



Media Release
Thursday 21 July 2016

Have a Go Day Coming to Selwyn

Selwyn residents will be able to try out over 20 different sport and recreation activities for free at a Have a Go Day.

This family friendly event is hosted by Selwyn District Council and local sport, recreation and community groups and is happening on Sunday 14 August from 12-3pm at Rolleston Community Centre.

"If you've ever wanted to try out a new activity or take up a new sport then the Have a Go Day is for you," says Selwyn District Council's Recreation Advisor Dave Tippett.

This is Selwyn's second Have a Go Day - the first event was held in June 2015 at Lincoln Event Centre and attracted over 2,000 people.

"Last year's event was extremely popular and this year we have some great new activities for people to try out including high ropes for kids and adults, Scouts, Girl Guides, highland dancing and wheelchair sports," says Mr Tippett.

Other activities at the day are: archery, basketball, football, hula hoops, inflatable golf, pedalmania fun bikes, skateboarding, softball, table tennis and tennis. People can also join in one of a number of fitness classes for free including spin, yoga and zumba classes.

Children aged 7 and over and adults can take part in the Have a Go day activities. There will also be bouncy castles and rumpus room fun gym activities for pre-schoolers, as well as live music, a sausage sizzle and coffee. Rolleston Library will be providing activities for children such as Beebots and Scratch, as well as demonstrating free resources for adults such as Zinio electronic magazines, Ancestry.com and a new database, Lynda.com. This is an online service which offers access to thousands of different training courses.

Have a Go Day Passports will be available from 1 August at Selwyn Libraries, the Lincoln Event Centre, Rolleston Community Centre, Council offices in Rolleston or on the day at the event. People who complete the five simple challenges on the passport and have this stamped will enter a prize draw for a \$250 or \$100 Rebel Sport voucher.

If wet, the Have a Go Day will be rescheduled to Sunday 21 August at the Rolleston Community Centre.

Ends

Image attached: *Selwyn locals try out inflatable golf at the Have a Go Day at Lincoln in 2015.*

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