




Lincoln Event Centre

 LINCOLNEVENTCENTRE PH (03) 347 2983

	Monday	Tuesday	Wednesday
10am	MATURE & MOTIVATED		MATURE & MOTIVATED
5.30pm	LES MILLS BODYPUMP 		LES MILLS BODYPUMP 
6.30pm	YOGA GENTLE FLOW	LES MILLS BODYPUMP 	
7.30pm			YOGA YIN YANG