

What's On
in Selwyn

Culturefest

26 September
to 10 October

Culturefest

Sunday 26 September, 10am–4pm
Lincoln Event Centre and Domain

Take your senses on a trip around the world at CultureFest.

Celebrate Selwyn's growing diversity, enjoy cultural performances, traditional games, participate in fun activities and be sure to bring an appetite to taste delicious ethnic food from a variety of stalls. A fun day out for the whole family.

This event will be followed by a two week series of activities around Selwyn from 27 September to 10 October.

For a full list of activities visit selwyn.govt.nz/culturefest

FREE



Henna Candles

Tuesday 28 September, 3.30–4.30pm
Leeston Library (Kids)

Wednesday 29 September, 3.30–4.30pm
Darfield Library (Kids)

Thursday 7 October, 6.30–7.30pm
Lincoln Library (Teens/Adults)

Mendhi is an art form used to apply beautiful patterns to the body and objects using dried and powdered leaves from henna, a native plant that grows in the Middle East.

Nishi will teach you how to create beautiful patterns through the application of henna on candles. Bookings essential.

selwynlibraries.co.nz/events

FREE



Japanese Budō (Martial Arts)

Friday 1 October, 7–9pm and
Sunday 3 October, 2–4pm
Selwyn Sports Centre

Experience the physical skill, coordination and tradition of Japanese budō (martial arts). Specialised instructors will introduce kendō, iaidō and jūdō styles of Japanese sword arts.

Learn about the different concepts, philosophy and history of each traditional style, watch demonstrations and have a go yourself. Bookings essential.

[f SelwynSportsCentre](#)

FREE



Learn Bollywood Dancing

Sunday 3 October, 2–3pm
Rolleston Library and Community Centre

India's Bollywood Dancing merges the movements of body language and facial expressions into a beautiful art form. This dance fusion was created in the 1950s and can include moves from classical Indian steps, folk, bhangra, western-style, jazz and hip-hop among many others. Learn the signature moves with BollyFeet as they share choreography suitable for beginners to advanced dancers of all ages. Drop-in.

selwynlibraries.co.nz/events

FREE



Women-only Sports Session

Tuesday 28 September, 5–8pm
Selwyn Sports Centre

Calling all women who would like to come along to a sports evening at the brand new sports centre. A range of sports equipment will be available to use and also the amazing interactive Le Uno wall! Gaps open to public viewing will be covered up for your privacy. \$3 per person. Drop-in.

selwyn.govt.nz/culturefest



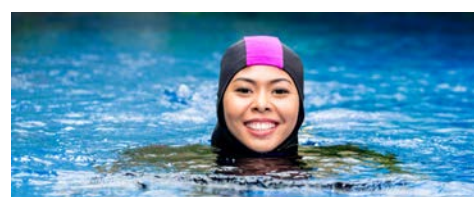
Global Futsal Tournament

Saturday 2 October, 8am–5pm
Selwyn Sports Centre

The Global Futsal Tournament will be the largest, most diverse, and most inclusive futsal tournament in the South Island. Register a team at Eventbrite.

selwyn.govt.nz/culturefest

FREE



Women-only Swimming Evening

Monday 4 October, 7–9pm
Selwyn Aquatic Centre

If you don't normally feel comfortable heading to the pool for a swim, then this is the perfect opportunity.

Instructors will be on hand for swimming tips, splash about on the inflatables, aqua belts will be available, or why not try an Aqua Fitness class?

Windows open to public viewing will be covered up for your privacy. Normal pool admission prices apply. Drop-in.

[f SelwynAquaticCentre](#)

Family Cultural Diversity Day

Saturday 9 October, 9am–4pm
Lincoln Library and Green

Celebrate and learn about some of the world's cultures and try something new. Special events on the day include Christchurch's African Markets, Nigerian Hair Braiding, International Games with Lincoln University's International Club, viewing of the Experience Indonesia display and more. Drop-in.

African Markets

9am–1pm, Lincoln Green

Explore the African Markets from Christchurch as they join us at the Lincoln Farmers' and Crafts Market. African baby dolls, clothes, materials, makeup, food and hair products will be available for purchase, among other beautiful items. Drop-in.

Nigerian Hair Braiding

10.30am–12pm, Lincoln Library

Did you know that each country in Africa has its own significance behind its braiding styles? Learn about the culture and meaning behind Nigerian hair braiding from the highly skilled Rebecca of Shadow Braids. Bring a friend or family member to try your own hand at creating these gorgeous hairstyles, or simply enjoy Rebecca's artistry as she demonstrates her techniques and shares tips. Drop-in.

selwynlibraries.co.nz/events



Ageing well in Selwyn

swell

11–24 October

Swell Expo

Monday 18 October
9am–2.30pm
Lincoln Event Centre

FREE

The Swell Expo is a great day out for the older residents of Selwyn and their families. Connect with community clubs and organisations or find out about the key components to living well.

Enjoy two weeks of programmes around the district from 11 to 24 October that celebrate and enhance the experience older adults can have through our libraries, facilities, recreation clubs and businesses in Selwyn.



Hydro Tone

Thursday 14 and 21 October
10.30–11.15am
Selwyn Aquatic Centre

FREE

A gentle exercise class with stretches and resistance based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening.

Bookings essential, limited spaces.
Call 03 347 2734 or book online at selwyn.govt.nz/sac



Aqua Fit

Thursday 14 and 21 October
9.30–10.15am
Selwyn Aquatic Centre

FREE

A fun, high energy class with a mix of cardio and strength based movements. This class is designed to increase both fitness levels and strength.

Bookings essential, limited spaces.
Call 03 347 2734 or book online at selwyn.govt.nz/sac



Visit selwyn.govt.nz/swell from 1 October for a full list of activities during SWELL.