

Lincoln Event Centre

 LINCOLNEVENTCENTRE PH (03) 347 2983

	Monday	Tuesday	Wednesday	Thursday
10am	MATURE & MOTIVATED		MATURE & MOTIVATED	MATURE & MOTIVATED
5.30pm	LES MILLS BODYPUMP 		LES MILLS BODYPUMP 	
6pm	YOGA GENTLE FLOW			
6.30pm		LES MILLS BODYPUMP 		
7.30pm			YOGA YIN YANG	