

Media Release Wednesday 28 March 2018

## Win prizes for getting active!

Selwyn residents have the opportunity to win in their own local Commonwealth Games Challenge this month.

The Lincoln Event Centre, Rolleston Community Centre, and Selwyn Aquatic Centre are holding a Commonwealth Games Challenge to celebrate the Gold Coast Commonwealth Games and raise awareness of fitness opportunities here in Selwyn.

Selwyn District Council Senior Events and Recreation Advisor Dave Tippett says the Challenge is a chance for existing or new customers to be rewarded for attending fitness classes or swimming at the pool.

"We encourage you to push yourself and participate in the Challenge. If you've been thinking about trying something new, this is a great opportunity to jump in to a fitness class or to get back in the pool."

"You'll meet new people, discover new classes, challenge yourself, set goals, test your comfort zone and have fun!" he says.

The Challenge will take place during the Commonwealth Games, from Wednesday 4–Sunday 15 April.

To take part, collect a Commonwealth Games Challenge card from any of the participating facilities. Attend an exercise class or have a swim to get a podium level on the card signed off by facility staff. Sign off as many podium levels as possible and enter into either the Gold, Silver or Bronze draw to be in to win!

A variety of fitness-inspired exercise gear and accessories will be up for grabs.

Normal class and pool entry prices apply. For facility timetables go to www.selwyn.govt.nz.

## **ENDS**

Selwyn District Council media

027 556 8298

media@selwyn.govt.nz