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Be Confident on the Road

Four free Confident Driving courses are being offered in Selwyn over the coming months to help older drivers drive safely and with confidence.

The number of older drivers is increasingly nationally, and the number of older drivers on Selwyn roads is also rising. Crash statistics indicate that in the majority of crashes in the district involving people over 60, driver errors such as failing to stop or give way at intersections or poor observation of other drivers, have played a role.

"As many residents live in rural areas or smaller townships it is important for older people to be able to drive safely to be able to access services and maintain their independence," says Selwyn Road Safety Advisor Ngaire Tinning.

Confident Driving courses are designed to assist older drivers to be confident in their driving and increase awareness of the traffic environment and other road users.

"It also aims to assist mature drivers to think about how, where and even when they travel in their car," says Ngaire. "They can consider planning safer routes to drive and to avoid extremely busy times when driving to the supermarket or shops."

The courses are delivered by Age Concern on behalf of Selwyn District Council as part of the Council's road safety programme. Upcoming free courses, which also include lunch and refreshments, are being offered at these locations:

- Lincoln on 26 February
- Darfield on 13 March
- Rolleston on 25 March and
- Leeston on 9 April

To register for the course or find out more, contact Ngaire Tinning on 347 2901.

ENDS

For more information, contact:

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