



Media Release
Thursday 28 May 2015

Have a Go Day Coming to Selwyn

Selwyn residents will be able to try out 20 different sport and recreation activities for free at a Sport and Recreation Have a Go Day.

This family friendly event is hosted by Selwyn District Council and local sport and recreation groups and is happening on Sunday, June 21 from 12-3pm at Lincoln Event Centre.

“If you’ve ever wanted to try out a new activity or take up a new sport then the Have a Go Day is for you,” says Selwyn District Council’s Community Services Manager Lesley Symington. “The event will have activities to suit all ages and abilities and is also a great opportunity for parents to bring their kids along to try different fun activities and find something which suits their children.”

Those attending can have a go at indoor activities including American football, badminton, basketball, body audit, hula hoops, older adult exercise classes, pump classes, spin class, table tennis, yoga and zumba. Outdoors events include archery, football (on an inflatable field), golf (with inflatable targets), lawn bowls, pedalmania bikes, skate boarding, softball and walking.

There will also be mini gym, scouts and bouncy castles, a pop up café operated by the Selwyn Youth Council, a live band, and a sausage sizzle.

Have a Go Day passports will be available from Thursday 4 June. People who complete the five simple challenges on the passport and have this stamped will enter a prize draw for a \$250 sport voucher, gifts from Selwyn Community Pharmacy, Tea House vouchers, or Sportsmed Lincoln massage vouchers. Ray White and Challenge in Lincoln are also supporting this event.

Have a Go Day Passports are available from Thursday 4 June at Selwyn Libraries, the Lincoln Event Centre, Rolleston Community Centre or Council offices in Rolleston and on the day at the event. The Have a Go Day will be on rain or shine, with many of the outside activities moving indoors if it is wet.

Image attached: Rosa Hocken (4) of Rolleston practising her football skills. Football is one of the many sport and recreation activities that will be at the Have a Go Day

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