



Media release

Thursday 4 February 2016

## Free courses help mature drivers be confident

Courses aimed at helping mature drivers gain skills to be safer on the road are being offered to Selwyn residents between February and April.

As in other areas of New Zealand, the number of Selwyn motorists over the age of 60 is expected to increase in the future.

Selwyn District Road Safety Coordinator Ngaire Tinning says these courses are a fun and easy way for residents over 60 to refresh their skills and look at alternatives to driving.

"We are really pleased to be able to offer these free courses and workshops with support from Age Concern and our volunteers. All of these activities have proven very popular and valuable to assist people to continue to drive safely on our roads."

Selwyn District Council and Age Concern offer the Confident Driving Course to help older drivers remain confident on the road and encourage an increased awareness of the traffic environment and other road users.

It is designed to be thought provoking, informative, enjoyable and informal. There are no tests or exams and participants will receive a certificate of attendance. Morning tea and lunch is provided and bookings are requested.

Three Confident Driving Course courses will be offered at:

- Darfield on Monday 15 February, from 9.30am- 2.45pm
- Lincoln on Monday, 22 March, from 9.30am- 2.45pm
- Leeston on Tuesday 19 April, from 9.30am- 2.45pm

The courses are available free to Selwyn residents.

For information and bookings on the Confident Driving Course, contact Ngaire Tinning at Selwyn District Council on 347 2901.

Ends

For media enquiries, please contact:

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