



10–25 September



Celebrate Selwyn's growing diversity and take your senses on a trip around the world!

On 11 September enjoy cultural performances, games, fun activities and ethnic food at the Lincoln Domain. A fun day out for the whole family.

A two-week series of events and activities around Selwyn will follow the main event.

A full list of activities will be available from 15 August at selwyn.govt.nz/culturefest



Group Fitness Classes

BODYBALANCE 45 MINS

A yoga-based class to music that incorporates elements of tai chi and pilates. Move and stretch through different yoga poses strengthening the whole body, while focusing on breathing to feel calm and centred.

LesMills

Lesmills EXPRESS BODYPUMP 60 MINS BODYPUMP

A barbell workout for anyone looking to get lean, toned and fit. Using light to moderate weights with lots of repetition, for a total body workout.

BOXFIT 45 MINS

This high-intensity workout will take your fitness to the next level! Skipping, agility and core work alongside different boxing drills. Variety that will make you stronger physically and mentally.

CORE 30 MINS

An intense workout designed to build strength, stability and endurance in the muscles that support your core including the abdominals, glutes and the back.

DANCE FITNESS 60 MINS

Easy to follow dance moves for all abilities that will keep you moving and having fun. A great mix of songs, styles and rhythms that will feel like a dance party rather than a workout.

GRIT CARDIO 30 MINS

A high-intensity interval training (HIIT) workout that improves cardiovascular fitness, increases speed and maximises calorie burn. A variety of bodyweight exercises.

GRIT STRENGTH

A high-intensity interval training (HIIT) workout, designed to improve strength, cardiovascular fitness and build lean muscle. Barbell, weight plate and bodyweight exercises.

45 MINS Rolleston/West Melton 60 MINS Lincoln

Circuit-style interval training with different challenges every week including weights, boxing, and bodyweight exercises.

KICK & TONE

Kick and Tone is a dynamic interval training class that utilises martial arts moves and strengthening exercises to help you get in shape and feel great! Suitable for all abilities.

MATURE & MOTIVATED 45 MINS

Great for heart health, strength and balance. Aimed at 60 years and over, or anyone getting back into fitness; it is low impact, lots of fun with a great social vibe. Accredited by ACC.

MOVE IT TO MUSIC 60 MINS

Music, fun equipment and a sense of humour is all you need in this class to get moving! Suitable for those with arthritis or less active. Accredited by ACC. Tea and coffee provided.

PILATES 60 MINS

This class improves core and postural strength, working through a series of different exercises. It will help improve general fitness and overall wellbeing, restoring balance and flexibility. Pre-registration is required for this enrolled class.

STEP PUMP 50 MINS

Step to increase your heart rate for 30 minutes followed by strength work with barbells and weights. Suitable for all abilities.



Sprint 30 MINS

A short, intense style of training pushing physical and mental limits on the spin bike. It is a high-intensity, low-impact workout that combines bursts of intensity and rest periods.

LESMILLS RPM 45 MINS

Indoor cycling workout with an instructor who leads the pack through hills, flats, mountain peaks, time trials, and interval training. You control the resistance and speed to build your fitness level.

YOGA HATHA 60 MINS

A slow, mindful and reflective class embracing all paths. It is suitable for different abilities, exploring your own personal strength and flexibility followed with deep relaxation at the end.

YOGA EASY FLOW 60 MINS

Class starts with yoga poses in a flowing sequence, followed by settling into restorative yin-type poses. Adapt to suit your body with gentle back bends, strengthening and balance work. Adaptable to all ages, levels of experience and people recovering from injuries.

YOGA RESTORE GOMINS

Take your body through yin and restorative poses to support deep release. A restful and slow blend offering the opportunity for increased mobility and mental relaxation. Suitable for all abilities.

ZUMBA 45 MINS

A calorie-burning dance party combining a range of easy-to-follow Latin and international dance styles to catchy energising music.



Keep an eye out for our Commonwealth Games competition 28 July to 8 August!

Selwyn Sports Centre Virtual Classes

Classes held in the Ruma Paikikara (Spin Room) with an instructor on a large screen.

BOOKINGS RECOMMENDED SELWYNSPORTSCENTRE (03) 347 2888

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LesMILLS RPM		Sprint		
8am	LesMILLS RPM	LesMills RPM	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM		
8.15am						Sprint	
9am		LesMills RPM					
10am	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	
12pm		Sprint		Sprint			LesMILLS RPM
6pm					LesMILLS RPM		
7pm		Sprint					

Selwyn Sports Centre

BOOKINGS RECOMMENDED SELWYNSPORTSCENTRE (03) 347 2888

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	LesMILLS RPM	LesMILLS RPM	GRIT STRENGTH	LesMILLS RPM	HIIT		
6am	GRIT STRENGTH			BOXFIT			
6.35am			CORE				
8.15am						LESMILLS EXPRESS BODYPUMP	
9am	LesMills RPM		LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	LesMILLS RPM	
9am				Lesmills BODYPUMP			Sprint
9.15am	YOGA HATHA	LESMILLS EXPRESS BODYPUMP			LESMILLS EXPRESS BODYPUMP		
10am		CORE		YOGA HATHA	CORE	Lesmills BODYPUMP	LesMILLS RPM
10am							LESMILLS BODYBALANCE
11am		MATURE & MOTIVATED			MATURE & MOTIVATED	CORE	
12pm	LESMILLS EXPRESS BODYPUMP		LESMILLS EXPRESS BODYPUMP				
1.15pm			MOVE IT TO MUSIC				
5.15pm	LESMILLS EXPRESS BODYPUMP						
6pm	Sprint			LesMILLS RPM			
6pm	LesMILLS BODYPUMP	STEP PUMP	YOGA RESTORE	GRIT CARDIO			
6pm		LesMILLS RPM	LesMILLS RPM				
7pm	ZUMBA			Lesmills BODYPUMP			
7pm		Lesmills BODYBALANCE					
7.15pm			Lesmills BODYPUMP				
7.30pm	YOGA EASY FLOW						

Lincoln Event Centre

LINCOLNEVENTCENTRE PH (03) 347 2983

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am			LesMILLS RPM		LesMILLS RPM		
8.15am						LesMILLS RPM	
9.15am	LesMILLS RPM	HIIT				Lesmills BODYBALANCE	Lesmills EXPRESS BODYPUMP
10am	MATURE & MOTIVATED		MATURE & MOTIVATED				
10.15am							CORE
5.30pm	Lesmills BODYPUMP		LesMILLS BODYPUMP				
6pm		LesMILLS RPM		LesMILLS RPM			
6pm	YOGA EASY FLOW			STEP PUMP			
6.30pm		LESMILLS BODYPUMP					
6.30pm		Lesmills BODYBALANCE					
6.45pm			CORE				
7pm				PILATES			
7.30pm			YOGA RESTORE				
8pm				PILATES			







West Melton Community and Recreation Centre

WESTMELTONCOMMUNITYCENTRE PH (03) 347 1804

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am						HIIT
9.15am			KICK & TONE		LESMILLS EXPRESS BODYPUMP	
10am	DANCE FITNESS					
11am			MATURE & MOTIVATED			
5.15pm	Lesmills BODYPUMP					
5.30pm			Lesmills BODYPUMP			
6pm		HIIT				
6.30pm				LESMILLS BODYBALANCE		
7pm		YOGA				

Darfield Recreation and Community Centre

Ph 027 535 8379

Monday



MATURE & MOTIVATED

Please note: Class does not run on the first Monday of each month.





Recreation

Baby Gym 45MINS

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our baby-friendly environment. Please bring a blanket.

BYO Roller Skate

Join us for a fun skating session with great music and test your skills with cool games! Helmet essential. Caregiver required for under 10 years or learner skaters. Drop-in.

Get Your Skates On 500 500



An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under.

Little Dancing Feet MINIS

A fun class for preschoolers using pompoms and ribbons to music. Great for fundamental movement skills and coordination.

Mini Gym 45 MINS

Learning through music and movement, this class focuses on motor coordination, cognitive development and confidence. Free play as well as structured time and songs with the tutor.

Social Floorball

Fast-paced, indoor floor hockey. Great for fitness and agility skills, as well as easy to learn. Drop-in. All ages welcome.

SELWYN.GOVT.NZ/RECREATION

Social Pickleball

Enjoy this exciting paddle sport that combines elements of badminton, tennis and table tennis - you're sure to have a good time. Drop-in. All ages welcome.

Sports Activities for Adults with Disabilities MINIS

Includes different sport activities for adults with mixed abilities.

Bowls, ball fun, badminton, coordination and sensory skill challenges plus more. Participation is for everyone!

Held the second Sunday of each month. Caregiver and registration required on the day.

The Selwyn Striders **TONNINS**

Enjoy a walk around our 240-metre indoor track with optional exercise stations set up at each corner. A great opportunity to meet new people or have a catch up with friends with a complimentary tea/coffee and biscuit when you're finished. Suitable for all ages.







Recreation

	Monday	Tuesday	Wednesday	Thursday	Friday	Sun	day
9.30am	MINI GYM (1–2YRS)		MINI GYM (1–2YRS)		MINI GYM (1–2YRS)		
10am				MINI GYM (3MNTH-2YRS)			
10.15am	BABY GYM		BABY GYM		MINI GYM (3–5YRS)		BYO ROLLER- SKATES
10.30am				LITTLE DANCING FEET		SOCIAL PICKLE-	(SUNDAYS, 24 JULY, 28 AUGUST
10.45am				MINI GYM (3–5YRS)		BALL	AND 25 SEPTEMBER)
11am	MINI GYM (3–5YRS)		MINI GYM (3–5YRS)				
12pm				THE SELWYN STRIDERS			
1pm							
2.30pm						SPORTS A	CTIVITIES
3.00pm						FOR ADU DISAB (Second S	ILITIES Sunday of
3.30pm	GET YOUR Skates on	GET YOUR Skates on		GET YOUR Skates on		the m	onth)
4pm		BYO ROLLERSKATES (FORTNIGHTLY ON					
5pm		TUESDAYS, 12 JULY TO 18 OCTOBER)					
6.30pm		SOCIAL					
7.00pm		FLOORBALL					
7.30pm				SOCIAL PICKLEBALL			
9pm							

Selwyn Sports Centre

Lincoln Event Centre

Darfield Recreation and Community Centre

All recreation classes are held during term-time only (except Sports Activities for Adults with Disabilities, Adult Social Pickleball and Walking Group.) Term 3 classes resume Monday 25 July.

West Melton Community and Recreation Centre

Selwyn Aquatic Centre

SELWYNAQUATICCENTRE PH 03 347 2734

A variety of group fitness options are on offer in the 25-metre pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays but not on public holidays. Bookings are required for some classes. One-off group bookings available.

Hydro Health **30MINS**

A low-impact class designed to increase balance, flexibility, functional strength and coordination. This class suits rehab and recovery, injury and fall prevention and helps improve restricted range of movement. Water 35–36 degrees.

Hydro Tone 45 MINS

A gentle exercise class with stretches and resistance-based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening. Water 35–36 degrees.

Agua Fit 45 MINS

A fun, high energy class with a mix of cardio and strength-based movements. This shallow water class is designed to increase both fitness levels and strength. Water 32 degrees.

Aqua Intense 45 MINS

An intense, energetic class designed to push you to your limits! With a strong emphasis on cardio and limited rest breaks, designed to raise your heart rate through dynamic movement in the deep water (agua belt optional). Water 27–28 degrees.

Aqua HIIT 30 MINS

High-Intensity Interval Training (HIIT) is the fastest way to improve your fitness level. Intense bursts of exercise followed by short periods of recovery, allowing your body to reach its maximum training zone. Water 27–28 degrees.

Parent Aqua Fit Classes

Aqua Natal 45 MINS

A class specifically designed for expectant mothers to get a low-medium level intensity work out. Perfect for any stage of pregnancy or fitness level.

Agua Fit for Parents 45 MINS

The perfect opportunity for parents and caregivers to get a great workout, while keeping baby engaged and entertained. Baby will enjoy a fun water experience, while parents and caregiver can improve their fitness level and strength. Suitable for babies from 6 months up to 3 years.

	Monday	Tuesday	Wednesday	Thursday	Friday
8.45am					AQUA HIIT
9.30am	HYDRO TONE	AQUA INTENSE	HYDRO TONE	AQUA INTENSE	AQUA FIT
9.30am				AQUA FIT FOR PARENTS	
10.30am	HYDRO HEALTH	HYDRO TONE	HYDRO HEALTH	HYDRO TONE	HYDRO TONE
10.30am				AQUA FIT FOR PARENTS	
12.15pm		HYDRO HEALTH			
1pm		AQUA INTENSE			
6.15pm		aqua natal	HYDRO TONE	HYDRO HEALTH	
7pm	AQUA INTENSE				
7.30pm			AQUA INTENSE	7	ïmetable subject to change.

Group Fitness and Recreation Pricing

The following pricing is for the Selwyn Aquatic Centre, Selwyn Sports Centre, Lincoln Event Centre and West Melton Community and Recreation Centre.

ALL ACCESS

POOL AND GROUP FITNESS CLASSES

\$72.50 PER MONTH

Supergold card holders \$60 per month. Terms and conditions apply.

PREMIUM GROUP FITNESS

GROUP FITNESS CLASSES INCLUDING SPIN AND AQUA

\$52 PER MONTH

Supergold card holders \$43 per month.

PREMIUM SWIM

UNLIMITED SWIMMING! EXCLUDES AQUA CLASSES

\$52 PER MONTH

Supergold card holders \$43 per month

BASIC

GROUP FITNESS CLASSES EXCLUDES SPIN AND AQUA

\$44 PER MONTH

Casual Prices

ADULT	\$9
SUPERGOLD CARD HOLDERS	\$6
PRESCHOOL	\$4.50
SKATING	\$7
BYO ROLLER SKATE	\$2
PILATES	\$100/10 WKS
SPORTS ACTIVITIES (for Adults with Disabilities and Walking Group)	\$3
SOCIAL SPORTS	\$5

Concession Cards

10 ADULT	\$81
10 SUPERGOLD CARD HOLDERS	\$54
10 PRESCHOOL	\$40.50
10 SKATING	\$63
20 WALKING TRACK	\$51
20 SUPERGOLD WALKING TRACK	\$34
10 WALKING TRACK	\$27
10 SUPERGOLD WALKING TRACK	\$18
10 CASUAL SPORT (OWN EQUIPMENT)	\$27
20 CASUAL SPORT (OWN EQUIPMENT)	\$51

Pool Memberships

CHILD 3 MONTH SWIM	\$115
ADULT 12 MONTH SWIM	\$490
ADULT 12 MONTH SWIM AND AQUA CLASS	\$638
SUPERGOLD CARD HOLDERS 12 MONTH SWIM	\$410
SUPERGOLD CARD HOLDERS 12 MONTH SWIM AND AQUA CLASS	\$485

Libraries Programmes

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

These programmes are held at Darfield, Leeston and Lincoln Libraries, and at Te Ara Ātea. All are free, casual sessions, with no bookings required unless stated otherwise.

We are an official learning destination for Te Mātāpuna Mātātahi/Children's University. Look out for this logo in the guide and visit selwynlibraries.co.nz or childrensuniversity.com.au for more information.



Adults Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.

Board Games Club

Love board games? Head along to our libraries to play a variety of exciting games. All ages welcome.

Children's Book Club

Share your latest reading adventures, check out the newest book arrivals, participate in an activity, and have a snack. 5–11 years.

Coding Advanced

Take your coding to the next level and develop your critical thinking and problem solving skills. Suitable for ages 9 and over.

Coding Club &

Join our weekly Coding Club sessions for some hands-on coding and problem solving at Te Ara Ātea. Perfect for 9–13 years.

Connecting Selwyn NEW

Drop in to find out about support in employment, education and training. The people at Connected will assist in finding the right service for your needs, joined by the Ministry of Social Development. Suitable for all job seekers.

Cubing Club &

Stretch your brain at our drop-in Cubing Club at Lincoln Library. Bring your own cube or challenge yourself with one of ours. Fortnightly. Suitable for ages 10 and over.

Device Drop-In: Tech Help

Our weekly device drop-in sessions are informal support groups to help you familiarise yourself with your digital device. Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

Discovery Time &

Come along to our weekly sessions at all libraries with fun activities and experiments. Each month will have a different theme explored through STEAM-based activities. Suitable for ages 8 years and over.

EduTech Fun! Creative Learning

Come and discover what STEAM Technology is and how it can be part of everyday learning. See how it may lead to the jobs of the future. Enjoy hands-on time exploring and playing with our favourites with guidance from Kim Ryan, Programme Manager at Creative Trust. All ages welcome.

English Learners Coffee Club

Join us at Te Ara Ātea to improve your everyday English skills and confidence in a casual and social setting. Sessions are focused on the needs of learners – so no two classes are the same.

Genealogy Group

Whether you're new to searching family history or you're an experienced researcher looking for like-minded people, come along to our monthly drop-in Genealogy Group sessions facilitated by the Selwyn Central Historical and Genealogical Group. Learn about a new topic each month or just enjoy the company.

JP Clinics

Visit our libraries and drop-in for a free Justice of the Peace clinic at Te Ara Ātea, Lincoln and Darfield Libraries.

LFGO® Advanced

Calling all LEGO® masters! These sessions are perfect for those who love a challenge and will make regular use of our LEGO® Education Spike Prime and BricQ Motion sets. Suitable for ages 9 years and over.

LEGO® Club &

Play with our new LEGO® collection and make a new creation. Children under 8 years must be accompanied by an adult.

Malvern Writers' Café

Based at Darfield Library, writers from all genres and experience – published and non-published – are invited to share their work in a friendly and non-judgemental environment.

Rhymetimes

Giggle and wriggle with our stories, songs, rhymes and bubbles. These Rhymetimes sessions are designed to assist with early language development while having a great time! Suitable for 1–3 year olds.

Scrabble Club

Enjoy a good game of Scrabble? Join our weekly Scrabble Club for fun games and friendly company.

Sensory Babytimes

Share interactive songs, stories, sensory boards and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.





St John's Outreach Therapy Pets

A great programme to try for young anxious readers. St John Therapy Pets encourages kids to read to dogs, or other animals, as a way to relax and engage with a non-critical audience.

Te Reo Bilingual Storytimes

Nau mai ki tā tātou wā pānui ia mārama hei whakaroko ki kā pūrākau Reo Māori, ki kā waiata i Te Reo Māori anō hoki. Join us for Storytimes every month to hear some wonderful stories and songs in te reo and English.

Teen Space

Develop your passion for arts, technology and practical skills at Darfield and Leeston Library. Collaborate and create wild artistic creations, VR, PS5s, and much more.

Women's Networking Group

Make new connections and develop your social skills. Gain inspiration, support and empowerment from other women within the community. Each month we will have a local professional speaking about their journey so far, followed by an opportunity to network and get to know each other.

Virtual Reality (VR) Drop-in Sessions

Join a session to test out our VR headsets. Kayak with the penguins in Antarctica, fly to the International Space Station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Suitable for ages 13 and over.





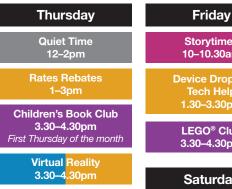
Darfield Library

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ



Tuesday Malvern Writers' Café 10am-12pm Second Tuesday **Rhymetimes** 10.30-11am







Casual Crafts 1-3pm

Te Ara Ātea



Leeston Library

Monday

a

Scrabble Club 11am-12.30pm

Rates Rebates 2-3pm

LEGO® Club 3.30-4.30pm

Tuesday

Rhymetimes 10-10.30am

Connecting Selwyn 10am-12pm

Second Tuesday

Discovery Time 11am-12pm

A

Cards Club 2-3pm

Discovery Time 3.30-4.30pm

Wednesday

Adults Book Club 10-11am

Teen Space 3.30-4.30pm

Thursday

Storytimes

10-10.30am **Quiet Time**

12-2pm

Virtual Reality 2-4pm

Chess Club 3.30-4.30pm

Friday

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

a

Rates Rebates 11am-12pm

Device Drop-in: Tech Help 2-4pm

Children's Book & Board **Games Club** 3.30-4.30pm

Saturday

Adults Book Club 10-11am

> **Storytimes** 11-11.30am

T

Lincoln Library

Monday

Scrabble Club 11am-12pm

Discovery Time 3.30-4.30pm

Tuesday

Rhymetimes 9.30-10am

> **JP Clinic** 10am-12pm

Adults Book Club 10.30am-12pm

> **Rates Rebates** 1-3pm

Children's Book Club 3.30-4.30pm Third Tuesday of the month

Wednesday

Sensory Babytimes

Rates Rebates 9-11am

3-4pm

3–4pm

Thursday

Storytimes 10.30-11am

Quiet Time 12-2pm

Virtual Reality 3.30-5.30pm

Adult Evening Book Club 6.30-7.30pm First Thursday of the month

Writers' Group 6.30-7.30pm

Friday

Rhymetimes 9.30-10am

Device Drop-in: Tech Help 10am-12pm

Cubing Club 3.30-5pm Fortnightly, beginning 29 July

Sunday

Storytimes 10.30-11am

EduTech Fun! **Creative Learning** 1-3pm Third Sunday of the month

> **Discovery Time** 2-3pm

Classes are weekly unless stated otherwise.

9.30-10am

A

LEGO® Club

Board Games Club

Term-time only. Term 3 classes run from 25 July.















SWell

Ageing well in Selwyn

Coming Soon! October 2022



Over 65? Join us at the SWELL Expo for a great day out connecting with over 70 community clubs, organisations and wellbeing providers.

Plus, don't miss our two-week 'have a go' programme around Selwyn – featuring walks, bingo, exercise classes, garden tours and more!

Find out more this September. selwyn.govt.nz/events





Events and Workshops

Creative Tech Series

Premiere Lite Film Editing

Tuesday 26 July Teens: 4-5.30pm Adults: 6-7.30pm Te Ara Ātea

Join Yoobee College of Creative Innovation as they teach introductory skills in editing and creating video content with Premiere Lite. iPads provided. 13+ years. Bookings required.

selwynlibraries.co.nz/events





Flip Book – 2D Animation, Drawing and Character Design

Tuesday 9 August Teens: 4-5.30pm Adults: 6-7.30pm Te Ara Ātea

Come along and use our iPads to create an animated character. This workshop, presented by Yoobee College of Creative Innovation, will teach you the basics of 2D animation using the Flipbook App. 13+ years. Bookings required.

selwynlibraries.co.nz/events

Photoshop Express Workshop

Tuesday 6 September Teens: 4-5.30pm Adults: 6-7.30pm Te Ara Ātea

Ever wanted to learn how to Photoshop your own images? Yoobee College of Creative Innovation are offering a beginners workshop to teach the basics with the free Photoshop Express App. iPads are provided. 13+ years. Bookings required.





Spring and Winter Gardening Series

Winter Orchard Maintenance Workshop

Saturday 30 July, 1-3pm Community Garden, Almond Park (Russell Street), Darfield

Join Nourish and the Edge Connector Vehicle for an orchard maintenance workshop, with a focus on fruit trees. This hands-on workshop covers tree health, pruning, spray options and scion wood. Put theory into practice by helping the Darfield Community Garden perform their winter maintenance on the orchard. Please bring secateurs, a weeding tool, gardening gloves and spade if possible. Drop-in.

selwynlibraries.co.nz/events



'No Dig' Gardening Demonstration

Saturday 6 August, 10.30-11.30am Te Ara Ātea Community Garden

Join members of the Rolleston Community Garden to learn the timesaving method of 'no dig' gardening to improve soil quality and control weeds by layering organic materials that will break down into a nutrient rich soil for your plants. Bookings required.

selwynlibraries.co.nz/events





Tool Maintenance with Nourish

Thursday 25 August, 7.30-9pm Darfield Library

Handle broken? No problem when you know how easy it is to replace! Winter is the perfect time to show your tools some love so they are sharp and primed for spring. Come and learn how to sharpen and set your secateurs, how to get a nice edge to your spade and more. Drop-in.

selwynlibraries.co.nz/events

Grafting Workshop with Nourish

Saturday 10 September, 1-3pm Community Garden, Almond Park (Russell Street). Darfield

Would you like to learn the skill of creating fruit trees? Join the Edge Connector Vehicle for a grafting workshop held at the Darfield Community Garden. We will be grafting new fruit trees from root stock and scion wood. There will be 30 newly grafted fruit trees to take home for the first 30 people on the day. Please bring a sharp knife, secateurs and gardening gloves. Drop-in.





Te Wiki o Te Reo Māori

Ko Wai Au? Who am I?



Mondays, 8 to 29 August 5.45-6.45pm, Leeston Library Mondays, 5 to 26 September 5.45-6.45pm, Lincoln Event Centre

This course is designed for those at the very beginning of their reo Māori learning journey. Ko wai au? Who am I, what do I know, and what do I want to know? We will dive into these questions by exploring whakapapa (where you come from), mihimihi (introducing ourselves), karakia, and taonga tākaro (traditional games). 18+ years. Bookings required.

selwynlibraries.co.nz/events





Te Reo Māori Basics



Mondays, 8 to 29 August, 7-8pm **Leeston Library**

Mondays, 5 to 26 September, 7-8pm **Lincoln Event Centre**

Interested in learning Te Reo Māori but not sure where to start? Join us for a four-part mini-series to learn the fundamental basics such as greetings and farewells, commonly used words and phrases, and how to engage in simple conversations. 18+ years. Bookings required.

selwynlibraries.co.nz/events

Te Wiki o Te Reo Māori Storytimes



Tuesday 13 September, 9.30-10am, Te Ara Ātea

Thursday 15 September, 10-10.30am, **Leeston Library**

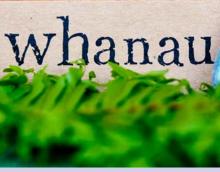
Thursday 15 September, 10.30-11am, **Lincoln Library**

Friday 16 September, 10-10.30am, **Darfield Library**

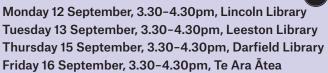
In celebration of Te Wiki o Te Reo Māori, our libraries will be hosting Te Reo Storytimes throughout the week where te reo will be incorporated through pūrakau, stories, songs and activities.

selwynlibraries.co.nz/events





Interactive Māori Games



Join us to celebrate Te Wiki o Te Reo Māori with fun and interactive Māori games. Learn familiar games like Simon Says and Paper, Scissors, Rock in te reo as well as learning new games like Te Rakau, Drop-in.



Wellness Series

Breathing for Wellness Workshop





Saturday 6 August, 1.30-2.30pm Te Ara Ātea Wednesday 10 August, 10.30-11.30am **Leeston Library** Saturday 20 August, 1.30-2.30pm Lincoln Library Wednesday 24 August, 10.30-11.30am **Darfield Library**

Breathe in... breath out... and relax with Petra from Yoga Rebellion. Learn how to enhance your mindfulness and concentration with intentional moment-by-moment breathing techniques. Bookings required.

selwynlibraries.co.nz/events

Yoga for Toddlers



Join us for a special yoga storytime especially for toddlers! We will read stories, then act them out in yoga poses. We will incorporate sun salutation, breathing exercises, and a final relaxation pose. Please bring your own yoga mat or towel to sit on. 3+ years. Bookings required.

selwynlibraries.co.nz/events



Skincare Analysis Workshop Thursday 18 August, 6-7.30pm, Te Ara Ātea

Join local skin care experts from Caci Rolleston to learn all about your skin health. With their Observ Skin Analysis machine, have the health of your skin assessed and learn simple tips and tricks to achieve amazing and healthy skin. Participants will get a chance to learn and test out Caci's microdermabrasion and sonophoresis machines. 16+ years. Bookings required.

selwynlibraries.co.nz/events



Our Hauora: Living Mindfully

Sunday 14 August, 10-11am Te Ara Ātea (7-12 years, caregivers welcome) Sunday 21 August, 10-11am Te Ara Ātea (Workshop One) Sunday 28 August, 11.30am-12.30pm Lincoln Library (Workshop Two)

Join Ella Sidev from Our Hauora and learn how to live more mindfully.

Kids Workshop

Aimed at both children and their caregivers, this session is designed to teach kids how to develop healthy habits when dealing with emotional and social wellbeing. Great for building up voung and developing minds.

Workshop One: Exploring and Creating Lifetime Rituals

Develop your very own toolbox of rituals and practices that help you prioritise time for your health and wellbeing. Take your four dimensions (mental/emotional, physical, spiritual and social) of wellbeing into your own hands. This workshop includes journaling, meditation, breathing techniques, and movement. 18+ years. Bookings required.

Workshop Two: A Path to Purpose, Passion and Vision

Are you living a life you love? Discover what makes you feel energised and alive. Everyone has a purpose in life, and understanding why you are here and who you are, allows you to align your lifestyle and time to something you truly value. This workshop will include: exploring your passions, defining your values, goal setting, and creating a vision board for your future. 18+ years. Bookings required.



Wellness Series

Bullet Journaling

Saturday 24 September, 1-2.30pm Leeston Library

Thursday 29 September, 6.30-8pm Lincoln Library

Learn the practical and creative ins-and-outs of bullet journaling (BuJo). Developed by Ryder Carroll, BuJo is a mindfulness practice disguised as a productivity system. This intentional method of organising, planning, and reflecting is a perfect way to celebrate Mental Health Week – connect with your inner thought processes and nurture your own health and wellness through this contemplative workshop! The session will cover the basics, insights, artistry, and methods of prioritising your life tasks, thoughts, and feelings. Take home your very own sample bullet journal and practice your newfound creativity. 13+ years. Bookings required.

selwynlibraries.co.nz/events



Events and Workshops



Pahū!

From July 2022, Te Ara Ātea

Pahū! (to burst, explode, pop) brings together the artworks of Judy Darragh, Janna van Hasselt, Turumeke Harrington, Miranda Parkes, Clara Wells, and Audrey Baldwin – six artists who respond to the multi-use nature of Te Ara Ātea with an air of mischief. Expect exuberant colours, unusual forms, and tantalisingly tactile materials from this second suite of artworks at Te Ara Ātea.

selwynlibraries.co.nz/events

Family Bingo

Friday 8 July and 9 September, 6-7.30pm Lincoln Event Centre

Saturday 23 July, 27 August and 24 September, 7-8.30pm Darfield Recreation Centre

Bring the family and try your luck at bingo! Line up all the numbers on your card to win some cool prizes. \$3 per person. Bookings required.

selwyn.govt.nz/events



Upcycled Bird Feeder

Tuesday 13 July, 10-11am Tawera Memorial Hall

Monday 18 July, 10-11am Darfield Recreation Centre

Thursday 21 July, 10-11am Hororata Community Hall

Monday 15 August, 3.30-4.30pm Lincoln Event Centre

Wednesday 17 August, 3.30-4.30pm West Melton Community and Recreation Centre

Turn recycled materials into fabulous feeders for our bird population.

Reusing is amazingly creative and positive, so come along with a caregiver and release your imagination in this fun upcycle workshop. Bookings required.

selwyn.govt.nz/events



Let's Play Ball

Tuesday 12 July, 10-11am Glentunnel Community Hall

Sunday 14 August, 3-4pm Sheffield Community Hall

Sunday 18 September, 3-4pm Tawera Memorial Hall

Pop down to your local community hall with your friends and family to play a variety of fun ball games. Bookings required.

selwyn.govt.nz/events



Spectacular Science Show: Chaos and Order

Saturday 16 July, 10.30am, 11.30am and 12.30pm Rolleston Community Centre

Dive into exciting science experiments making chaos and order these school holidays with another spectacular science show featuring Amadeo. There will be extreme reactions, big booms and incredible science experiments for all ages to enjoy! \$2 per person. Bookings required.

selwyn.govt.nz/events



Te Waihora: Introduction to Astrophotography

Friday 22 July, 7-10pm Lakeside Soldiers Memorial Hall

Discover the art of taking stellar night time photographs across the waters of Te Waihora/Lake Ellesmere. Professional photographer Gary Mills will guide you through getting the most out your digital camera in order to capture the starry sky. 18+ years.

\$20 library members, \$40 non-members. Bookings required.





Seasonal Book Club: Crime



Mondays: 25 July, 29 August, 26 September and 17 October, 7-8pm Te Ara Ātea

Te Ara Ātea is launching its new seasonal book club. Available both live and virtually, each season will showcase a different popular genre and end with a customised group event. Starting with the ever-popular crime genre, the group will explore mystery, psychological thrillers and detective novels. Our crime season will finish off with a Murder Mystery evening that is sure to keep everyone guessing! 18+ years. Bookings required.

selwynlibraries.co.nz/events

Commonwealth Duathlon



Sunday 31 July, 10am-5pm Selwyn Sports Centre

Celebrate the start of the Commonwealth Games with the inaugural Selwyn Sports Centre indoor duathlon! Start the race on one of our premier spin bikes, then smash the finish with laps around our running track.

8 to 12 years 13 to 17 years 18+ years 10am-12pm 12.30-2.30pm 3-5pm

Contact sports.centre@selwyn.govt.nz for entry details.



Ngā Pia ō Te Reo Māori



Thursdays, 28 July to 29 September, 6-8pm Te Ara Ātea

Kei aku nui, kei aku rahi mokori anō ka rere a mihi ki a koutou katoa e nanao atu ana i ngā pūrengi o te haumi o te waka, tēnā koutou. Ki ngā maunga kōhā, ki ngā roma wai terenga kōrero mai i ngā puna mātinitini. I ngā mātāpuputu i te pō. Ko koutou te iwi tuaroa i roto i ngā tau whakapurehurehu. E kore rawa koutou e ngaro i te mahara. Kua tau te rā ki te pairangi kua tō te rā ki a koutou kore tātau e warewaretia.

Learning any language requires a little practice, confidence and willingness to learn. Join tutors Miru Mclean and Joe Murray to learn basic sentence structures, pronouns, karakia (prayers), mihi (greetings), kīwaha (colloquialisms), whakataukī (proverbs), waiata (songs), Māori hand games and many more activities throughout the term. Don't be afraid to make mistakes in this supportive environment – Te Reo Māori is an inclusive and fun language to learn! 13+ years. Bookings required.





Home Décor Workshop

Wednesday 7 September, 6-8.30pm West Melton Community and Recreation Centre

Join Nicky May from The Drawing Room to create inspiration for beautiful home décor. Make a mood board and learn how to use colour to transform your home space with pieces such as paintings and clay. No prior experience is necessary. 18+ years. \$5 library members, \$10 non-members. Bookings required.

Cardmaking Workshop Series

Thursday 4 August, 6-7.30pm Thursday 1 September, 6-7.30pm Thursday 6 October, 6-7.30pm Te Ara Ātea

Join Wendy from Wee Bee Crafty and learn how to make beautiful cards using techniques such as stamping, embellishing, cutting, placement and watercolours. 18+ years.

\$15 library members per session. Bookings required.

selwynlibraries.co.nz/events



Dr. Sketchy's Anti-Art School

selwynlibraries.co.nz/events

Saturday 6 August, 6.30-9pm Te Ara Ātea

Ever been to a life drawing class and thought it could do with some spicing up? Throw in some costumed characters, humour and prizes and you've got Dr. Sketchy's – a night of life drawing like no other. No artistic skills required! A variety of art materials will be provided, or feel free to bring your own. 18+ years. \$10 library members, \$20 non-members. Bookings required.

selwynlibraries.co.nz/events



Commonwealth Closing Ceremony

Sunday 7 August, 10am-2pm Selwyn Sports Centre

Have you ever wanted to try a Commonwealth Games sport? To celebrate the conclusion of the Games, the Selwyn Sports Centre is hosting a fun, 'try it out' event. Have a go at volleyball or pickleball (10am–12pm), or perhaps netball or basketball is more your jam (12–2pm)?! All ages and abilities welcome.

\$3 per person. Bookings required.

selwynsportscentre.co.nz



Understanding the Treaty in 2022

Sunday 7 August, 1.30-3.30pm Te Ara Ātea

Presented by Network Waitangi Ōtautahi, this introductory session is designed to refresh your understanding and clarify what the Treaty of Waitangi means today. We will begin to explore ancestry, cultural difference and cultural safety; pre-Treaty and post-Treaty history; colonisation and social statistics, and new ways of thinking, living and working towards a Treaty-based society in 2022. Bookings required.

selwynlibraries.co.nz/events



Junior Drama Kids Mini-Series

Tuesdays, 9 to 30 August, 3.30-4.30pm Te Ara Ātea

Do you have a young actor 7–10 years old in your house who wants to develop social and public speaking skills in a fun, creative way?

Try drama classes! Rose Duxfield from PLAY Drama Workshops will lead this playful mini-series which includes a variety of drama activities including theatre sports and script work. Bookings required.

selwynlibraries.co.nz/events



Hiwa Wahine - Women's Empowerment Series

Mondays, 8 to 22 August, 9.30am-12pm Te Ara Ātea

Are you looking to get back into the workforce or change careers but not sure where to start? This series offers a safe and supportive environment to build relationships and connect with other local wahine. By giving you the tools to set goals, share and communicate about your journey so far, and provide you with support service information, we aim to help guide you to plan your next steps with confidence. 18+ years. Bookings required.

selwynlibraries.co.nz/events





Senior Drama Kids Mini-Series

Tuesdays, 9 to 30 August, 4.30-5.30pm Te Ara Atea

Calling all kids 10 years or older who are interested in learning more challenging drama skills! Delve into theatre sports and script work with Rose Duxfield from PLAY Drama Workshops. Whether you'd describe yourself as jovial, facetious, or dramatic – you're going to HAVE FUN! Beginners welcome. Bookings required.



Rolleston Through a Lens



Thursday 11 August, 6-7.30pm Te Ara Ātea

Explore Rolleston with professional photographer Gary Mills, who will share tips and tricks for getting the best out of your camera while taking well composed photos of local architecture and art. 18+ years. Bookings required.

selwynlibraries.co.nz/events



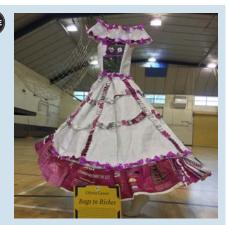
Waste Art Competition

Saturday 13 to Sunday 14 August Te Ara Ātea

Local high school students have created incredible pieces of art using recycled materials to meet the Waste Art challenge put forth by Lincoln Envirotown.

This competition challenges the way that we look at waste. Be inspired by creativity and recycling by joining us for the public viewing followed by the award ceremony. Bookings required.

selwynlibraries.co.nz/events



International Youth Day Pool Party

Friday 12 August, 7-9pm Selwyn Aquatic Centre

Join us to celebrate International Youth Day with a light display and awesome pool party featuring photo booths, water rollers, inflatables and heaps more. Normal pool entry applies. Bookings required.

selwyn.govt.nz/events



Youth Disco

Friday 12 August, 7-9pm West Melton Community and Recreation Centre

Grab a group of friends and get your boogie on at our disco night! There will be awesome music and lighting, fun games and free pizza! 11–17 years. \$3 per person. Bookings required.

selwyn.govt.nz/events



Upholstery for Beginners

Saturday 13 August, 10am-4pm or Sunday 14 August, 10am-4pm West Melton Community and Recreation Centre

Is your chair or barstool looking a bit worn out and frayed or in need of sprucing up? Learn how to upholster with Steve from McDonald and Hartshorne Upholstery Ltd. Steve will be in touch prior to the session to work with you on selecting your piece of furniture and materials including fabric. 18+ years.

\$20 library members, \$40 nonmembers. Materials additional. Bookings required.

selwynlibraries.co.nz/events



Slime Time

Tuesday 16 August, 4-5pm Darfield Recreation Centre

Learn how to create your own slime with different colours and textures.

7+ years. Caregiver required. \$5 per person. Bookings required.

selwyn.govt.nz/events



Paint by Numbers Canvas Animal Print

Sunday 21 August, 2-5pm Darfield Recreation Centre

Create an impressive canvas wall art piece in just a few hours over a bite to eat! 13+ years. \$15 per person. Bookings required.

selwyn.govt.nz/events



Father's Day Gift Making

Monday 29 August, 4-5pm Hororata Community Centre

Tuesday 30 August, 4-5pm Glentunnel Community Centre

Wednesday 31 August, 3.30-4.30pm Rolleston Community Centre

Wednesday 31 August, 4-5pm Tawera Memorial Hall

Saturday 3 September, 1-2pm Sheffield Community Hall

Saturday 3 September, 4-5pm Darfield Community Centre

Pop along to your local community centre and create a special gift for dad to celebrate Father's Day. \$5 per family. Bookings required.

selwyn.govt.nz/events



Home Brewing Demonstration

Wednesday 31 August, 6.30-8.30pm West Melton Community and Recreation Centre

Learn how to make your own IPA's using quality all-grain ingredients.

Designed for those with little to no brewing experience, this session covers fermentation, yeast health, dry hopping and much more. 18+ years.

Please note there will be no alcohol consumption during this demonstration. \$5 per person.

Bookings required.

selwyn.govt.nz/events



Bike Workshop

Saturday 3 September, 10am-12pm Te Ara Ātea

Have you got a dirty bike after the winter or does it need a tune up?

Come along and learn how to service and maintain your bike with the right tools and products to make tasks easier. 13+ years.

Bookings required.

selwynlibraries.co.nz/events



Special Storytime: Sammy the Rooster

Tuesday 6 September, 9.30-10am, Te Ara Ātea Thursday 8 September, 10-10.30am, Leeston Friday 9 September, 10-10.30am, Darfield Sunday 11 September, 10.30-11am, Lincoln

Local author Alyse Boaz has a new picture book to share with us! Sammy the Rooster is about a rooster that loves to ride in cars. When his family goes to the refuse station, Sammy hops out and is left behind. Come and listen to the story, see some of the original paintings from the book and more.





Wind Chime Workshop



Tuesday 13 September, 4-5pm Hororata Community Hall

Learn how to make a personalised wind chime featuring a variety of creative materials. 5–12 years. Caregiver required. Bookings required.

selwyn.govt.nz/events





Caricature Art Workshop

Thursday 15 September, 4.30-7.30pm Lincoln Library

Join Nicky May from The Drawing Room and learn how to draw memorable caricatures. Discover how to identify facial features to exaggerate and take your drawing ability further with an entertaining art style. No prior experience is necessary. 18+ years. \$5 library members, \$10 non-members. Bookings required.

selwynlibraries.co.nz/events

Spring Car Boot Sale

Sunday 18 September, 10am-12pm Darfield Recreation Centre

Buy or sell some pre-loved treasures! A great opportunity to declutter and grab yourself a bargain.

\$5 per car park. Bookings required.

selwyn.govt.nz/events



Upholstery for Intermediates

Saturday 24 and Sunday 25 September, 10am-4pm West Melton Community and Recreation Centre

Got a bigger upholstery project in need of some work? Learn how to upholster with Steve from McDonald and Hartshorne Upholstery Ltd.

This two-day workshop builds on the beginner class, going into more depth and allows for more time to complete a larger project.

Steve will be in touch prior to the session to work with you on selecting your piece of furniture and materials including fabric. 18+ years.

\$50 library members, \$65 non-members. Materials additional. Bookings required.



Term 3 Holiday Programme

Monday 10 to Friday 14 October, 9am-3pm Selwyn Sports Centre

Don't miss the Selwyn Sports Centre's famous fun-filled holiday programme!

If you're looking for an action-packed way for the kids to end the October school holidays, get in quick as spaces are limited. \$40–\$50 per child, per day. Bookings required.

selwynsportscentre.co.nz





Kids' Market and Clothes Swap

Thursday 13 October, 1-3pm West Melton Community and Recreation Centre

Buy or sell some pre-loved treasures! Grab unwanted toys, sports gear and books and set up a stall to make some pocket money over the school holidays. Caregiver required. \$5 per stall. Bookings required.

selwyn.govt.nz/events

FAST5 Netball Competition

Tuesdays, 18 October to 13 December, 6-9pm Selwyn Sports Centre

Our popular FAST5 netball competition is back on for Term 4 2022!

If you would like to get involved in a fast-paced and exciting social competition, register your team before 30 September. Individual registrations welcome.

\$30 per team per game. Bookings required.

selwynsportscentre.co.nz



Covid-19 Information

Visit our website or check with the facility for the latest information on how the traffic lights (COVID-19 Protection Framework) may affect the classes, programmes and events listed in this brochure.



Are you looking for a local venue for your family celebration or community group activity? Choose from over 30 venues in Selwyn, from modern venues to those with plenty of character. Let our team help you find the perfect venue for your next event.

FIND A VENUE SELWYN.GOVT.NZ/VENUES

Selwyn District Council

Darfield Library and Service Centre

1 South Terrace, Darfield Contact (03) 318 7780 libraries@selwynlibraries.co.nz

Darfield Recreation and Community Centre

65 North Terrace, Darfield Contact 027 535 8379 darfield.community.centre@selwyn.govt.nz

Leeston Library and Service Centre

19 Messines Street, Leeston Contact (03) 347 2871 libraries@selwynlibraries.co.nz

Lincoln Event Centre

15 Meijer Drive, Lincoln Contact (03) 347 2983 lec.enquiries@selwyn.govt.nz

Lincoln Library and Service Centre

22 Gerald Street, Lincoln Contact (03) 347 2876 libraries@selwynlibraries.co.nz

Rolleston Community Centre

94 Rolleston Drive, Rolleston Contact (03) 347 2882 rcc.enquiries@selwyn.govt.nz

Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston Contact (03) 347 2734 sac.enquiries@selwyn.govt.nz

Selwyn Sports Centre

70 Broadlands Drive, Rolleston Contact (03) 347 2888 sports.centre@selwyn.govt.nz

Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu Contact (03) 347 2983 taitapu.enquiries@selwyn.govt.nz

Te Ara Ātea

56 Tennyson Street, Rolleston Contact (03) 347 2880 libraries@selwynlibraries.co.nz

West Melton Community and Recreation Centre

1163 West Coast Road, West Melton Contact (03) 347 1804 westmelton.enquiries@selwyn.govt.nz

View the brochure online selwyn.govt.nz/events 0800 SELWYN (735 996)