



Media Release
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Library events in October

In October, local libraries are hosting activities for children and the team at Lincoln Library are facilitating various 'Love Your Life' sessions.

During the school holidays, Selwyn Libraries are offering a range of fun and interactive activities to keep kids busy. School holiday activity programme events that still have places available are a Scratch computer animation programming session at Darfield Library on Friday 7 October and a Bee-bot robot challenge at Southbridge Hall on Wednesday 5 October. To book a place at these popular sessions visit www.selwynlibraries.co.nz. The libraries are also hosting young writer's workshops, giving children an opportunity to learn from award winning young people's writer and poet James Norcliffe at a two hour workshop. At a cost of \$20, each student will create their own collection of poems. Places are still available at sessions for children in years 4-9 at Leeston Library on Thursday 6 October. To book a place at a workshop, contact young.writers@xtra.co.nz.

At 5.30pm on Friday 14 October, Rolleston Library will celebrate Rolleston's 150th birthday and they invite children and families to join in. Library staff will share train themed stories and rhymes and encourage children to go on a treasure hunt. A special guest and a secret surprise will also be unveiled too! The session is free to attend and Rolleston Library will be open late until 7pm on Friday 14 October.

Lincoln Library is hosting 'Love Your Life', a series of events focused around wellbeing, mindfulness, health and happiness during October. There are classes for the whole family with a workshop for young adults on the '5 ways to well-being'. This class is aimed at 12-24 year olds and gives them the opportunity to create web content and social media profiles. Parents can join a session to help them understand teenage behavior at a seminar called Unravelling the Mysteries of the Adolescent Brain presented by Dr Jackie Blunt. And for those over 65, there's a Get Active exercise workshop focusing on mood and posture, with light activity. Other classes includes an Introduction to Mindfulness Meditation and a Qigong session. The classes run from October 12-28 and are at various times throughout the day. For more information on times and booking information see www.selwynlibraries.co.nz.

A *Celebrating Rural Women* exhibition by Camilla Connell opens at Leeston Library on Wednesday 12 October and will be on display until 9 November. The exhibition will showcase some of the amazing women the photographer has met over the last nine months living in the area. This year's Ellesmere A&P show in mid-October has a theme this year of rural women and Camilla wanted to support this theme at her exhibition.

“My main objective with this project was to ensure that rural women are recognised within our community. So many women I know have families, work and then also make time to put in many hours of community service as volunteers,” says Camilla Connell.

All Selwyn District Libraries will be closed for the Labour Day public holiday on Monday 24 October. They will be open as usual on the Saturday, close for the Monday and reopen at 8.30am on Tuesday 25 October.

Photo attached: *Brothers Cam (5) and Olly (7) Meadows programme their Bee-bot robot at Glenroy Hall at a Selwyn Libraries school holiday activity session*

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