The weekend programme aims to:

- Inspire people and groups to get involved in promoting Canterbury's native plants and animals
- Provide opportunities for networking and the sharing of experiences, ideas and solutions
- Celebrate success by groups
- Show people what they need to know to do biodiversity work.
- Create a positive event (as the first small step)
- Give applied/practical skills (e.g. trapping).
- Help people understand the restoration process (long-term and dynamic)

For more information, visit www.canterburybiodiversity.org.nz/RestorationDay.html Contact: **Wayne McCallum**, Regional Biodiversity Coordinator on 371 7160 or email wayne.mccallum@ecan.govt.nz

PLAN CHANGE 11: LIVING 1B DEFERRED ZONE STRUCTURE

Further submissions invited

Proposed Plan Change 11, which is concerned with the part of Rolleston currently zoned as Living 1B deferred, is intended to manage the transition of this area to urban use.

Submissions were invited earlier in the year and are now available, along with a summary of the submissions, at all Council service centres, libraries and on our website (www.selwyn.govt.nz).

Anyone can now make a further submission supporting or opposing any of the original submissions. This is not an opportunity to make new submissions on the Plan Change. You may only support or oppose decisions requested in the original submissions.

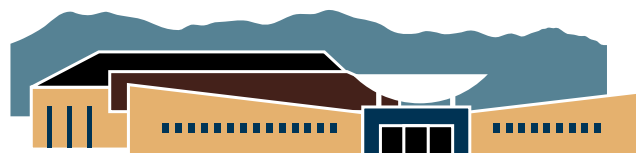
The further submission must reach us by **5pm on Tuesday 22 September** and must be written in accordance with Resource Management Form 6, which is available on our website or at any Council office or library.

Please address your further submission to:

Plan Change 11

Selwyn District Council
PO Box 90
Rolleston 7643

You must also send a copy to the person(s) whose submission(s) you support or oppose within 5 working days of lodging your further submission with us.



ROLLESTON COMMUNITY CENTRE NEWS

The safest place in town

Last week the Community Centre was a hive of activity when we were fortunate in holding the National Police Basketball Championships, with teams from all over the country vying for top spot. The final came down to South Island A versus Auckland with the southern team taking the honours. The South Island also won the women's North v South title match.

Go the South!

For the past few weeks the Centre has also been hosting the Rolleston Primary School production rehearsals. It has been a real pleasure seeing the amount of effort both the students and teachers have been putting in to what should be a fantastic show on **Wednesday and Thursday nights** (26 and 27 August). Get your tickets at the school office.

Our programmes are in full swing and planning is beginning for Term 4. Several new initiatives will include mid-week mid-day roller-skating fitness classes and spin classes. If you have any suggestions please contact me.



Current Activities

Volleyball

Flow Yoga

Tai Chi

Dance

Belly Dancing

Pilates

Basketball

B.A.T

Pump Fitness

Active Seniors

Sit and be Fit

Ceroc Dance

Social Badminton & Table Tennis

Mini Gym

Dabble in Scrabble and other board games

Roller Skating dates for the rest of 2009 (Held in

the Stadium) 22 August, 19 & 26 September, 17 & 24 October, 14 & 21 November, 5 & 19 December.

Session times: 5-8 yrs: 3.30 – 5pm, 9-13yrs: 5.30 – 7pm (parents welcome to join in).

The new monthly **Craft and Produce Market**, located in the Centre car-park starts up at 10am on Sunday 30 August, and thereafter on the last Sunday of every month, 10am–1pm.

We are still looking for more stallholders for the **September Market** but you will need to be quick.

Want more info on all of the above?

Call into the Centre or phone me on 347 2882. You can also email: david.pryor@selwyn.govt.nz



with David Pryor

Selwyn Wheels & Heels
with Carolyn Bennison
school travelwise coordinator

The Higher You Sit, the Safer the Fit!

Which New Zealand kids need a booster seat?

- All 4 and 5 year-olds
- 90% of 6, 7 and 8 year-olds
- 50% of 9 and 10 year-olds
- 5 to 10% of 11 and 12-year olds

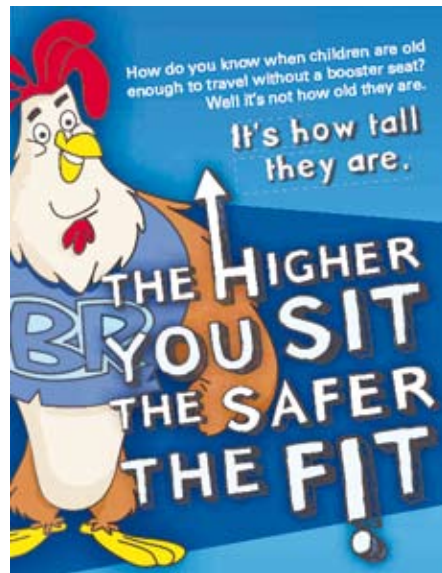
But it's actually not about how old they are – it's about how tall they are.

'The Higher You Sit, The Safer the Fit' Safekids campaign aims to educate this message.

Adult seat belts don't fit children properly until they're 148cm tall, which is why it's so important for pre-school and school-aged kids to stay in an appropriate child restraint or booster seat.

Between 10am and 2pm on Saturday 19 September, the Selwyn District Council is holding a free child restraint clinic at the Rolleston New World car park.

For more information, contact me on 347 2944 or 318 8338.



ROLLESTON ENVIROTOWN PRODUCE & CRAFT MARKET

The **Rolleston Envirotown Market** for produce and craft will be held monthly in **Rolleston Square**. The inaugural market is planned for **Sunday 13 September, 10am to 1pm**. If you want to have a stall at the market, please email tonicermu@gmail.com or phone 347 8240.

Rolleston Square is an ideal setting for the market. It has a relaxed market atmosphere with a giant chess set, some seating, a grass area, some nearby shops open on Sundays, public toilets, and BNZ and Westpac money machines for the cash-only market.

If the weather is bad the market will be held in vacant shops.

Rolleston Envirotown, Selwyn's latest sustainability group, was formed earlier this year with support from Lincoln Envirotown's **Sue Jarvis**. Its mission statement is "A better environment starts with you."

The Rolleston Envirotown Market is the first of several projects the strong Rolleston group has planned for its growing town. A sub-committee is steering the market project, which will have stallholders who pay a small fee for a market site. This contribution will go back into the Rolleston community through other planned Rolleston Envirotown projects, such as community gardens.

SteppingOut

with Sarah Wilson, Active Communities Coordinator

Falls needn't rob older people's independence

Do you know someone elderly who has had a fall recently or might be at risk of falling?"

A highly effective programme, called the Otago Exercise Programme (OEP) has been proven to reduce falls by approximately 35%.

The ACC-funded programme was developed by the University of Otago for people aged 80+ (or 65+ if Maori or Pacific) living in the community.

It involves five or six home visits by a physiotherapist or specially trained nurse, to teach participants individually tailored exercises. These exercises focus on improving balance and leg strength. During the 12-month programme, the physiotherapist or nurse will also keep in phone contact between visits.

The Otago Exercise Programme is being offered by two providers in the Selwyn area. You can contact them directly for information about the course:

Canterbury Rehabilitation Specialists

Sandra Juergens
1170 Woodfields Road,
RD5, Rangiora
Ph: 03 312 5220
sljuergens@alumni.unc.edu

Presbyterian Support

Phillipa Nicoll
PO Box 13 171
Fax: 03 381 5226
Ph: 373 8280
pipn@psusi.org.nz



Selwyn Wheels & Heels

with Lee Wright
transport & road safety coordinator

NEW STRATEGY AIMED AT SAVING LIVES!

Safer Journeys – 2020 Road Safety Strategy

If you heard me cheering last week, here's why. The Ministry of Transport has just released its draft road safety strategy, **Safer Journeys 2020**. It has some great stuff in it. But it has some contentious stuff too. The Ministry wants submissions, so I'm sending one and hope you do too.

The strategy focuses on five key areas of top concern:

- Reducing the impact of alcohol/drug impaired driving
- Increasing the safety of younger drivers
- Achieving safer roads and roadsides
- Achieving safe speeds
- Increasing the safety of motorcycling

Among the 60 proposals in Safer Journeys which I most strongly support are:

- reducing drivers' legal Blood Alcohol Content from .08% to .05%.
- changes to the restricted licence test
- encouraging young drivers to have 120 hours of supervised driving practice.

How can you have your say?

The Ministry is keen to get public feedback. You can get a copy of the document and submission form at www.saferjourneys.govt.nz or by calling the Ministry of Transport on (04) 439 9000. Your submission must reach the Ministry by **Friday, 2 October**.



BARNARDOS

"Pathways to healthy child development"

If you want to learn how to raise a resilient, well-balanced, child during crucial periods of development, then this is the programme for you.

Learn about:

- How the brain develops
- Managing strong-willed children
- Social and peer pressure
- Barriers & effects to great social development
- How our communities can support and protect our children

For children aged 0 – 17 years

Where: Church of the Resurrection Hall, Brookside Road, Rolleston

Starting: 2 September, then weekly until 23 September 2009

Time: 10 – 12 pm

Cost: Free to parents

To enrol, phone: 0800 188 038

Wow! I knew we lived in a small community...



FIREWOOD TENDER

The **Rhodes Park Domain Board**, Tai Tapu, would like to hear from anyone interested in tendering for a large quantity of felled bluegums for firewood. Proceeds will go to park maintenance. For more information, please phone: 027 487 9363 or 021 272 1411.

SPARC TRAVEL GRANTS for rural sports teams

*The Tai Tapu cheese-rolling team
Thought they ought (for a sport so extreme),
To chase cheeses for thrills
Down the Alps, not the hills,
But their travel costs scuttled that dream.*

*So to home games they now were resigned,
Until SPARC, with their junket in mind.
Said, "Hey, we will pay
Costs in curd on the whey.
(And here's rennet to barden your rind.)"*

Are travel costs stopping your club from getting to local competitions? The SPARC travel fund helps rural clubs and schools with the costs of transporting 5-19 year olds to nearby competition venues.

This excludes regional and national competitions and, for school teams, it also excludes competitions played during school time. This funding round closes on **Wednesday, 30 September**, so get in quick.

For application forms, please contact **Stuart Westoby** at our Lincoln library/service centre on 347 2875 or 318 8338 or by email at stuart.westoby@selwyn.govt.nz

NOMINATE YOUR COACH for Coach of the Year

Nominations are being called for the SPARC Volunteer Coach of the Year Awards 2009. These are open to all non-paid, volunteer coaches, including club coaches, school coaches and anyone coaching at a non-representative level.

There are three categories:

- Student (student coach who attends intermediate or high school)
- General (coaching for a while but not yet a lifetime)
- Lifetime (coaching for 25 years or more)

One winner from each region will win travel, accommodation and entry to SPARC's national coaching convention in May 2010, where the winners will learn from and mingle with high profile regional and national coaches. Winning coaches from each region will also receive coaching apparel from SPARC and goods from Watties, which is generously supporting the awards. The names of all those nominating a coach will also go in to a draw to win one of 34 \$100 sports vouchers.

Nominations can be made online by visiting <http://volunteercoach.watties.co.nz/> or by picking up an entry form from one of the 17 regional sports trusts around the country.

For further information, please contact **Sue Eden**, Communications Adviser at SPARC, on 04 472 8058 ext 3090 or 021 490 797 or by emailing sue.eden@sparc.org.nz



FREE BUSINESS COURSE

Effective Marketing Tactics for Small Businesses

Tuesday 15 September, 5:45 pm - 9 pm

Selwyn District Council, Rolleston

This 3-hour course by marketing expert, Neil Edmond, is for small business operators who are new to the world of marketing and would like to know the basics before they launch into it. Find out what works, how much to spend, how to get started.

Topics include:

- A checklist of first steps (building credibility, analysing the competition, market research, targeting)
- How to find out what people want
- Deciding on a marketing budget
- What is likely to work, and what will not
- How to measure that your marketing is working

Cost of course: Free (courtesy of NZ Trade & Enterprise)

Cost of light meal: \$10 (sorry, no such thing as a free lunch)

Book with: **Barbara Batety**, Business Training Advisor, 347 2719 or 318 8338, barbara.batety@selwyn.govt.nz