



Media Release
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Live to Ride Training Coming Soon

Selwyn motorcyclists are being offered the opportunity to develop their skills so they can be safer on the road.

Selwyn District Council is offering a subsidised 'Live to Ride' motorcycle skills coaching programme which aims to help reduce the number of motorcycle crashes in the district. The next sessions are being held on the weekends of 27-28 September and 18-19 October at Lincoln.

Riding a motorcycle is much more dangerous than driving a car. In New Zealand, the risk of being involved in a fatal or injury crash is 20 times higher for a motorcyclist than for a car driver. From 2009 - 2013, there were 57 motorcycle crashes in Selwyn District resulting in three fatalities, 34 serious injuries, 31 minor injuries. There were also eight non-injury crashes.

Selwyn District Road Safety Coordinator, Ngaire Tinning says the number of motorcycle crashes is concerning and the Council started offering the 'Live to Ride' training late last year to try to reduce the number and severity of crashes in Selwyn.

Live to Ride provides subsidised motorcycle skills coaching where people can refresh their skills, and learn and practice new techniques. The courses are delivered by New Zealand Transport Agency qualified trainers and include training to develop braking, handling and safe driving skills.

Since the Live to Ride programme started 30 motorcyclists have taken part in the coaching sessions. Course evaluations by participants show the training is highly rated and has helped them improve their skills in a range of areas like turning on corners, coping with bad weather and hazards, braking and steering.

Mrs Tinning says the course offers motorcyclists the opportunity to learn how to assess risks and avoid problems that may cause crashes while driving. "The course provides a hands-on experience where people can learn in a team environment. The full day course also includes a three hour road excursion for practical training."

These courses are highly subsidised. The upcoming courses involve a full day of training at only \$50 per rider.

To register or find out more, visit www.live2ride.co.nz.

For more information, please contact:

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